

Roland Chalifoux




Voyages 2007  
Silver Anniversary Edition



1982 ...



# West Island College

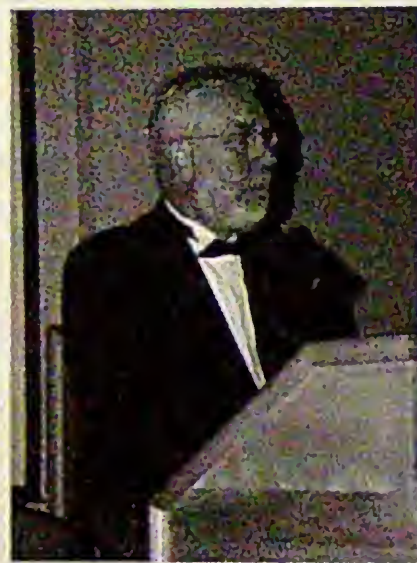



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# Headmaster's Address



Has it been twenty-five years?

It seems incredible!

Time has passed very quickly. In preparing to write this particular piece, I took the opportunity to look back, instead of looking ahead which is much more my proclivity.

I remember the Riverbend Atrium and the enthusiasm which goes with new adventures. I was Terry English Language Arts consultant and was in Calgary from Montreal to work with his new English teacher, Jane Agg. I remember Mary Briggs, my sister's friend, and our new Assistant Head. But most of all, I remember the kids. As always, they were bright-eyed, open, and fun.

Fyffe Road was a miracle. I remember our classrooms en masse, a field and room to grow. The CBR had been generous and the WIC dream was in full flight in Fairview.

There are so many memories from #47:

Coming out of the closet to serve during volleyball games.

Morning assemblies where improv was king.

Perry Bedard was my last hire of the year in late August.

Aude Volstad's first companion.

Graduation of the Class of 1986, a group of eight with two on class afloat.

I remember visiting Darren Forrester in the summer of 1994 as he readied for the move to Blackfoot Trail. I was his new boss and he was nervous - Ten years later, he became the principal at CFIS.

The move went well and our new home has served us admirably over the years as we have grown by more than one hundred percent.

I remember:

Adding classrooms in the metal clad structure;

Adding the Science Wing in two stages;

Adding the classrooms in the Great Hall;

Purchasing The Annexe and renovation it in phases I, II and III.

There have been so many good things that have happened but, most of all, there have been good people. Teachers, parents, and board members have all contributed to our first twenty-five years but, it is kids who have given the most.

Looking back has been fun.

Looking ahead is where it is at, however!

WIC is ready for the future because it will draw on its rich past. WIC is ready for the future because out there are (12-18) year olds eager to become WICers.

They are always (12-18) years old.

They are always bright-eyed, open and fun.

It has been a heck of a ride.

It is a heck of a ride.

It will continue to be a heck of a ride.

Jack A. Grant



# Board of Directors' Address



Dear Graduating Class of 07:

As we celebrate West Island's 25th anniversary, we can't help but look at the amazing growth of the school over the last 25 years. From rented space and a handful of rooms to the ever growing facility we now have today. At the root of West Island's success is our Headmaster, Mr. Jack Grant, our senior and junior heads, Mr. McCarthy and Mr. Belisle, faculty and support staff, our student body, and our board. The board recognizes the importance of our community and how much better we are when we all stay united on a focused and proven strategy. The focal point of our strategy is you, the student body. Mr. Grant always reminds the board we have to keep you in mind in every decision we make from our ever improving governance structure to our expanding facility and our great faculty and support staff.

West Island has long recognized it is more important to give than to receive. Our local, national, and international programs are just a few ways we express our value to give back. It is heart warming to hear from international communities that West Island does more for far away communities than local governments do for them. It is true, the more we give the more we receive. Our ever growing and successful school is proof that this is true.

With our students as a paramount focus in our current and future strategic plans, the board believes we will continue to grow on a strong and solid base we now call West Island College. As West Island passes through this very special 25th anniversary, the board recognizes alumni will be a much bigger part of our future success and help us get to our 50th anniversary celebration. We hope you will always keep coming back and being a part of the ever evolving and growing success of the college you helped build. On behalf of the entire board of directors, I wish you all a very joy filled and fruitful future!

Yours very truly,  
Sam Koliass, Chair 2006 - 2007

## Mr. Belisle's Address

2006 - 2007

The safeguarding of memories is the purpose of this book. Each page brings to the fore an instant frozen in time. Time, however, is a continuum, and not fragmented, compartmentalized segments as defined by our common vernacular: frequently employed references to time such as seconds, minutes, days, weeks, and years are uncharacteristically stilled herein of their true nature. With this in mind, I suggest a joyful innocence should accompany the review of this work, a work whose sole intent is to help you quit that continuum, if only briefly, to find yourselves once again in happy times and kind company.

As minutes become hours, and hours become days, years too shall come to pass. For those who are in their first years at West Island College, you will enjoy many such works; for those who have finished their final year, this element of your life - youth's best years - represents a chapter well written and consequently well read. For all of you, however, a new chapter lays open before you. Like a boat on the water, the current that is life will move you onward; in so doing, new experiences, new friendships, and new challenges will emerge to colour the canvas of your life and thus reveal both your potential and your many anticipated accomplishments.

These pages, therefore, should preserve for you, not only the moment, but those who were there with you. Life's best experiences are found to be wanting when solitude marks their occurrence; yet, when graced by the soft, gentle smiles of youthful friendship, they are indescribably magical. Such, I hope, is how you view the memories preserved between these two covers.

To Ms. Alford, under whose careful and attentive tutelage, the yearbook committee has tirelessly worked, and to this same committee, we owe our gratitude.

Thank you.



## Mr. McCarthy's Address

2006 - 2007



Speak Memory

Poetry is a touchstone for our learning. Auden called them good words that allow us to see the world in original ways. In a yearbook, we see our faces, accomplishments and plans, but we do not hear the words. As these pages turn, seek memory for the soundtrack to these years; hopefully, some lie in the poems each of us committed to mind. The first I learned in the cradle with my mother cooing Yeats Lake Isle of Innisfree, complete with the buzz of the bee loud glade. WIC grads recount the honourable men who put Caesar to the knife, most can allude to the Gatsby's paddle strokes, and some know what it is to descant on mine own deformity with Richard in the sun. Students will often ask to what purpose do we commit poetry to memory. Is it truly to give colour in the blaise moments at cocktail parties? Or is it to impress our colleagues with intellect and accompanying style? I think neither. Rather, we use these echoes to guide us.

One of my favorite texts is the Desiderata. In rough terms the title means, things to be desired. The lesson of this poem is that desire lies not only having but in learning to be. Some words of advice then that are better than mine: First,

Go placidly amid the noise and haste, and remember what peace there may be in silence

Placidity is an uncommon quality, but it is there, even in our busy world. The monks with whom many of you have sat have it. The moments where imagination takes precedence over what needs to be done have this quality. So, too, unthought of solutions which arise out of the ether in the midst of preparing for Science Fair. The genius of placidity lies in allowing the answers of the universe to come to us. Pespircacity surfaces in halcyon weather. So,

Speak your truth quietly and clearly; and listen to others

Truth is perhaps one of the most difficult lessons of youth. The toughest is that truth leaves little space for prevarication in the face of right action. The never-again lessons of moral foundation are a product of knowledge and a fight against ignorance at the same time. The scientist and the philosopher both understand that boisterous knowledge is all too often bluster. Truths, after all, are seldom shouted from the rooftops or found in the midst of riot. Yet,

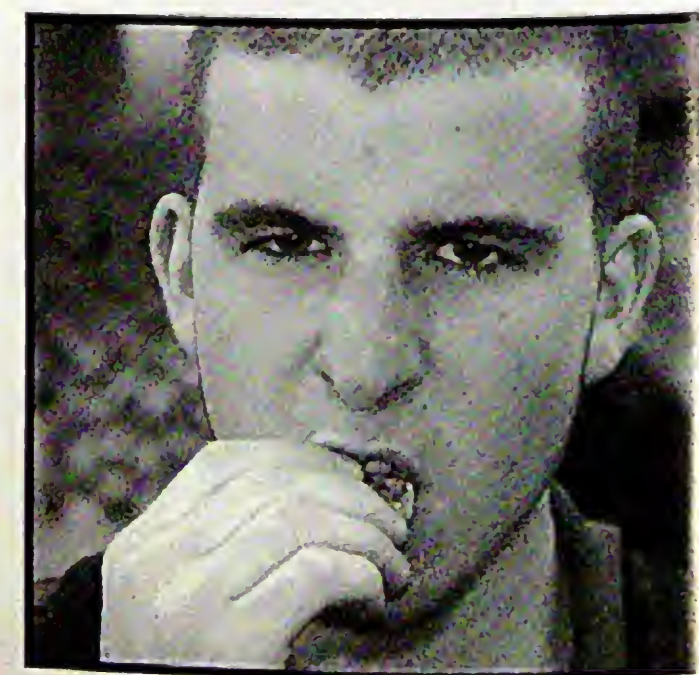
Let this not blind you to what virtue there is: many persons strive for high ideals, and everywhere life is full of heroism

Our lives at school are a search for how to be good people. Education is not only a pursuit of knowledge but also one of judgment. As we write, or think, we are engaged in a preparation for the heroic moments of our lives. True courage emerges from tutledge, not simply from training. In the end,

Be cheerful, strive to be happy.

We drink in verses throughout our lives. What stays with us are the moments of insight and inspiration which transcend. Your yearbook is one of those texts which not only inspires memory but also echoes action into the future.

# Prefects Address



I think it is pretty rewarding to look back on the 2006 - 2007 school year and reflect on all of our accomplishments and achievements. From the traditional and well-known grade 7 sleepover in the fall to the Staff Appreciation Barbeque in the late spring, this year's Prefect Board has worked very hard to demonstrate the level of leadership standard that WIC is known and respected for. As a diverse and headstrong group of leaders this year, we have proven to be yet another set of true WIC leaders. When I look at our team of Prefects, some highlights come to mind.

Bob and Brian, those kilts you put on looked great. Azra and Sherwood, all of your hard work with Shave a Lid for a Kid was an enormous event raising just under \$80,000. Sailer, those chocolate crackers you always had with you at our meetings tasted awesome. Joe, as always, you brought the humour to our meetings. Lindsay, you were always upbeat and did an amazing job with birthdays and you never forgot a name. Jessica, that unbelievable salad you made for the Staff Appreciation Dinner was "all the buzz" with the teachers. Justin, your asparagus tasted great even if most of it ended up on the ground. Kristan and Ryan, you were always dependable and ready to work on anything that came your way. Lauren, your never-ending willingness to help made our team complete. Alex and her infectious enthusiasm were present at all of our meetings. And finally, David, what can I say, in a very sad time for all of us, you did an amazing job remembering a very special teacher to our Grade 12s this year. Your memorial to Mr. Bennett will always be remembered.

On behalf of this year's Prefect Board, I would like to thank Mr. McCarthy for his continual guidance and direction, and for patiently putting up with us to actually help us finish our meetings. To the entire school, we thank you for helping make this year a most memorable one. Finally, as our 2007 Valedictorian, Adil Fakirani, most eloquently said, "No one can make you feel inferior without your consent" (Eleanor Roosevelt) Go out there, people, and live your best life!

Megan Douglas, Prefect 2006 - 2007



# Students' Council Address

It is safe to say Students' Council has had one of its best years yet. Introducing various food days, implementing new theme days, accidentally calling the fire department after smoking out the plus-fifteen, covering the walls of the gym with blended drinks from the dances, helping out with charities outside of the WIC community, and above all, saw great improvements on the student council boards throughout the year.

Subway and Pizza days were huge hit this year. They allowed for a sense of togetherness in the lunch room; preventing seniors from peacing in their mom's cars, and gave the juniors a break from their mom's brown bagged lunches. Food days also brought many valuable lessons to the group like; communication. Sound communication brought major successes, and would have prevented two different; however, equal in quantity, pizza orders to the school on the same day. These obstacles allowed the fast thinking council to quickly turn the disaster into a great fundraising success; raising over seven hundred dollars for Nyimas school in Nepal.

Covering the walls of the gym with blended drink material, or calling the fire department on Halloween was not uncommon for student council. In many ways these lessons were simply the repercussions and consequences of the enthusiasm and great ideas generated by this year's council. From live fish at a Hawaiian theme dance to volunteering at the Cassie Campbell Street Hockey Festival, this year the students' council was consistently coming up with new amazing activities. Because everyone on council was dedicated to success as a whole, each individual helped out equally and wherever necessary. This allowed for the council to bond in a way that stood out from previous councils. From the start of the leadership retreat to the very last meeting in June, success was inevitable. Team work was natural and hard work was evident in everything the council participated in. The students' council boards are a prime example of our dedication. At the start of the year, the board could be mocked and joked about. However, it slowly evolved to undoubtedly the coolest summer theme board the school has ever seen.

As a memento of our appreciation for your amazing school spirit and allowing for students council to find success this year; we will be donating some picnic tables around the field and benches along the paths. Realistically these benches will serve as a place to chill with your friends, get away from the stresses of school, or if you're lucky, have a lesson on them in the spring. Once these benches are set in place, they will be unmovable. Therefore symbolically, they will represent the unmovable school spirit which was ignited this year.

Students' Council was honored to have been blessed with the opportunity to serve the school this year. Many thanks!

Christian Eastham, Students' Council President 2006 - 2007

# WICAA Address

2006-2007 was a great success for this year's WICAA team. We participated in many events around the school and got the whole student body involved. Attendance at interscholastic sporting events was outstanding and this was a huge factor in all the teams' success. In addition, we boosted house spirit through MXCs and house challenges. As usual, ski day was a ton of fun and it was great to see everyone out hitting the slopes or participating in the in-town activities. Our annual holiday charity drive, Adopt-a-Family, was very profitable. It was wonderful to see all the houses come together in a friendly competition to bring in money for their family. Due to David Crossely's determination, and let's just say rather persuasive attitude, McCaffery house was first to bring in all their money and received 500 house points. We also organized our second WICAA country fair to raise money for the YMCA and it was very profitable. After all the points were tallied, Bedard finished first and received the house cup at the WICAA breakfast. Way to go Bedard! Overall, this was a year full of accomplishments for WICAA and I would just like to say thank you to Mr. Greval and Robert DeJong, our WICAA president, for their amazing leadership. Congratulations to all of the winners after this year's elections and we are looking forward to another amazing year. Also a big thank you to the grade 12s on our council Christy, Joe, Brian, David and Bob. Good luck on all your future endeavors. We will miss you!

Beth O'Dwyer



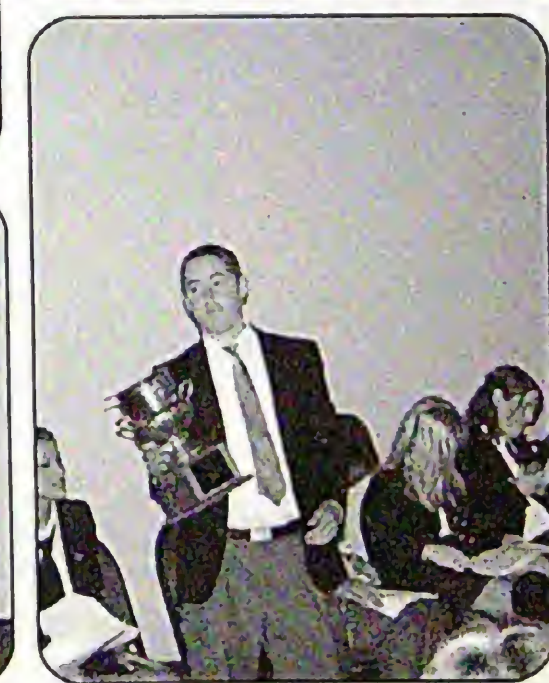
# WICAA AWARDS



CONGRATULATIONS TO ALL THE ATHLETES!!!



Prefect council of 2007-2008



"If you never lose then you can never appreciate the victories"  
 ---Laura Twitchell

# Staff

# 2006 2007

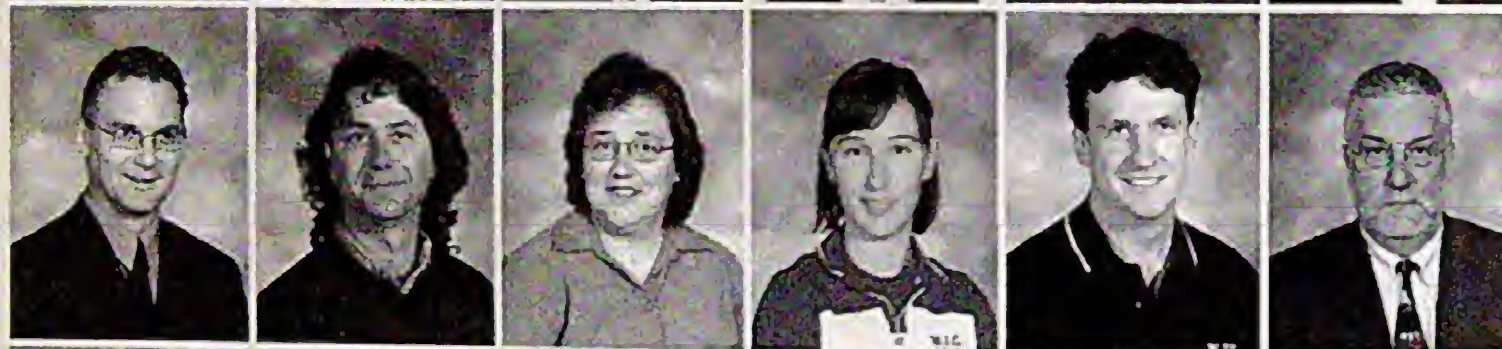
Shaun Alsford  
Tracy Armitage  
Louise Beaton  
Boyd Belisle  
Scott Bennett  
Nicole Bernard



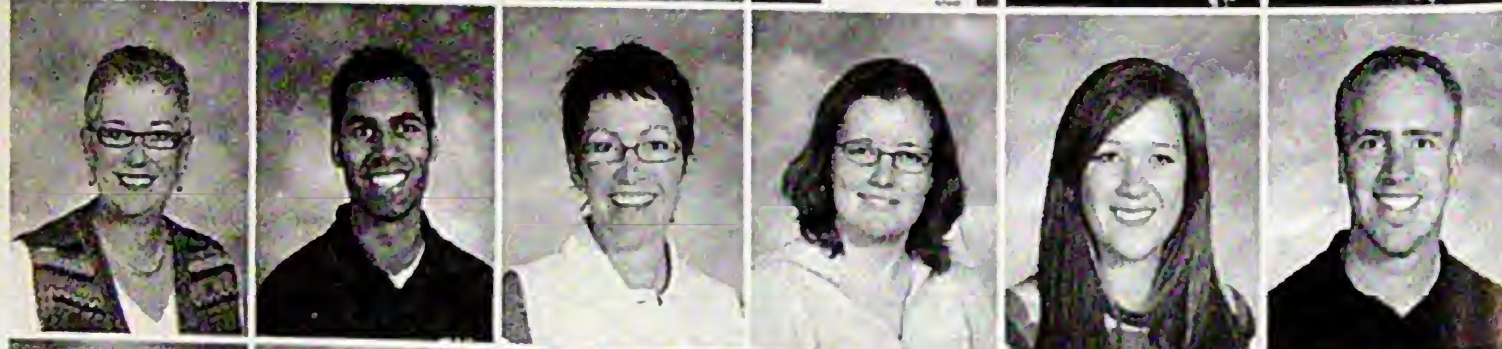
Tina Butz  
Roland Chalifoux  
Trina Clarke  
Sonia Clement  
Judy deForest  
Claire Dickens



Chester Dobni  
Chris Duitschaever  
Gail Faszler  
Megan Foster  
Marty Gibson  
Jack Grant



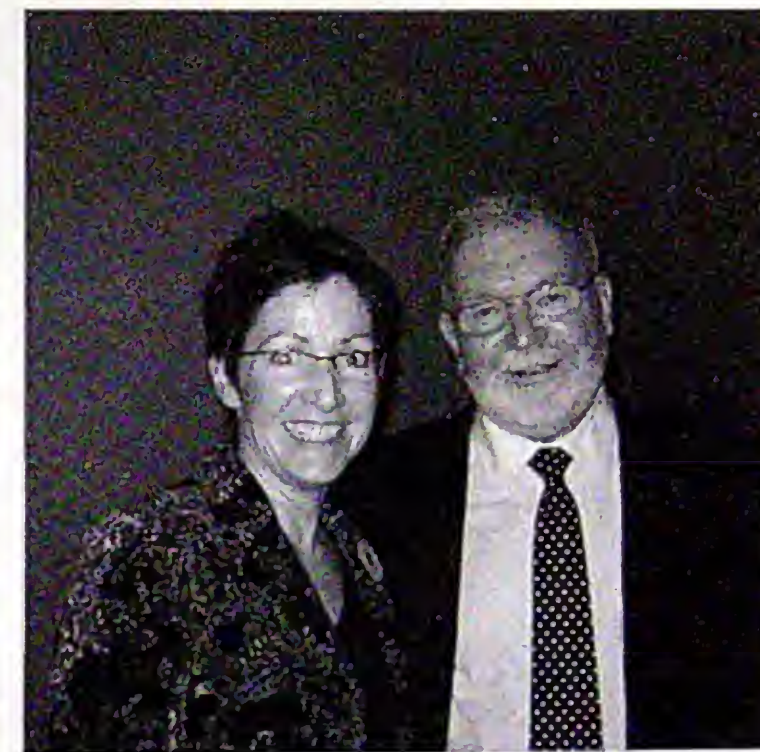
Stephani Grant  
Ravinder Grewal  
Wendy Hollinshead  
Krista Kerr  
Megan Kreba  
Todd Larsen



Kimberley Lewis  
John Liandzi  
Ming Lim  
Murray Marran  
Ken McCaffery  
Nigel McCarthy



Krista McKay  
Vicky Minich  
Melanie Morrison  
Zeidoon Nashi  
Michael Ngo  
Chantal Nicolet



Patricia O'Keane  
Alana Olson  
Derek Petruk  
Yvonne Plante  
Pierre Poitras  
Malcolm Rennie



Lynne Rousom-Lee  
Linda Ryder  
Jamie Seymour  
Heather Simard  
Kristie Smith  
Steve Smith



Beverly-Ann Snowden  
Yves Theriault  
Nicole MacArthur  
Pip Webb-Briscoe  
Germaine Wright  
Noreen Zaharko



Booker Zaytsoff

No Picture:  
Dan Bosica  
Lana Wiltshire  
Trevor Airey





# Grade Se7en

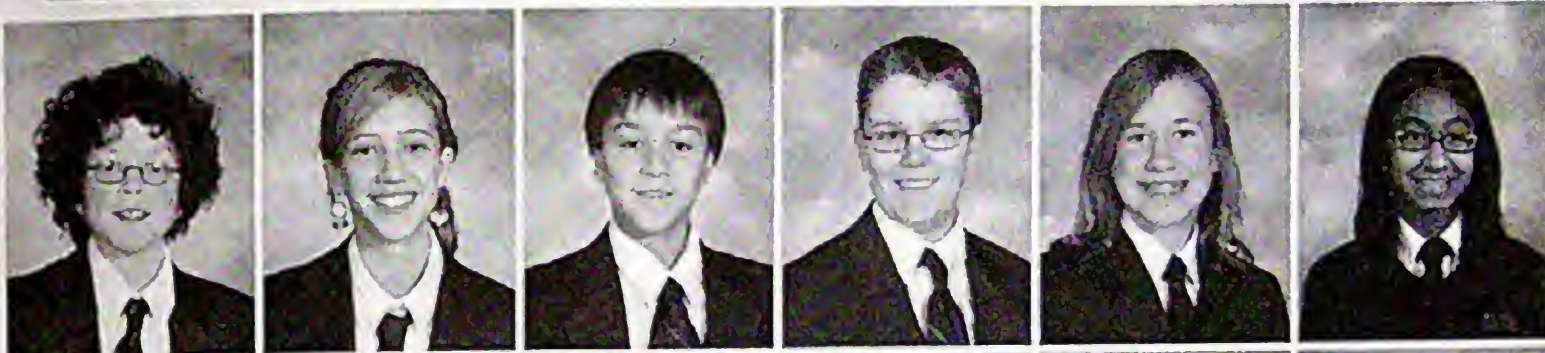


Victoria Anderson



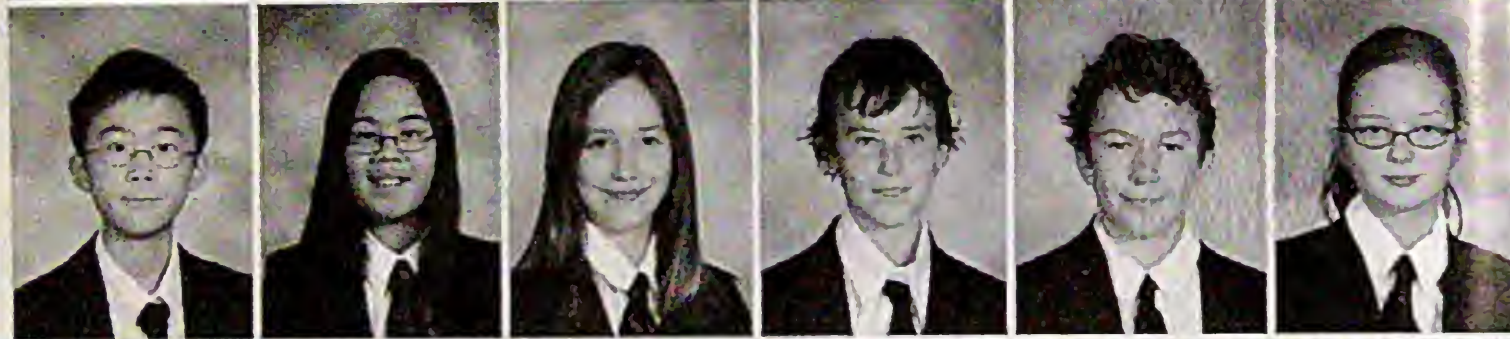
Reese Lewis

Tyler Armeneau  
Taylor Arnett  
Catherine Beninger  
Mikaela Bocking  
Hayley Brillon  
Jonathan Brumwell



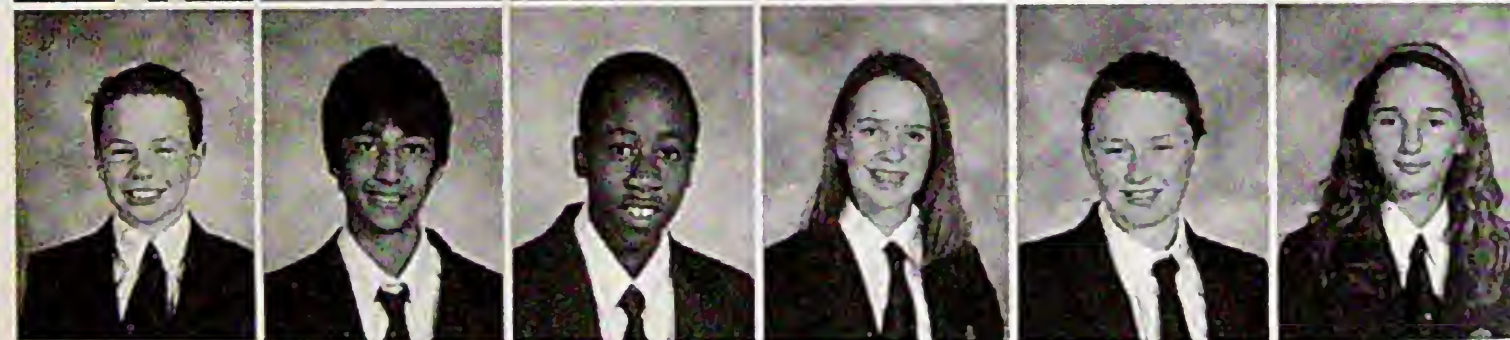
Douglas MacArthur  
Caitlin MacCuish  
Devon Mackie  
John MacKinnon  
Madison Mackley  
Sheleza Manji

John Chan  
Alexis Chang-Powless  
Claire Connors  
Brydon Coombe  
David Coren  
Natalia Czarniecki



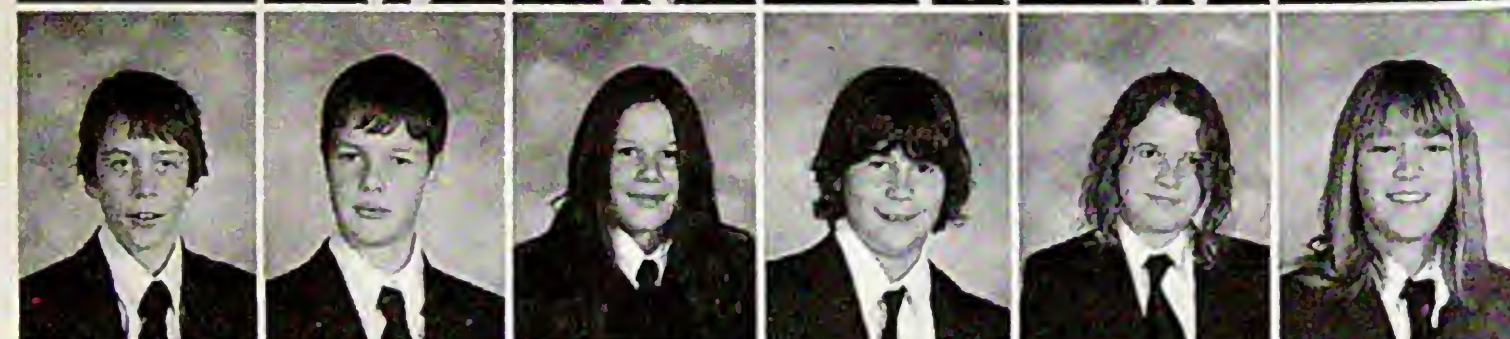
Liam McBean  
Brandon McCann  
Allison McNiven  
Mila Mezei  
Maya Miller  
Gavin Mundry

Michael Dodge  
Kenny Dosanjh  
Elishama Ewa  
Mikaela Fero  
Reid Foose  
Nicole Gherinich



Dustin Nedohin  
Chloe Nielsen  
Carolyn O'Dwyer  
Oreoluwa Olaniyan  
Colton Ollenberger  
Gbemisola Olutogun

Jackson Gibson  
Francois Giguere  
Nahanni Giuricich  
Liam Gledhill  
Sarah Halpenny  
Morgan Haslam



Florance Park  
Silvanna Pender  
Azra Rana  
Samuel Rendulich  
Taylor Russell  
Brody Scott

Alexandra Hawley  
Megan Howarth  
Janelle Hurst  
Conor Irvine  
Scott Jeal  
Ryan Jones



Alexa Settari  
Ivnoor Shergill  
Hunter Shinkaruk  
Rehman Shivji  
Paul Spronken  
Alexandra Starker

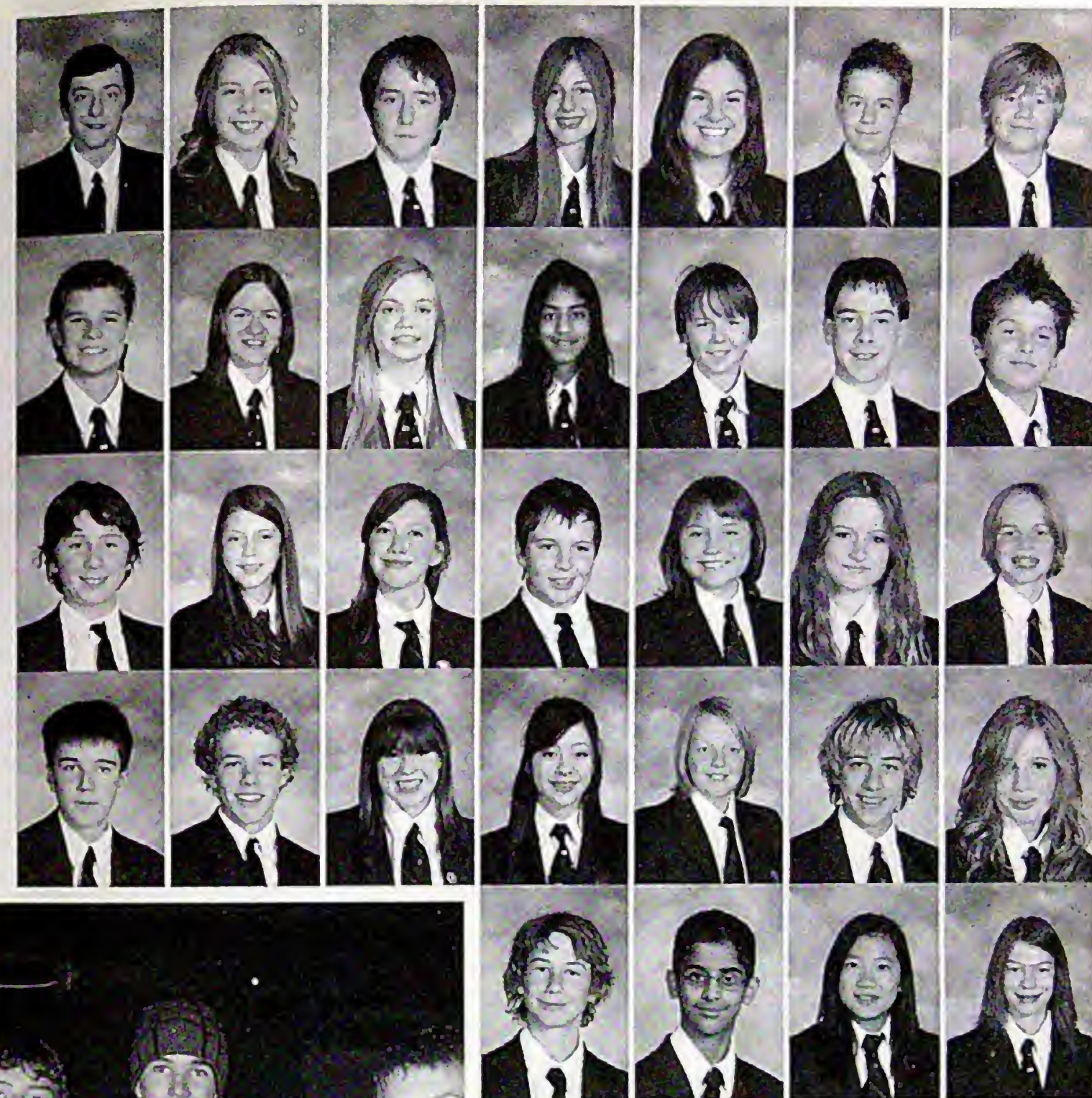
Loyal Kamel  
Quinn Kerr  
Melissa Krowchuk  
Etaï Lahav  
Anna Lang  
Michael Lazar



Cassandra Suche  
Ashley Tang  
Harrison Tims  
Coleman Truscott  
Raveen Virk  
True Wilson

# Grade 8ight

Steven Amundrud  
Erin Baird  
Alexander Bica  
Michael Blood  
Nigel Bocking  
Stuart Boswell  
Kristina Burt  
  
Brooke Campbell  
Courtney Chalifoux  
Camille Charbonneau  
Conor Charlton  
Alexander Chen  
Christopher Chen  
Derek Chen  
  
Hannah Chernos  
Sara Chomyn  
Taylor Clark  
Aidan Cornhill  
Anya Curtis  
Natalia Dawid  
Monica DeLuca  
  
Emily Donaldson  
Douglas Doyle-Baker  
David Ede  
Brittany Ellam  
Aaron Feicht  
Natalie Fero  
Rosemary Forget  
  
Brett Galbraith  
Nicholas Gibson  
Quinn Gomez  
Tegan Hill  
Talyor Holding  
Robert Howarth  
Kevin Jeal  
  
Michael Jones  
Benjamin Kazakoff  
Anne Kelly  
Justin Kim  
Erik Kodnar  
Vanessa Kolias  
Elizabeth Kuzyk  
  
Stephen Lawson  
Veaon Lin  
Adam Lowry  
Gabrielle MacDonald  
Donny MacLeod  
Padan MacRae  
Josie Majeski



Michael Medvedovski  
Alyssa Meyer  
Timothy Miller  
Danielle Milner  
Rebecca Narfason  
Brendan Nickles  
David Norris  
  
Sam Paxton  
Katarzyna Pietrzak  
Kristen Pow  
Sarah Pradhan  
Kevyn Read  
Andrew Reeder  
Connor Ross  
  
John Ross  
Hayley Rushford  
Sasha Selby  
Tyler Shackman  
Savaya Shinkaruk  
Courtney Smith  
Patrick Smith  
  
Christopher Spence  
Troy Taylor  
Erika Thompson  
Jillian Tomimoto  
Annie Tonken  
Daniel Tyler  
Jane Vandale  
  
Stephen Vincelli  
Rameez Virji  
Stephanie Wong  
Victoria Wonnacott  
  
No Picture:  
Alisha Brown



# GRADUATES

Christina Anda  
Duncan Anderson  
Robbie Anderson  
Sarah Anderson  
Veronica Arnett  
Christopher Axford



Alexandra Branson  
Katharine Briscoe  
Jennifer Brown  
Steven Brumwell  
Andrew Chalmers  
Michael Chernos



Jessica Chu  
Bryce Cloghesy  
Connor Dennehy  
Jay Dhillon  
Alysha Dosanjh  
Erin Douglas



Laura Douglas  
Max Dunlop  
Salima Fakirani  
Lee Ferrier  
Erick Feuchuk  
Dylan Ford



James Friesen  
Benjamin Gallacher  
Matt Gibson  
Macauley Gledhil  
Dixon Grant  
Jameson Grassby



Khaleel Haji  
Geneva Haley  
Michael Halpenny  
Jonathan Harris  
Steven Horvath  
Robert Ironside



Michael Issakidis  
Dana Kaspar  
Michelle Kim  
Paul Kroliczek  
Jackie Lebenzon  
Craig Lennon



Evan Lennon  
Alec Lowe  
Shanley Maguire  
Valeria Maslova  
Justin McArthur  
Cayleigh McBean



Michael McCaig  
Timothy McGowan  
Michael McGregor  
Keaton McLean  
Alex Mezei  
Allison Miller



Nadia Miller  
Ava Mohan  
Justin Morabito  
Zachary Nielsen  
Ryan Okamura  
Mitchell Orr



Jacob Ort  
Anna Parry  
Meredith Plant  
Jamie Potter  
Andrew Pritchard  
Tyson Riddell



Michael Rolfe  
Hilary Roskey  
Nicholas Savoy  
Tak Sembo  
Sunpreet Shergill  
Peggy Shyu

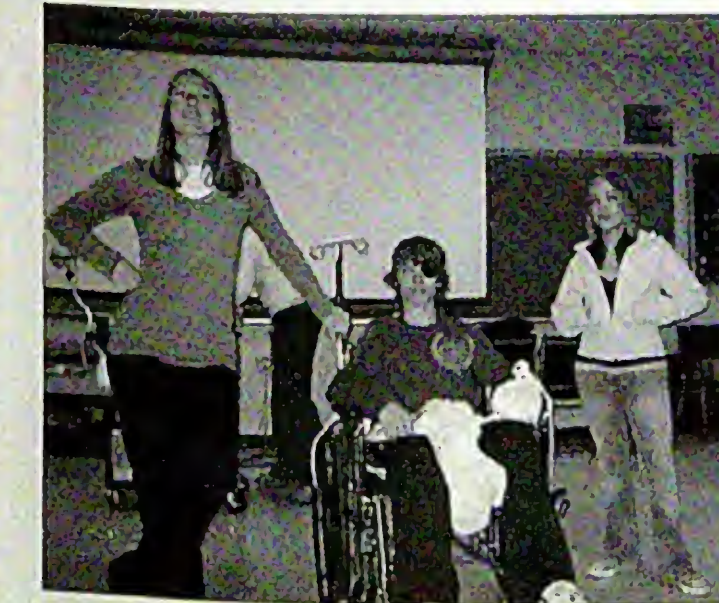


Greer Simpson  
Will Smolik  
Matthew Starker  
Kyra Stevenson  
Christopher True  
Harrison Whitlock

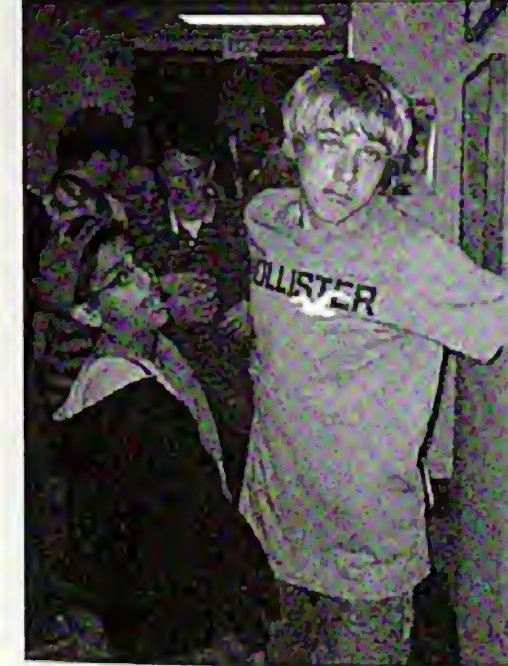
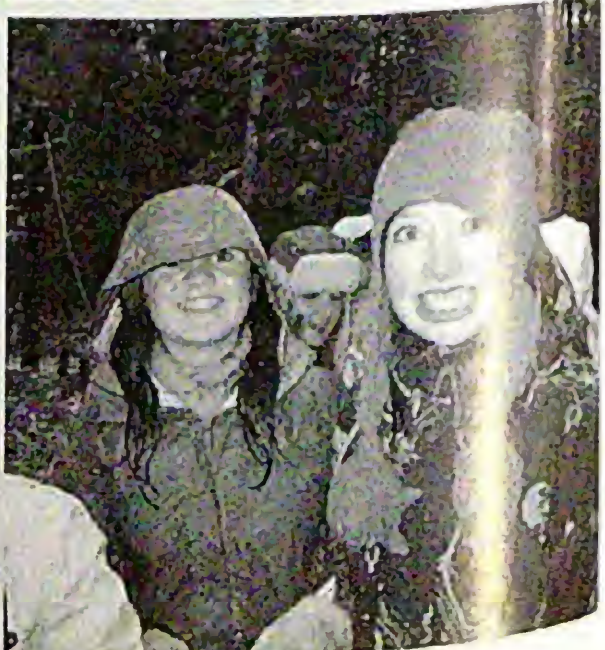
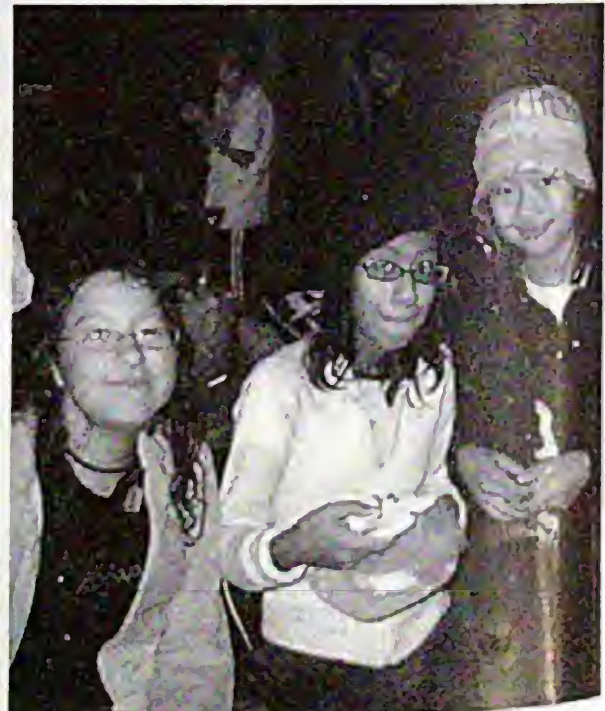
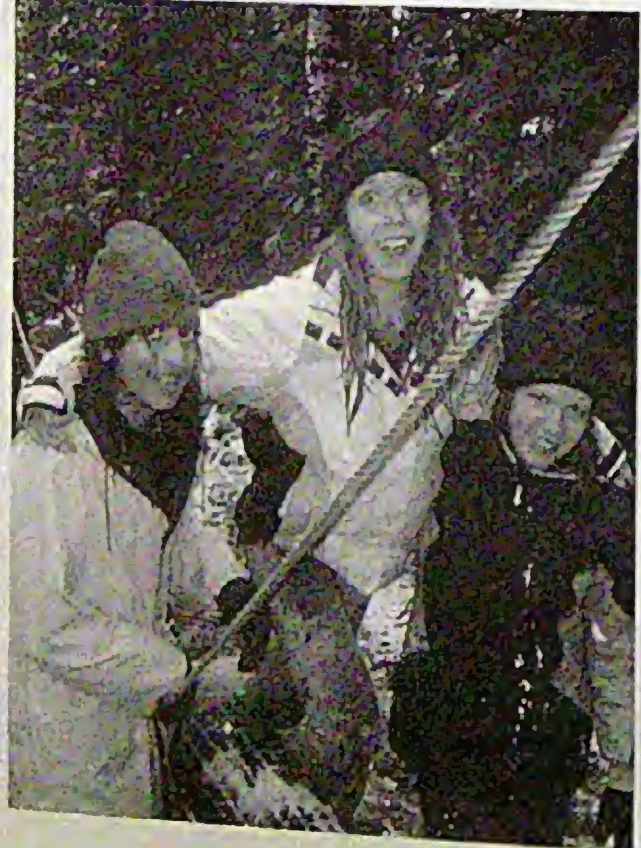
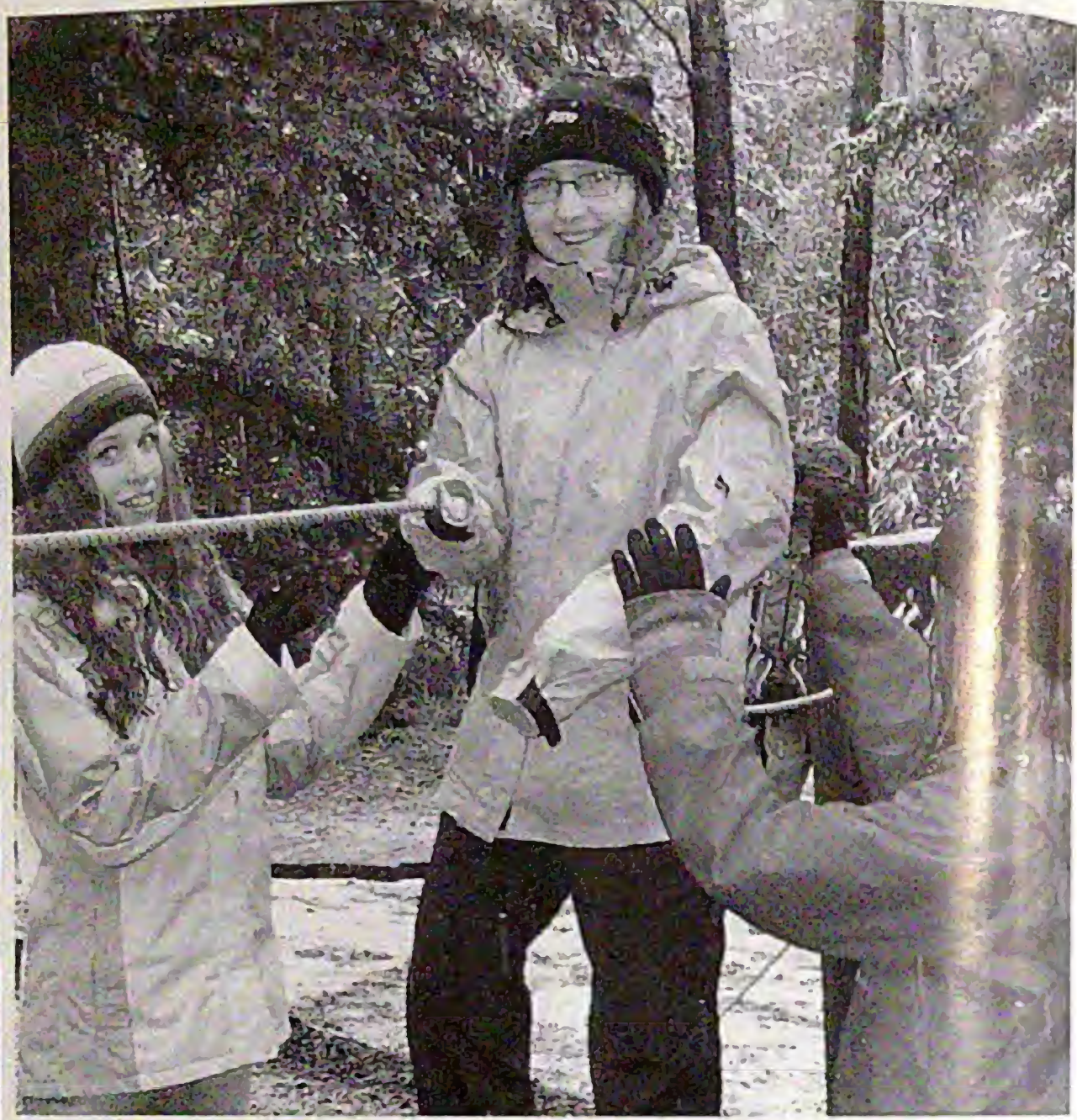
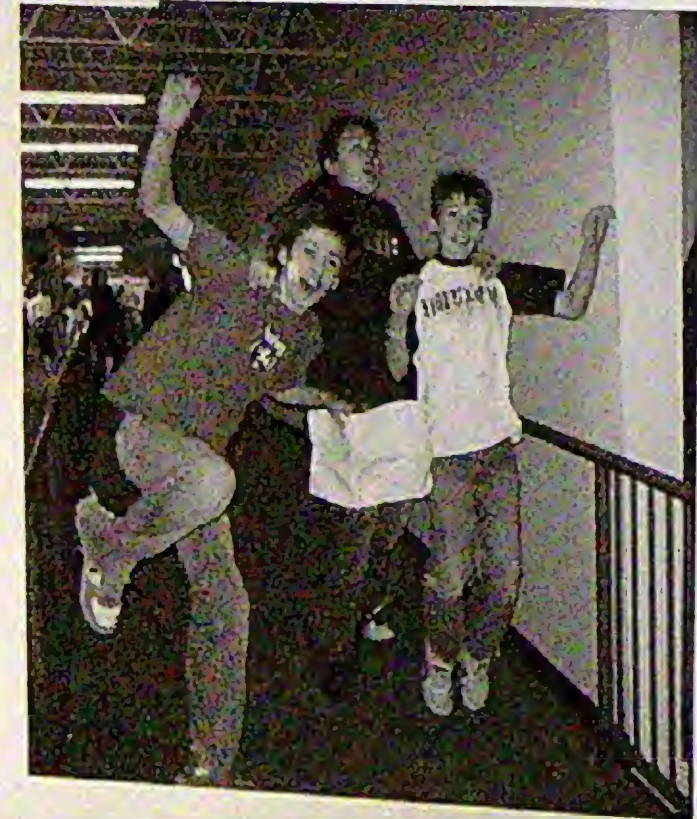


David Wilton  
Elizabeth Winans

No Picture:  
Kathleen Mullrooney



# Junior Days



# Student Council Feeds WiC



*It's always fun to have a lunch with friends!!!*



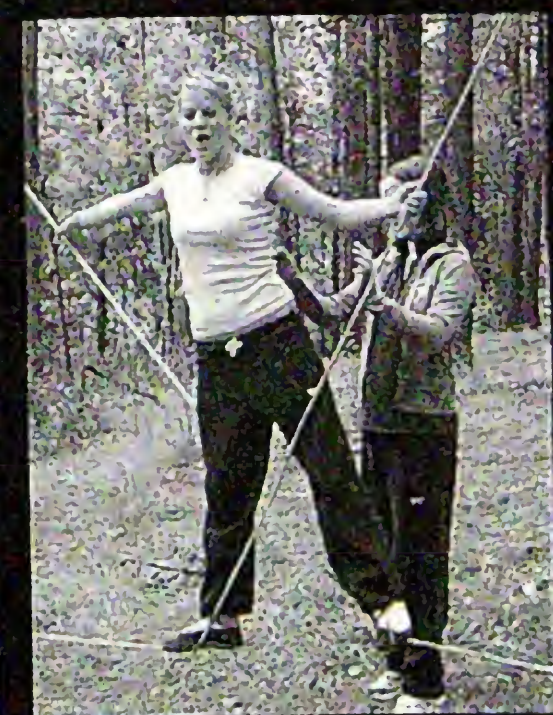
# Leadership Retreat



Laugh, smile, and cheer!!!



We are having fun, fun, fun!!!



# GRADE TEN



Kurtis Allen  
Sean Beddoe  
Courtney Black  
Matthew Brown  
Sarah Burton  
Emilie Caron  
Garrett Charlton



Eleanor Chen  
Edmond Chih  
Patrick Chiu  
Andrew Christie  
Alain Clark  
Nikolas Clark  
Georgina Cooper



Stephanie Cotton  
Jennifer Crossley  
Vincent Curran  
Julianne Daze  
Talia Donsky  
Nicolas Dufresne  
Sarah Eastham



Carolyn Ede  
Michael Ferianec  
Nicole Galbraith  
Megan Garner  
Aimee Gegolick  
Holly Giannoccaro  
Andrew Grassby



Mitchell Harris  
Victoria Harris  
Alexia Hill  
Aly Hirji  
Faisal Hirji  
Peter Howorun-Maleschuk  
Krzysztof Iwanicki



Joanne James  
Patrick Jan  
Olivia Johnson  
Daniel Kelly  
Joan Kelly  
Taylor Kline  
Christina Kolsun



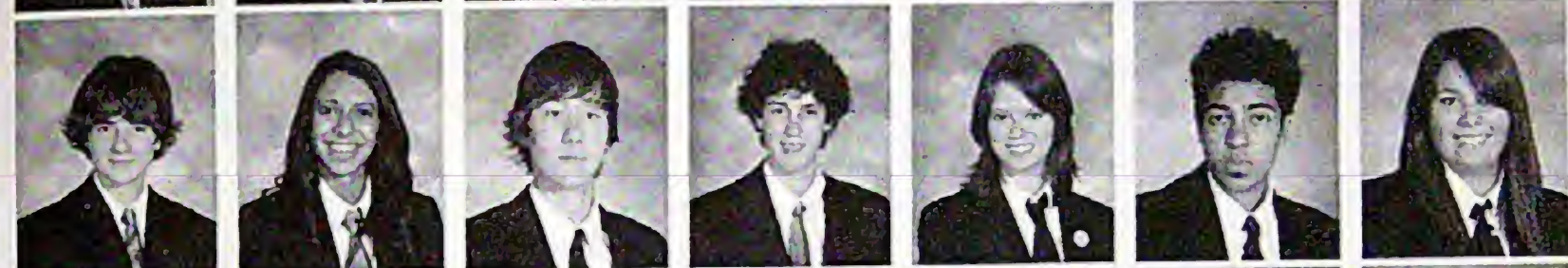
Alexandra Kulman  
Al-Fahd Lakhoo  
William Lancaster  
Kyel Lee  
Tyler Leonard  
Mark Lester  
Kirby Lidster



Joel Lowry  
Bonnie MacArthur  
Evan Macdonald  
Jennifer MacKinnon  
Tilly MacRae  
Jacob Martin  
Elliot McNiven



Alexander McNulty  
Amy Mendis  
William Mitchell  
James Motyer  
Victoria Murphy  
Nadeem Nathoo  
Evann Parker



Nonda Petropoulos  
Megan Proud  
Ross Rabinovitch  
Rheanna Reichenfeld  
Jalyssa Roycroft  
Brendan Ryder  
Marc Santamaria-Plaza



Katie Schroeder  
Kathleen Schuller  
Christina Schweitzer  
Brittany Scott  
Nyima Dorje Sherpa  
Carter Smith  
Braden Stein



Kathryn Swain  
Kyle Synnott  
Kyle Tasker  
David Telfer  
Ryan Thompson  
Tara Tomimoto  
Veronique Tomlinson

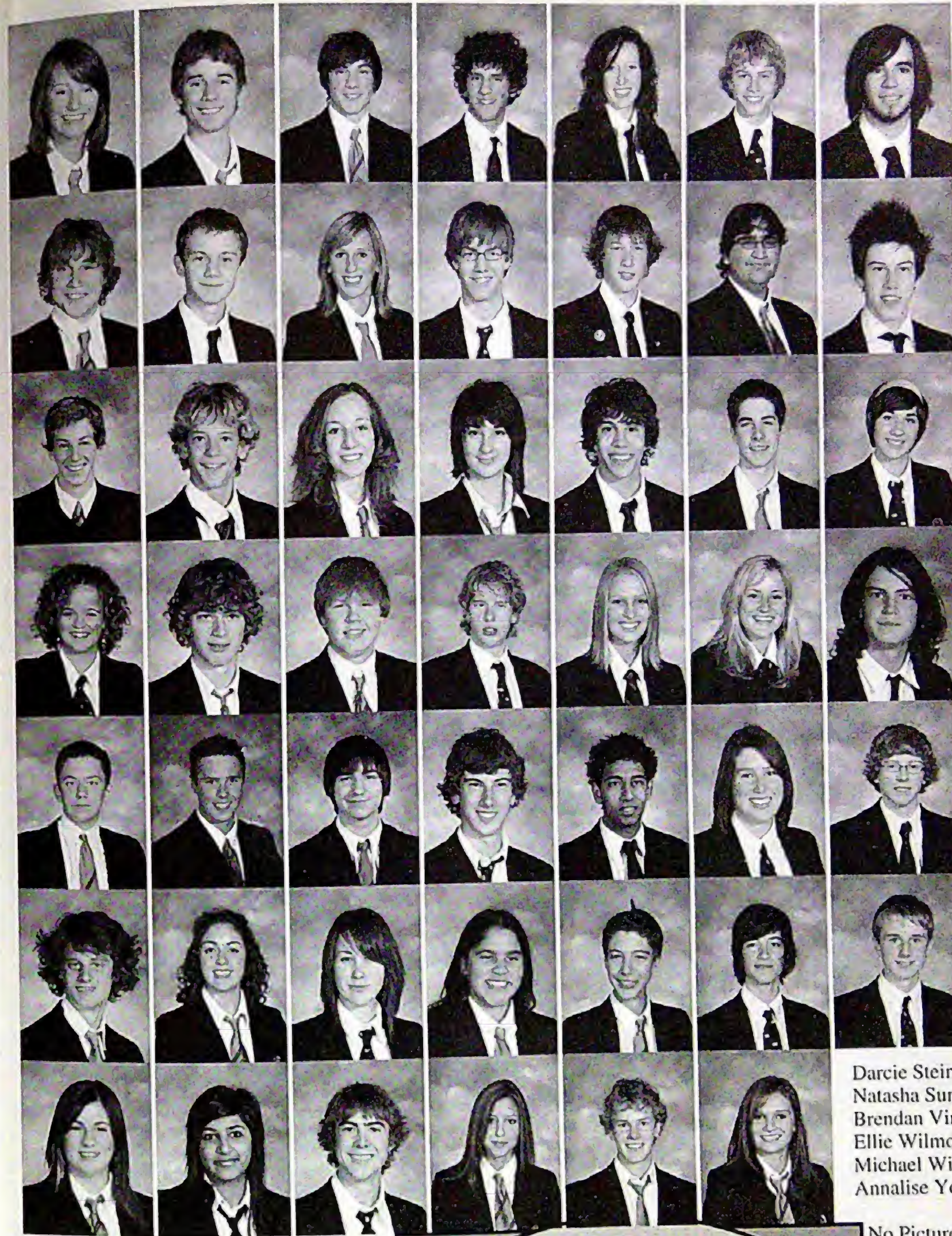


Emma Truscott  
Sean Tyler  
Nicholas Veenhoven  
Joshua White  
Lauren Whitehead  
Jocelyn Wolfe  
Audrey Wong



Michael Yue  
Michael Zawalsky





Anna Gegolick  
Chris Ghersinich  
Justin Giannoecaro  
Andre Gomez  
Sarah Hall  
Brian Handkamer  
Mark Hanson

Michael Howarth  
Mark Illing  
Chantelle Jaques  
Adam Johnson  
Joshua Kazakoff  
Benjamin Kline  
Everett Knight

Vincent Koch  
Hugh Kolias  
Sarah Lawson  
Kerry Maguire  
Kevin Majeski  
Andrew Martin  
Julia Martin

Natalie Mason  
Murdoch Matheson  
Ryan McArthur  
Alec McCauley  
Alana McIntyre  
Jenna McLean  
Michael McLean

Paul Mintchev  
Ethan Mohan  
Christopher Moore  
Theodore Mulyk  
Navid Nathoo  
Elizabeth O'Dwyer  
Bennett Oswald

Nathaniel Paxton  
Zoe Petropoulos  
Claire Roskey  
Nausheen Sadiq  
Conrad Skrzypinski  
Karston Smith  
Sean Spence

Darcie Stein  
Natasha Sunderji  
Brendan Vincelli  
Ellie Wilmot  
Michael Wilton  
Annalise Young

No Picture: Jarett Schrader-Balson  
Davis Mitchell

Reid Alston  
Jennifer Anda  
Aaron Au-Yeung



David Babcock  
Robert Baird  
Matthew Bell  
Kent Blair  
Graham Blyth  
Evan Boyce  
Francois Boyer



Alana Brumwell  
Chloe Burgess  
Robyn Burns  
Razvan Catrinescu  
Brent Coombe  
Andrew Cornhill  
Zoe Cuthbertson



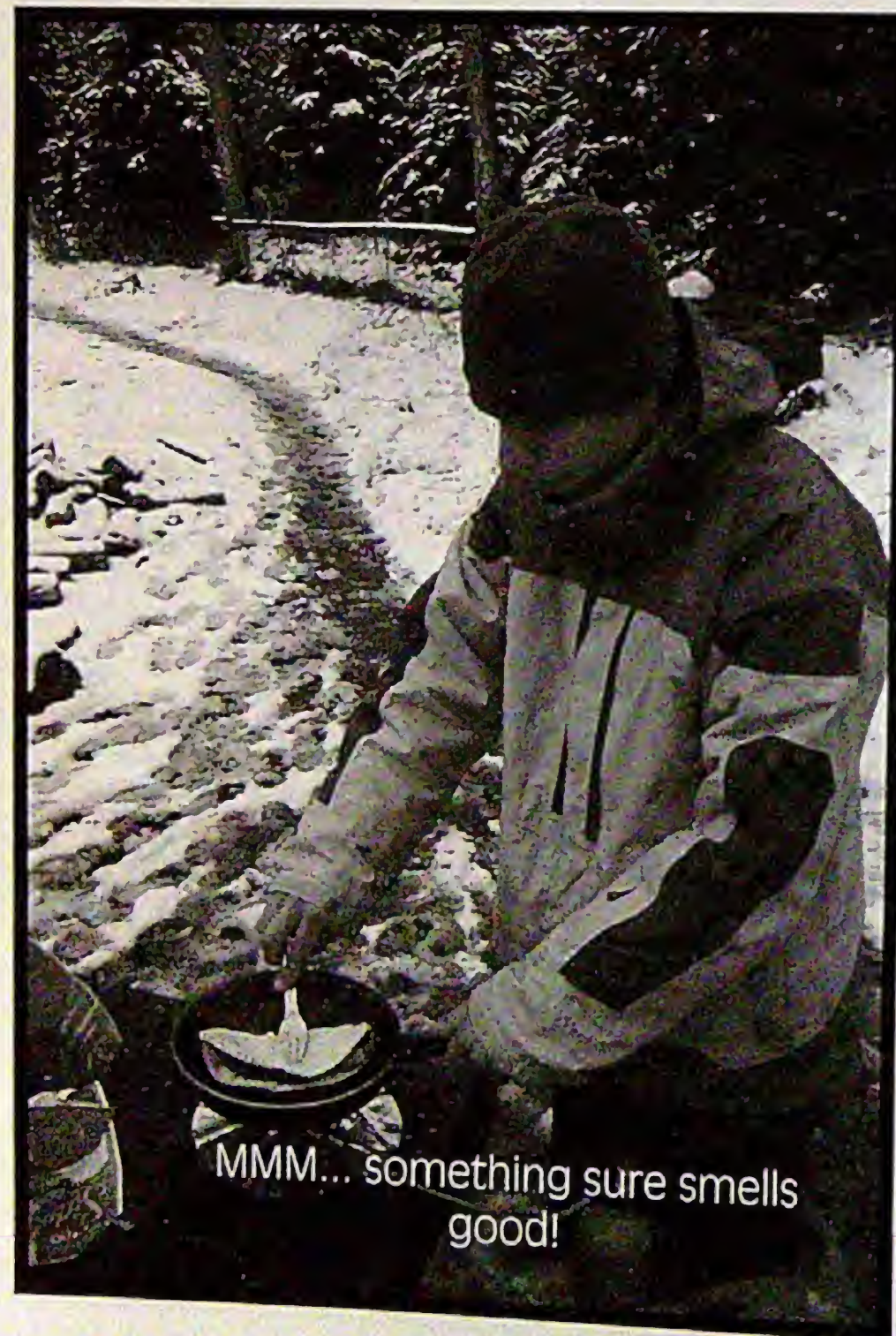
Jeffrey Davidson  
Aleem Dhanani  
Katherine Donaldson  
Laura Eadie  
Daniel Ferrier  
Geoffrey Forget  
Krista Friesen



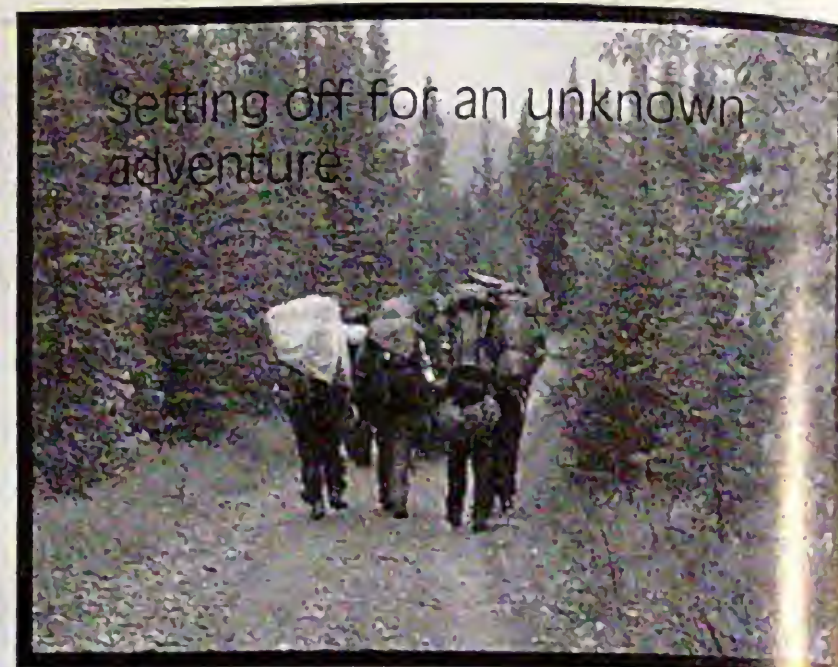
# Grade Eleven

# Grade 10 Outdoor Ed

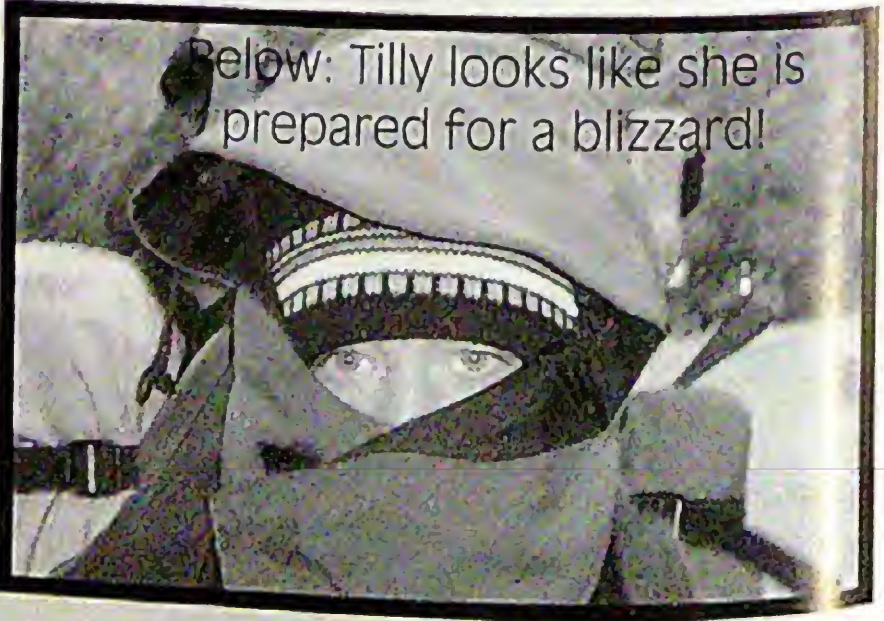
The grade ten backpacking trip was a great opportunity to meet new people. Aside from hiking, we also made wicked toboggans and went sledding!



MMM... something sure smells good!



Setting off for an unknown adventure.



Below: Tilly looks like she is prepared for a blizzard!

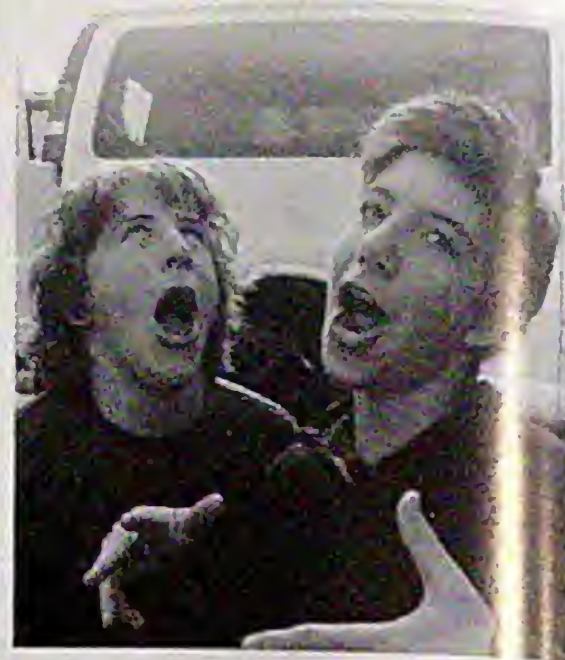


At least they made the best out of snowy weather!

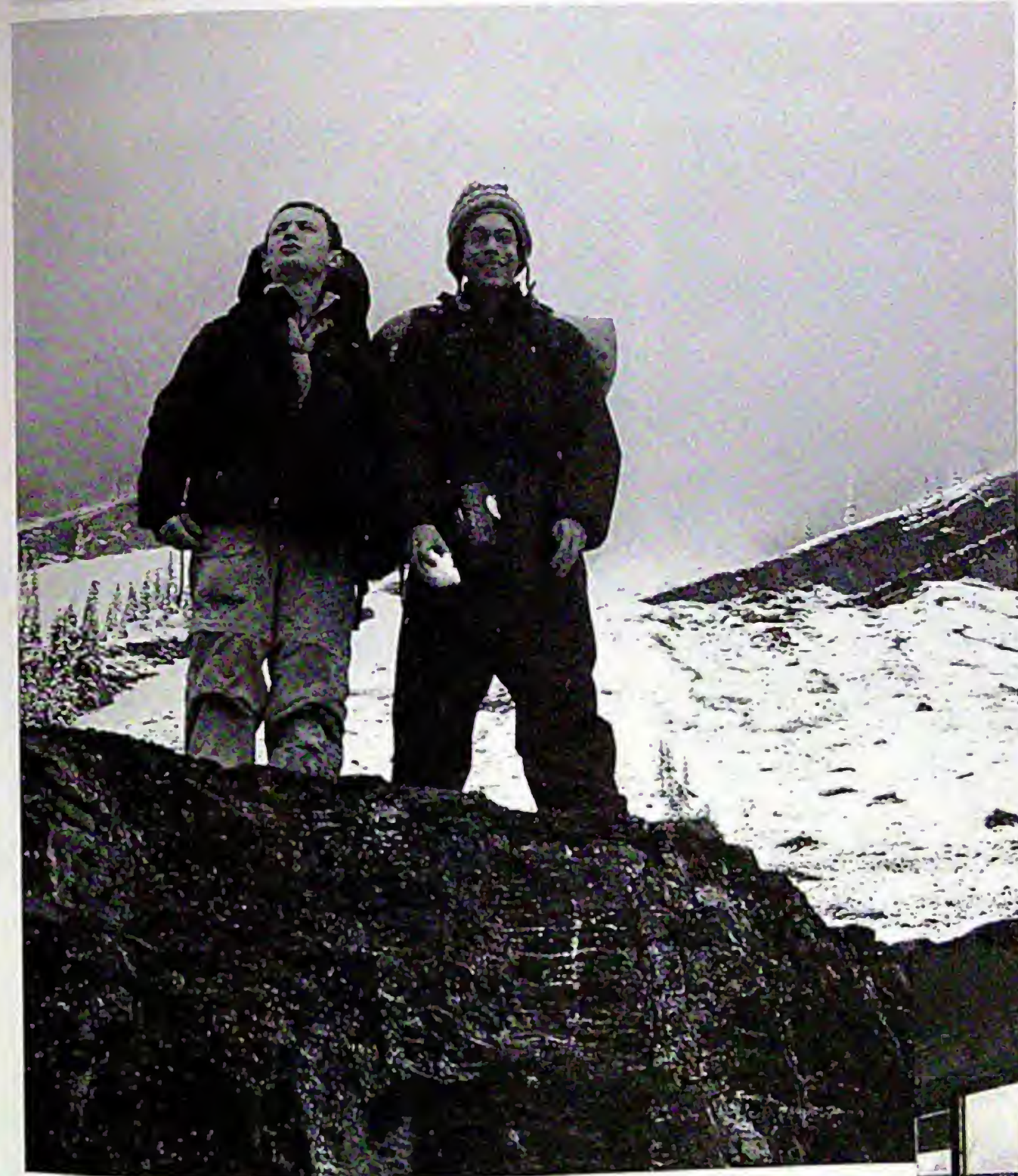




# Grade 11 & 12 Outdoor Ed



We need wilderness whether or not we ever set foot in it. We need a refuge even though we may never need to go there.... We need the possibility of escape as surely as we need hope.  
- Edward Abbey



I would feel more optimistic about a bright future for man if he spent less time proving that he can outwit Nature and more time tasting her sweetness and respecting her seniority.  
-William Westmoreland



# WIC Golf Team

## WIC Golf Team Members

- Mike Tomalty
- Alexandra Parker
- Conrad Skrzypinsky
- Evann Parker
- David Crossley
- Jennifer MacKinnon
- Ian Drake
- Alana Brumwell
- Ethan Mohan
- Austyn Matheson
- Jeff Davidson
- Joe D'Angelo
- Francois Boyer

Coach: Mr. Chalifoux



The Team  
(Missing Joe D'Angelo)



The team holding the banner won the Provincials.

# Cross Country Running

Coached By:  
Mr. Grewal and  
Mrs. MacArthur



"The best part about running is crossing the finish line and knowing you've done your best."

- Elizabeth Winans



"The best part about running is getting the medal at the end."

- Cassie Suche



"The best part about running is the drive to keep you going."

- Aidan Cornhill



"Running is the best relief for the mind, soul, and body!"

- Danielle Milner



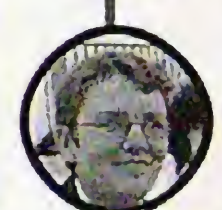
"The best part about running is the lifelong friends you make."

- Brendan Nickles



"The best part about running is taking out your stress."

- Emily Donaldson



"The best part about running is pushing yourself."

- John MacKinnon



Junior High Cross Country Running Team  
Back Row (L to R): Elizabeth Winans, Erin Baird, Aidan Cornhill, Brendan Nickles, Jacob Ort, Alex Mezei, Andrew Pritchard, Mila Mezei, Padan MacRae Middle Row (L to R): Danielle Milner, Brandon McCann, Caitlin MacCuish, Cassandra Suche Front Row (L to R): Emily Donaldson, Maya Miller Not Pictured: Kristina Burt, John MacKinnon



Senior High Cross Country Running Team  
(L to R): Georgina Cooper, Michael Zawalsky, Katie Donaldson



Grade 7 Girls Volleyball  
 Back Row: Florance Park, Mikaela Bocking, Sheleza Manji, Ashley Tang, Chloe Nielsen, Nahanni Giurcich, Ivnoor Shergill, Ms. Minich  
 Front Row: Claire Connors, Azra Rana, Alexandra Hawley, Quinn Kerr, Gbemisola Olutogun



Grade 7/8 Girls Volleyball  
 Back Row: Ms. Nicolet, Gabrielle MacDonald, Mikaela Fero, Sasha Selby, Erika Thompson, Tegan Hill, Stephanie Wong  
 Front Row: Victoria Wonnacott, Monica DeLuca, Brittany Ellam, Brooke Campbell, Savaya Shinkaruk (Missing Carolyn O'Dwyer)



Grade 7 Boys Volleyball  
 Back Row: Colton Ollenberger, Jackson Gibson, Liam Gledhil, John MacKinnon, Douglas MacArthur, Mr. Lim  
 Front Row: Francois Giguere, Conor Irvine, Paul Spronken, Dustin Nedohin, Hunter Shinkaruk



Grade 7/8 Boys Volleyball  
 Back Row: Elishama Ewa, David Norris, Daniel Tyler, Mike Blood, Tim Miller, Vealon Lin, Mr. Dobni  
 Front Row: Ben Kazakoff, Stuart Boswell, Brett Galbraith, Conor Charlton, Tyler Shackman, Brendan Nickles



## Junior Girls Volleyball



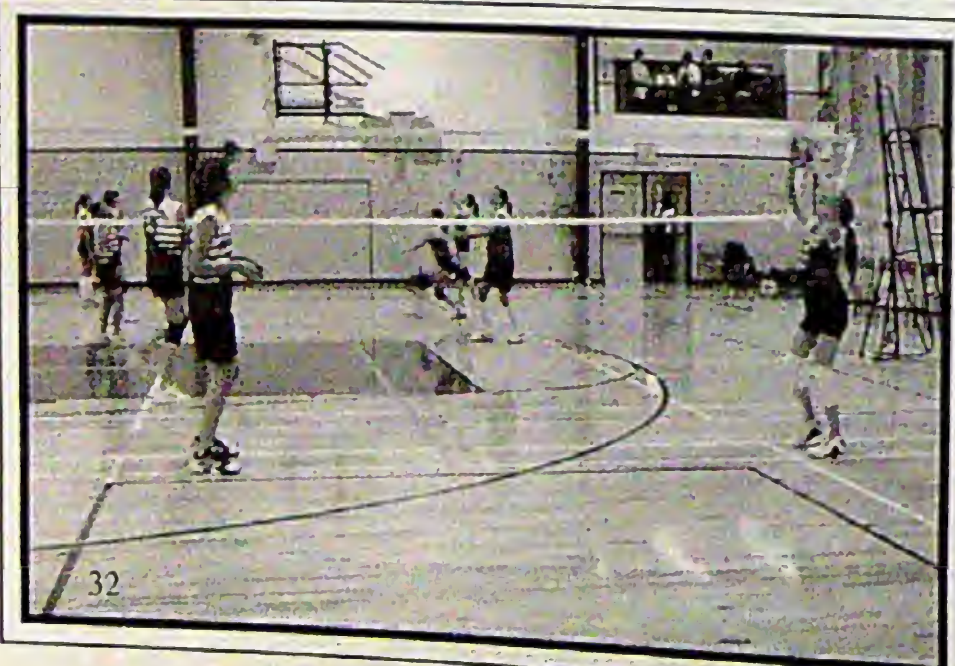
Grade 8/9 Girls Volleyball  
 Back Row: Mr. Gibson, Natalie Fero, Courtney Chalifoux, Katharine Briscoe, Anna Parry, Kyra Stevenson, Hannah Chernos  
 Front Row: Jillian Tomimoto, Kristen Pow, Sarah Pradhan, Jessica Chu, and Lee Fernier



Grade 8/9 Boys Volleyball  
 Back Row: Chris Spence, Dylan Ford, Nicholas Gibson, Matt Gibson, Tak Sembo, Steven Brumwell, Robert Ironside, Mr. Theriault  
 Front Row: Macauley Gledhil, Robert Howarth, Jamie Potter, Bryce Cloghesy, Nicholas Savoy, Quinn Gomez



## Junior Boys Volleyball



## Senior Girls Volleyball

I could not, at any age, be content to take my place by the fireside and simply look on. Life was meant to be lived. Curiosity must be kept alive. One must never, for whatever reason, turn her back on life.

-Eleanor Roosevelt

Coach: Ms. Foster  
Victoria Harris  
Beth O'Dwyer  
Kaitly Swain  
Evann Parker  
Christy See  
Amy Mendis  
Tara Tomimoto  
Ashley Connolly  
Teresa Tam  
Juline Curran  
Megan Proud



Intense Coaching Moment by  
Ms. Foster

## Senior Boys Volleyball



Back Row:  
Coach: Mr. Larsen.  
Robert DeJong, Geoff Calvert, Mike Tomalty, Graham Blyth, Ethan Mohan, Evan Boyce,  
2nd Coach: Booker Zaytsoff

Front Row:  
Jake Martin, Matt Bell, Jeff Davidson, Taylor Kline, Mike Wilton.

I know that I'm never as good or bad as any single performance. I've never believed my critics or my worshippers, and I've always been able to leave the game at the arena.

-Charles Barkley

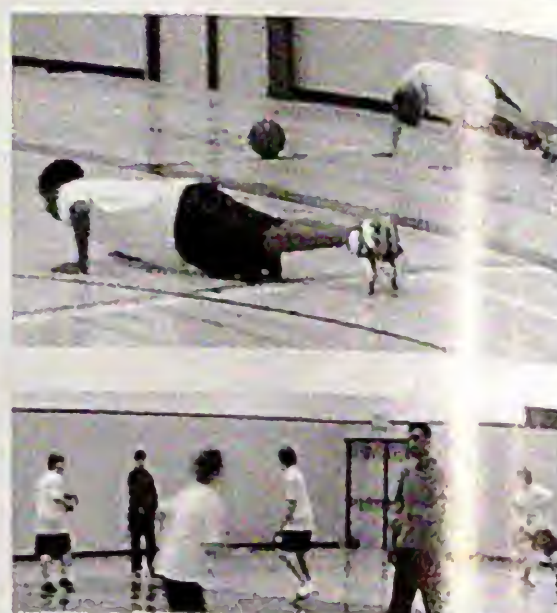
# Junior Boys Basketball

## 7/8 Boys Basketball

Back Row: Ms. Foster, Andrew Reeder, Robert Howarth, Daniel Tyler, Troy Taylor, Kenny Dosanjh, Taylor Amett

Front Row: Stephen Vincelli, Steven Amundrud, Taylor Clark, David Norris, Ellshama Ewa, Jackson Gibson

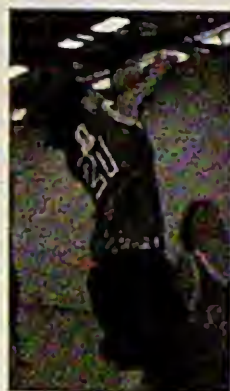
Coach: Ms. Foster



## 8/9 Boys Basketball

Rob Ironside, Nick Savoy, Bryce Cloghesy, Matt Gibson, Tim McGowan, Harrison Whitlock, Will Smolk, Tak Sembo, Justin Morabito, Nick Gibson, Andrew Chalmers, Chris Spence

Coach: Mr. Smith, Mr. Tan



## 7 Boys Basketball

Back Row: Conor Irvine, Jon Brumwell, John MacInnon

Front Row: Douglas MacArthur, Brody Scott, Tyler Armeneau, Devon Mackie, François Giguère

Missing: Cole Truscott, Dustin Nedohn, True Wilson, and David Coren

Coach: Mr. Ralph



# Junior Girls Basketball

## Grade 7 Girls Basketball

Alexandra Hawley, Lulu Kamel, Madison Mackley, Victoria Anderson, Hayley Brillon, Allison McNiven, Sheleza Manji, Quinn Kerr, Ashley Tang, Azra Rana, Nahanni Giurchich, Claire Connors, Coach: Ms Kerr



## Grade 7/8 Girls Basketball

Megan Howarth, Victoria Wonnacott, Miia Mezei, Erika Thompson, Sara Chomyn, Gbemisola Olutogun, Jillian Tomimoto, Hannah Chernos, Aidan Cornhill, Kristen Pow, Florance Park, Danielle Milner, Coaches: Ms Kreba, Ms McKay



## Grade 8/9 Girls Basketball

Coach: Mr Gibson  
Katharine Briscoe, Valeria Maslova, Courtney Chalifoux, Ava Mohan, Erin Baird, Tegan Hill, Stephanie Wong, Sarah Pradhan, Jane Vandale



People grow through experience if they meet life honestly and courageously. This is how character is built. -Eleanor Roosevelt

# Senior Girls Basketball

Talent wins games, but teamwork and intelligence wins championships.  
-Michael Jordan



Mr. Tan (coach), Jen Roycroft, Ashley Connolly, Tara Tomimoto, Kaitly Swain, Jenn McKinnon, Jenna Mclean, Annalise Young, Beth O'Dywer, Holly Giannoccaro, Chantelle Jaques, Jalyssa Roycroft (missing: Austyn Matheson)



# Senior Boys Basketball



Great Season Boys!



Mr. Grewal (coach), Brian Smolik, Graham Blyth, Taylor Kline, Paul Mintchev, Jeff Davidson, Jake Martin, Andrew Yeung, Matthew Bell, Josh White, Ethan Mohan



The only way to overcome is to hang in. Even I'm starting to believe that.  
-Dan O'Brien



David Norris and Steven Amundrud



Jillian Tomimoto, Natalie Fero



Tyler Armeneau, Cole Truscott

## Junior Badminton



Grade 7: Tyler Armeneau, Taylor Arnett, Mikaela Bocking, Natalia Czarnecki, Kenny Dosanjh, Mikaela Fero, Liam Gledhill, Ryan Jones, John MacKinnon, Doug MacArthur, Ally McNiven, Carolyn O'Dwyer, Gbemisola Olutogun, Florance Park, Cassie Suche, Cole Truscott. Grade 8: Steven Amundrud, Courtney Chalifoux, Connor Charlton, Hannah Chemos, Natalie Fero, Nick Gibson, Gaby MacDonald, Brendan Nickles, Danielle Milner, David Norris, Sam Paxton, Sarah Pradhan, Chris Spence, Troy Taylor, Jillian Tomimoto, Annie Tonken, Stephen Vincelli. Grade 9: Veronica Arnett, Kate Briscoe, Steven Brumwell, Atysha Dosanjh, Erin Douglas, Salima Fakirani, Lee Ferner, Dylan Ford, Matt Gibson, Jamie Grassby, Michael Halpenny, Valeria Maslova, Andrew Pritchard, Nick Savoy, Tak Sembo, Peggy Shyu.



Ryan Jones, Mikaela Fero



Ryan Jones, Mikaela Fero, Tyler Armeneau, Cole Truscott, Carolyn O'Dwyer

## Senior Badminton



Julia Bowes, Geoff Calvert, Garrett Charlton, Patrick Chiu, Robson Chow, Ashley Connolly, Juline Curran, Joe D'Angelo, Jeff Davidson, Robert DeJong, Aleem Dhanani, Sarah Hall, Brian Handkamer, Victoria Harris, Alexia Hill, Patrick Jan, Adam Johnson, Joan Kelly, Hugh Kolias, Everett Knight, Mark Lester, Jenn MacKinnon, Jenna McLean, Elliot McNiven, Nadeem Nathoo, Beth O'Dwyer, Evann Parker, Megan Proud, Jennifer Roycroft, Nausheen Sadiq, Patrick Sailer, Mike Tomalty, Tara Tomimoto, Michael Yue, Andrea Zittlau, Ms. Clarke (coach)



Sports Do Not Build Character... They Reveal It.  
--John Wooden



# SOCCER



The 7-8's

Top left to right: Ms. Foster, Alexandra Starker, Taylor Russell, Kenny Dosanjh, True Wilson, Carolyn O'Dwyer, Anna Lang, Donny MacLeod,  
Bottom left to right: Brandon McCann, Liam McBean, Ryan Jones, Samuel Rendulich, Harrison Tims, Etai Lahav, Coleman Truscott, Quinn Kerr



The 8-9's

Top left to right: Christopher Axford, Robbie Howarth, Nick Gibson, Tak Sembo, Dylan Ford, Justin Kim, Keaton McLean, Mat Starker, Ms. Olson  
Middle: Jameson Grassby, Padan MacRae  
Bottom left to right: Erin Baird, Kate Briscoe, Sara Chomyn, Natalie Fero, Jillian Tomimoto, Greer Simpson  
Missing: Camille Charbonneau, Macauley Gledhil, Matt Gibson, Mike Halpenny, Ryan Okamura.



Senior Team:  
Annalise Young  
Darcie Stein  
Kyel Lee  
Ben Oswald  
Sarah Eastham  
Taylor Kline  
Tyler Leonard  
Patrick Chiu  
Nyima Sherpa  
Holly Giannoccaro  
Michael McLean  
Aleem Dhanani  
Adam Johnson  
Josh Sutherby  
Stephanie Cotton  
Jennifer Crossley  
Ted Mulyk  
Andre Gomez  
Simon Hasan  
Will Mitchell  
Braden Stein  
Navid Nathoo





# FIELD HOCKEY

Most Valuable Player:  
 Laura Zawalsky  
Most Improved Player:  
 Christina Schweitzer  
Team Player:  
 Nausheen Sadiq  
 Andrea Zittlau



# RUGBY



**The Team:**  
 Jeffrey Addison, Sean Beddoe,  
 Graham Blyth, Geoffrey Calvert,  
 Razvan Catrinescu,  
 Andrew Christie, Joe D'Angelo,  
 Jeffrey Davidson, Robert DeJong,  
 Eytan Donsky, Ian Drake,  
 Christian Eastham, Mitchell Harris,  
 Michael Howarth,  
 Krzysztof Iwanicki,  
 Benjamin Kazakoff,  
 Joshua Kazakoff, Everett Knight,  
 Mark Lester, Justin Logan,  
 Preston MacFarlane,  
 Andrew Martin,  
 Murdoch Matheson,  
 Ryan McArthur,  
 Elliot McNiven, Paul Mintchev,  
 Ethan Mohan, Christopher Moore,  
 Nathaniel Paxton, Andy Shibley,  
 Brian Smolik, Ryan Thompson,  
 Sean Tyler, Brendan Vincelli

# Flag Football



Grade 7-8 Flag Football Team



Back (L to R)  
Mr. Ironside  
Carolyn O'Dwyer,  
Kenny Dosanjh,  
Taylor Arnett,  
Donny MacLeod,  
and Mr. Grewal.

Front (L to R)  
Danielle Milner,  
Etai Lahav, and  
Kevyn Read.



# WIC Hockey Option: Wolves vs. Lions



Coach: Wayne Dougherty  
Senior High L to R:  
Andrew Grassby,  
Michael Yue,  
Laura Zawalsky,  
Tara Tomimoto,  
Joel Lowry  
Missing: Garrett Charlton



Junior High L to R:  
Back: Macauley Gledhil,  
Tyson Riddell,  
Jamie Grassby,  
Michael Chernos,  
David Norris, Sam Paxton,  
Conor Charlton,  
Front: Paul Spronken,  
Conor Irvine, Reid Foose,  
Brandon McCann,  
Hunter Shinkaruk  
Missing: Liam Gledhil,  
Adam Lowry, Ben Gallacher



West Island College presented an optional hockey program for enthusiasts looking to elevate their skills to the next level. Over the past school year, it has enjoyed tremendous success in its first year of operation with an enrollment of twenty students.



# Ski Day 2007



# Travel Studies



France/Spain, Brazil,  
Vietnam/Cambodia,  
India/Bhutan



The World is a book, and those who do not travel read only a page.  
-St. Augustine



I met a lot of people in Europe. I even encountered myself.  
-Anonymous



Life is either a daring adventure or nothing at all.  
-Helen Keller



A journey is best measured in friends, rather than miles.  
-Euripides

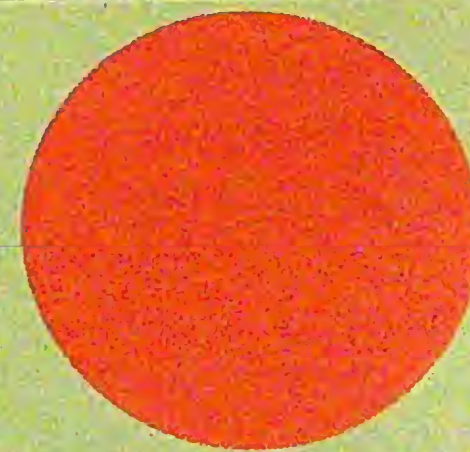
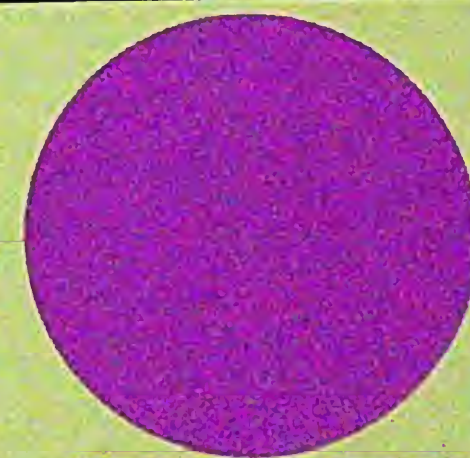
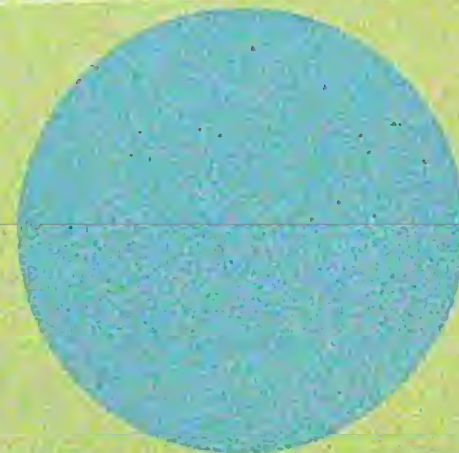
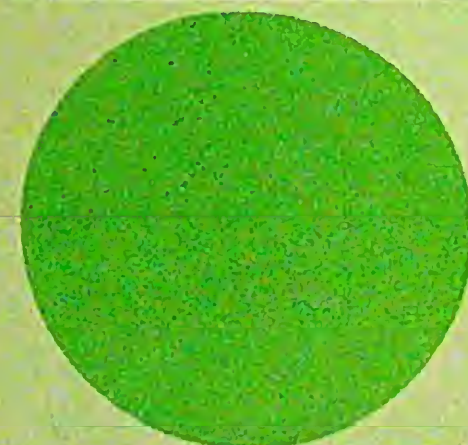
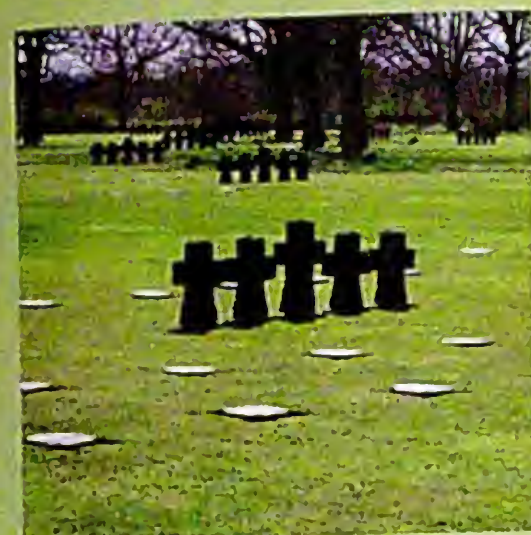
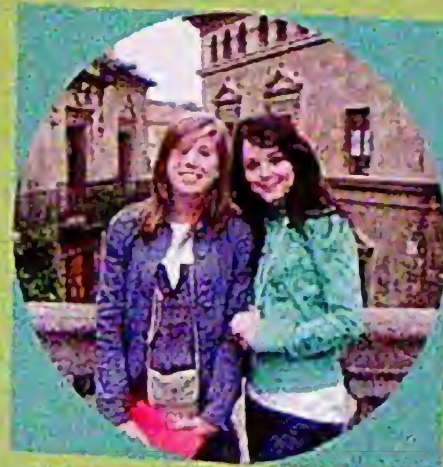
A good traveler has no fixed plans and is not intent on arriving.  
-Lao Tzu



Travel is the frivolous part of serious lives, and the serious part of frivolous ones.  
-Anne Sophie Swetchine 49

# Grade Nine Travel Studies

Most of the Grade Nine students travelled to France and Spain during Spring Break. They visited many places, including the Eiffel Tower and Notre Dame. They saw many amazing sites and increased their knowledge of different cultures in other countries.



# AMAZON



Alana B. - Alain C. - Andrew G.  
 Alexia H. - Alex K. - Andy S. -  
 Ben O. - Brian S. - Chris E. -  
 David C. - Erika S. - Ellie W. -  
 Geoff C. - Hugh K. - Ian D. -  
 Jeff A. - Jen A. - Jen C. -  
 Joe D. - Jeff D. - Justin L. -  
 Jen R. - Josh S.

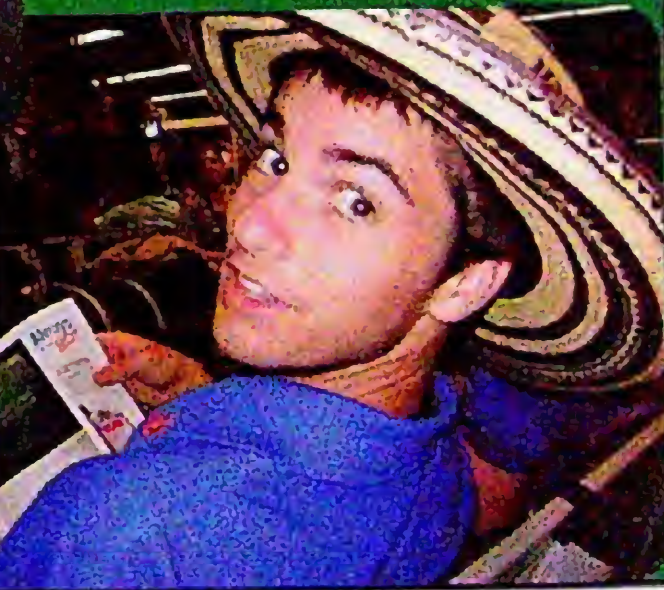


Jocelyn W. - Kiera M. -  
 Krista M. - Matt B. - Megan G.  
 Nick C. - Nick D. - Nonda P. -  
 Pat J. - Pat S. - Steph -  
 Teri F. - Tilly M. - Taylor K. -  
 Tara T. - Vince K. - Z - P. -  
 Mr. Liandji - Mr. Poit -  
 Ms. Clement - Ms. Webb -  
 -iscoce

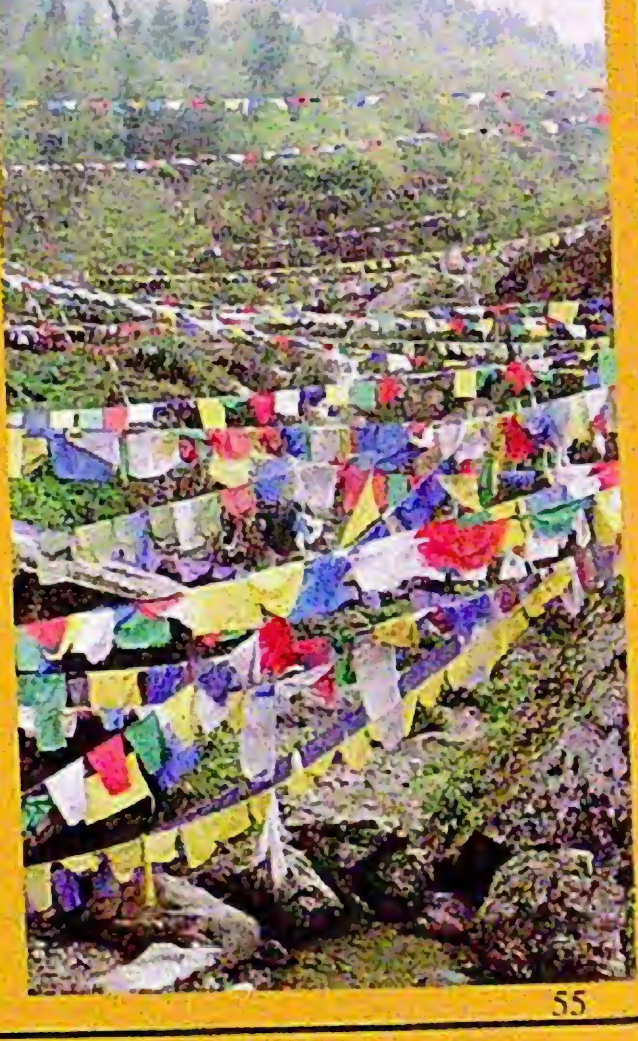
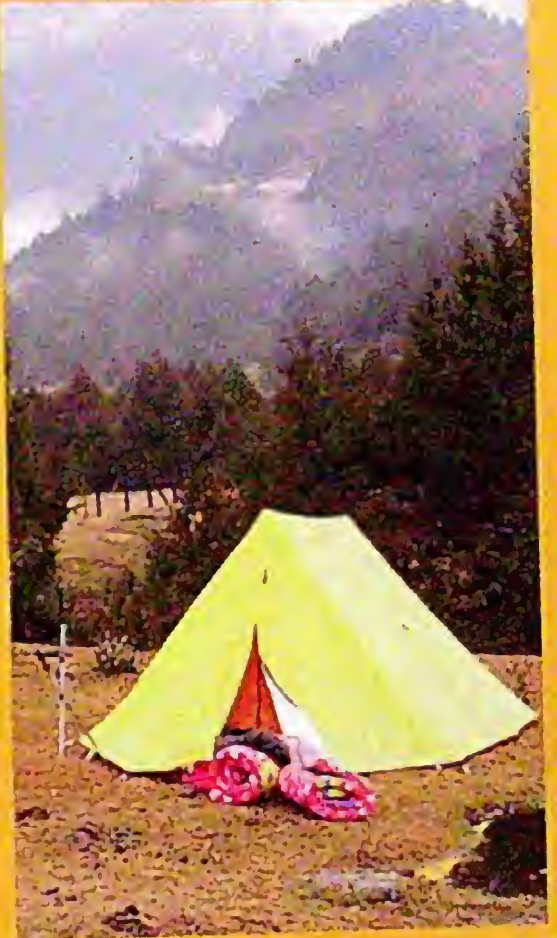
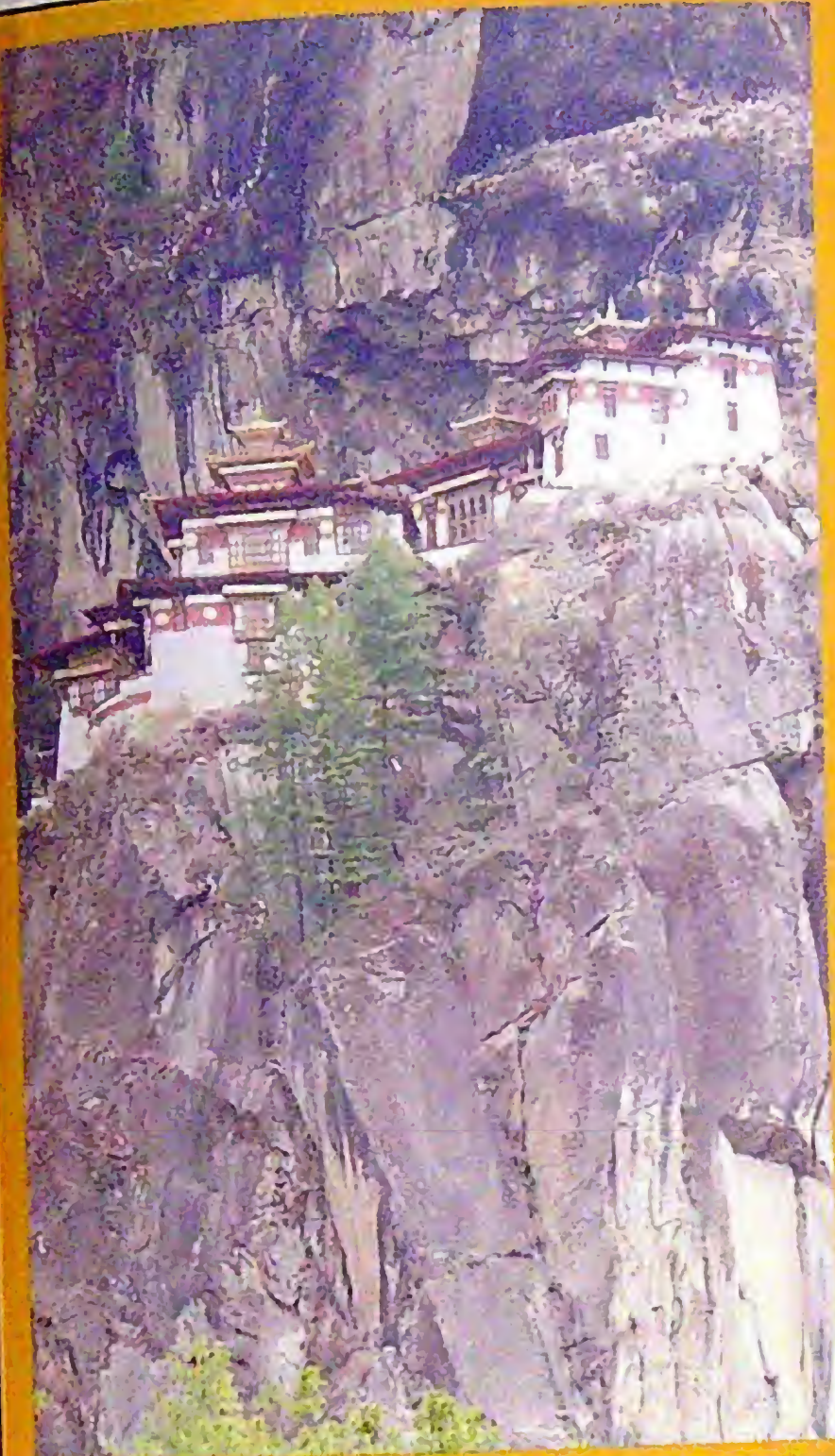
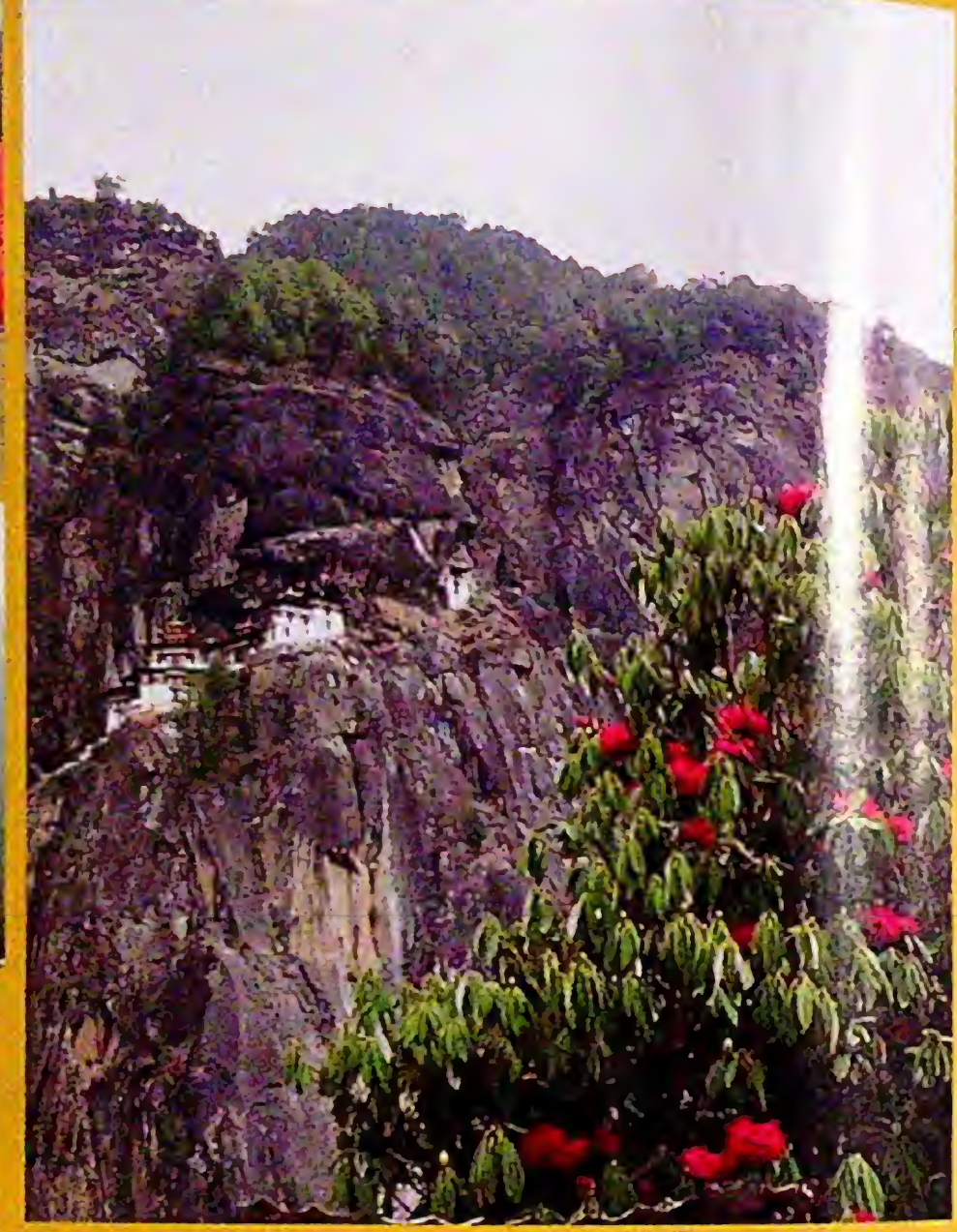
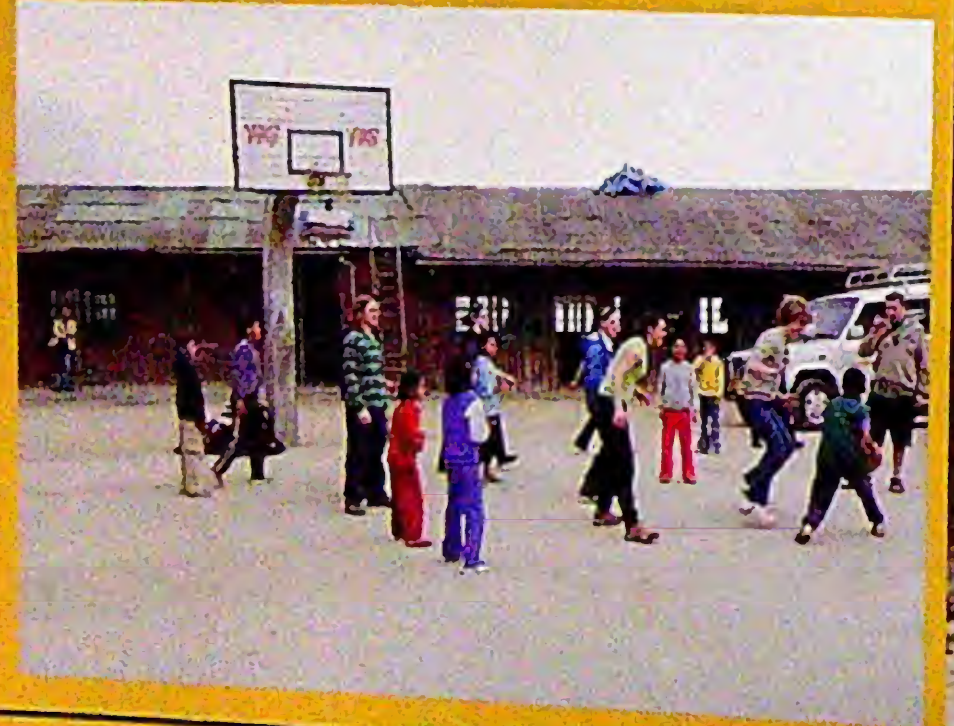
In the words of the chief of Terra Petra, "Your group has done something that our government, NGO's and Amazonia Province have been promising for years, but never done. Then children from Canada arrive and actually do it, thank you."



Welcome to  
 Texas



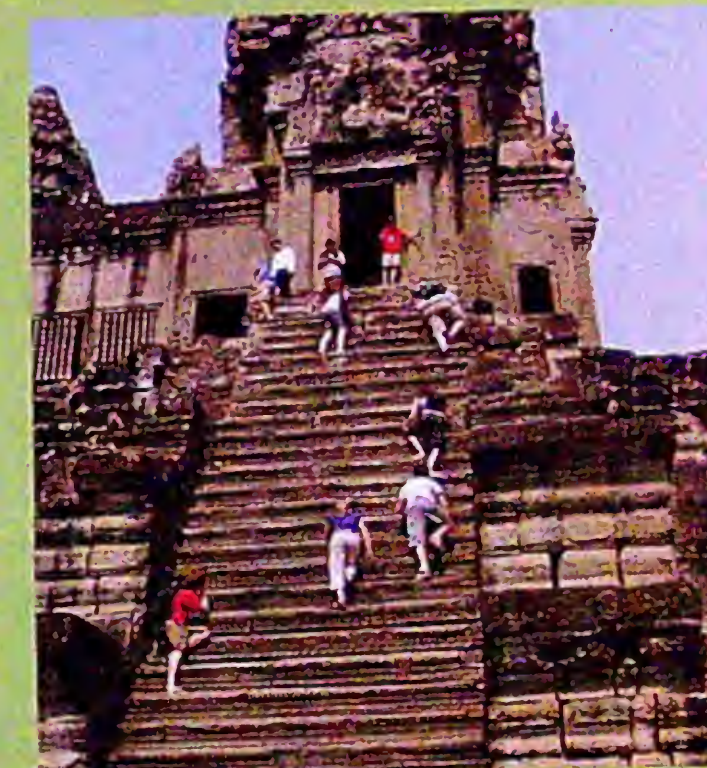
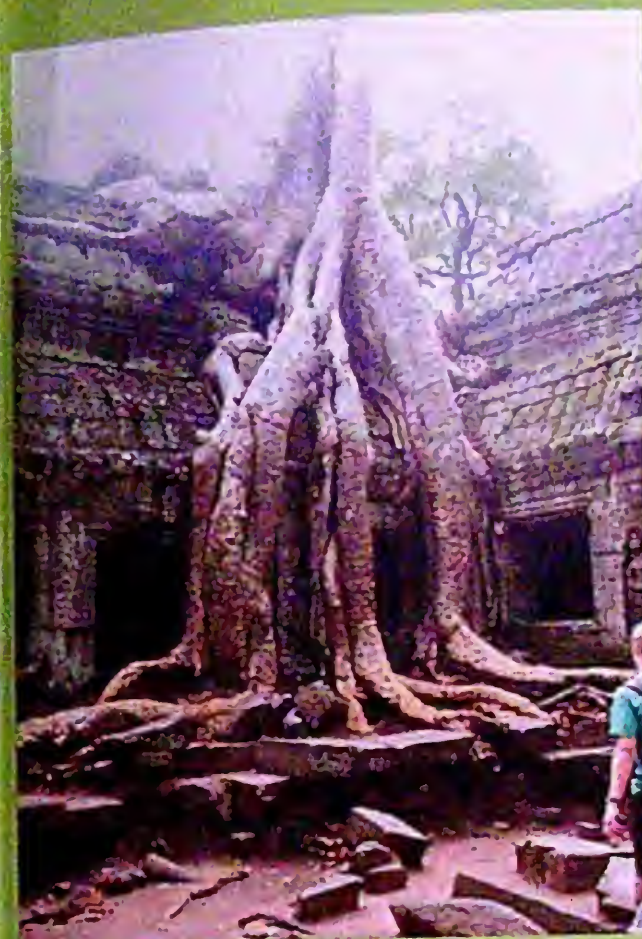
# India & Bhutan



# Vietnam & Cambodia

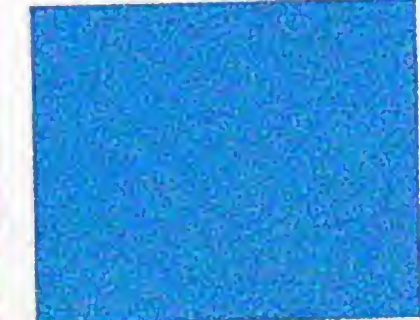
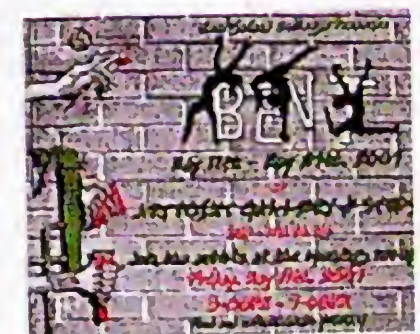
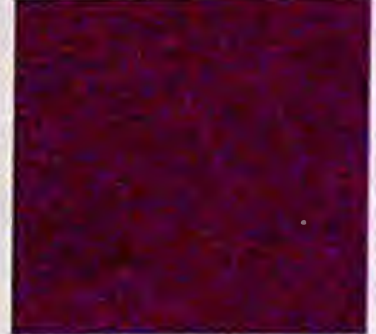
We arrived in HCM City after 3 days of travel to 37 degree heat, and no change of clothes. We then toured the open air Presidential Palace, and learned about the Vietnam War. After crawling through the Cu Chi tunnels, and firing AK 47s, we left HCM city for the Mekong Delta. One night we slept in an open air bed and breakfast, one of the more memorable sleeps of our lives. Between Azra's phobia of insects, the huge snake, and Andrew Christie wandering around with a military hat, no shirt, and gold silk women's Pj pants, there was plenty to remember. On our second last day in Vietnam, we went bike riding. After the 'Drunk Driving Incident' and the adventures with the water bottles, (when you hit a bump they leave the basket and you have to hope to high heavens that they'll land back in,) the bike ride will surely never be forgotten. After our 4 hr boat ride to Phnom Penh we visited the King's palace and the Silver Pagoda (The Buddha Hijinks). The next day was very somber with the visit to S-21 and the Tuleng Killing Fields. We then took a short flight to Siem Reap where we immediately immersed ourselves in the wonder that is Angkor. We experienced it the best way possible - by walking, climbing, biking, taking horse carriages, and riding elephants all around the ancient temples. On our last day in Cambodia, we did humanitarian work with various schools and villages in the Siem Reap surrounding area. One of the unforgettable moments was when we went to a Khmer New Year celebration at a local orphanage. Whether it be a lime-eating contest or smashing water-filled ceramic pots, we had an amazing time. It was all topped off with a talcum powder fight, which we had to wear on the 10:00pm flight to Phnom Penh. We learned a lot, bonded together and came back, same same, but different.

-- Andrew Cornhill & Katie Donaldson



This year the art show featured many works of art from our own school artists. It started off with a bang with a great opening day and lots of people to view all the amazing art pieces. From the first day to the last, everybody was impressed with the vivid colours and images that decorated the showroom. Everybody would like to give a large thank you to Ms. Lewis and the Curator Club who put lots of effort and work into making the art show a reality. Also, thank you to all the artists who contributed work to the 2006 - 2007 art show!

# Bent Art Show May 11 - 27 2007





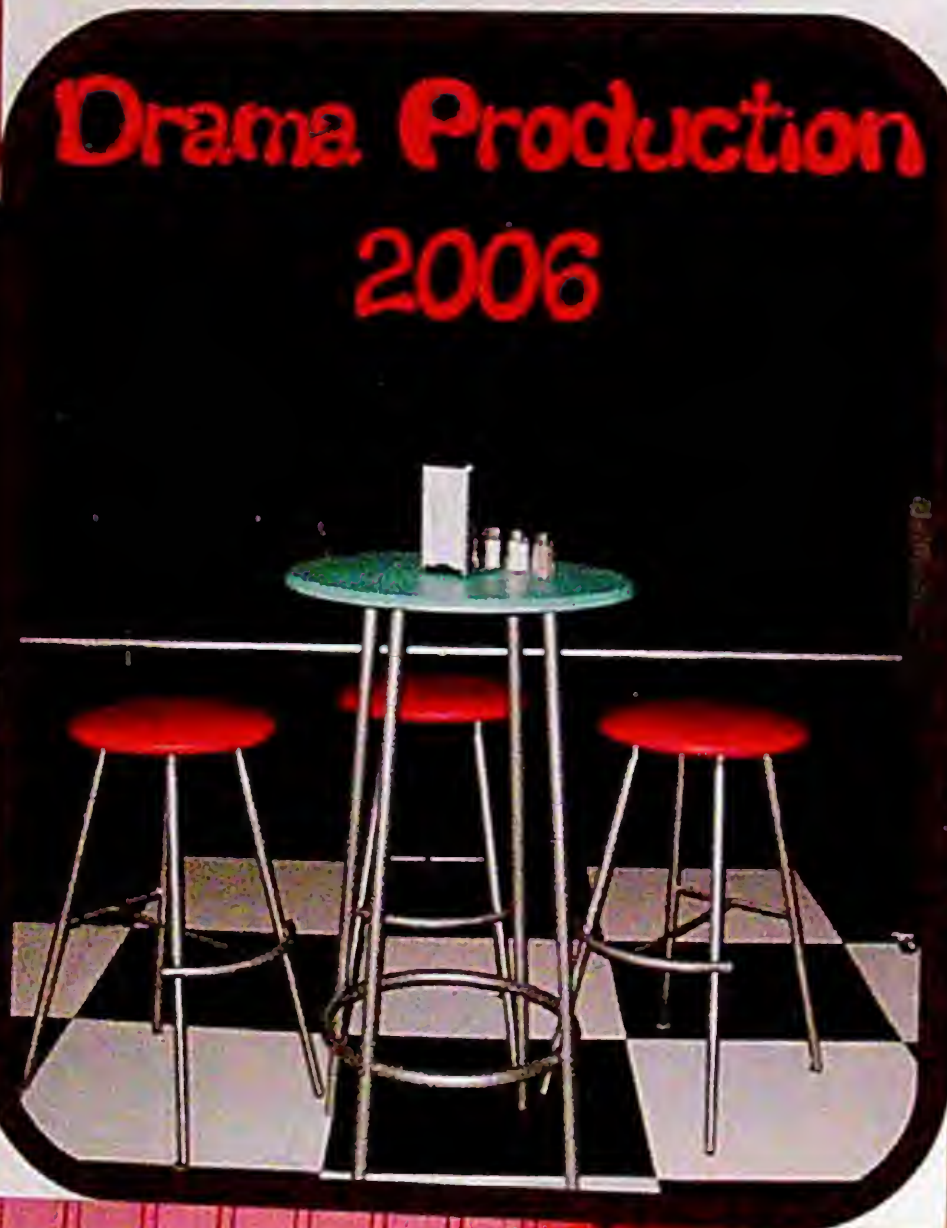
# The Short, Happy Madness of Julian Thaddeus Springer

written by William Gleason

## Drama Production 2006



Springer Family



The Good Guys



Some of our diverse actors



Techies



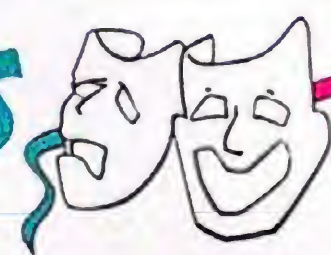
The Heads & our Stage Manager



The Good Girls



# Behind the Scenes



The Set Guys



Courtney



Props Crew



Lauren & Zoe



Hair and Makeup



Katie Miller

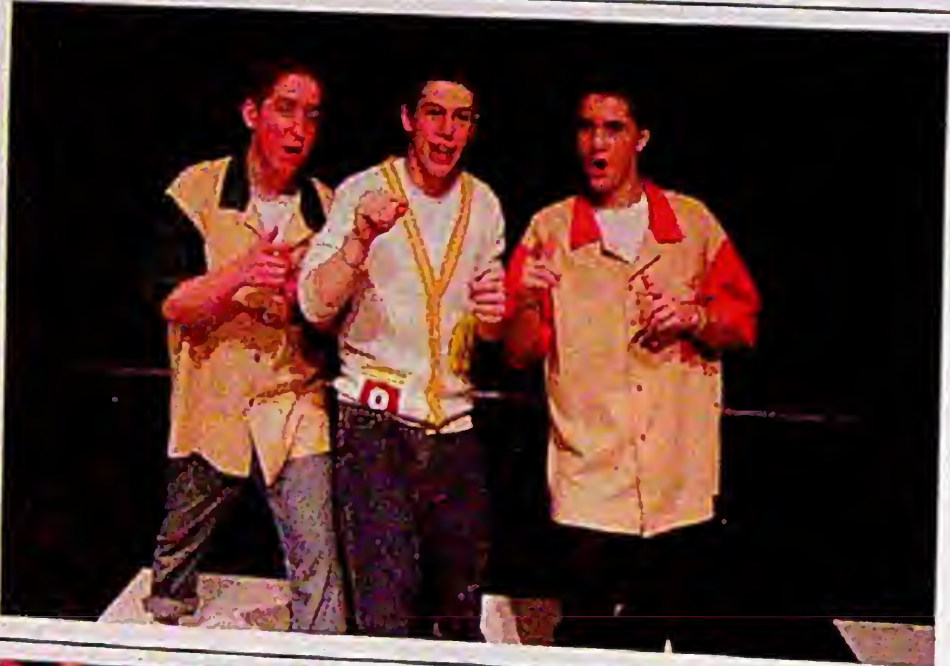


Ms. Snowden, our director!



Costume Crew



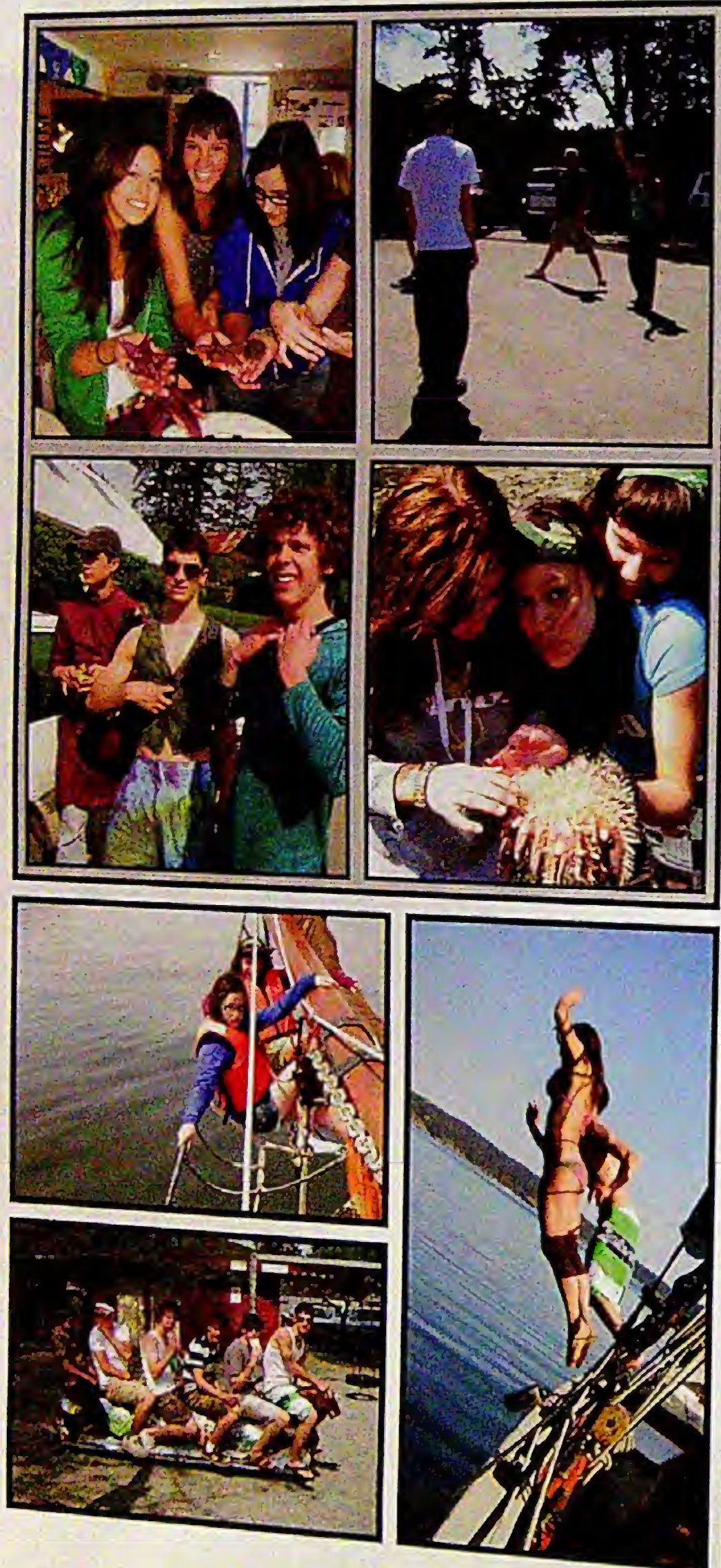


"Hey Katie do you know Karate? Because your body's kickin'!" - Jeff Davidson

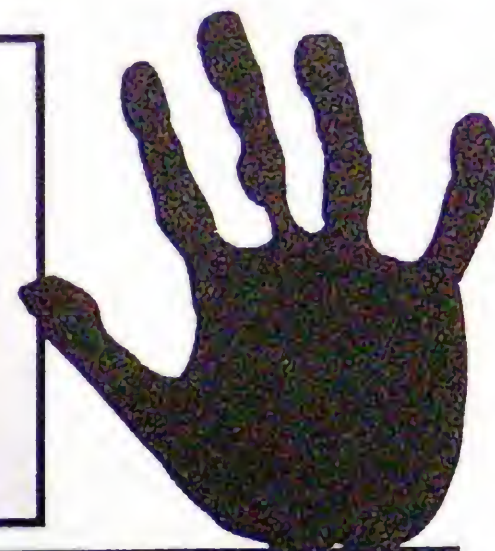


# THE S.E.A. PROGRAM

Sailing Educational Adventure



# WIC's Helping Hand



**Speech Arts  
Debate  
Book Club**



Top left to right: Alex Crookes, Krista Allen, Brenna Perera,  
Julia Martin  
Bottom: Everett Knight Coaches: Mrs. MacArthur, Mr. Murrain



**Roots and Shoots**



Left to right: Katie Miller, Jennifer Brown,  
James Friesen, Greer Simpson,  
Christopher Ghersinich, Sarah Burton

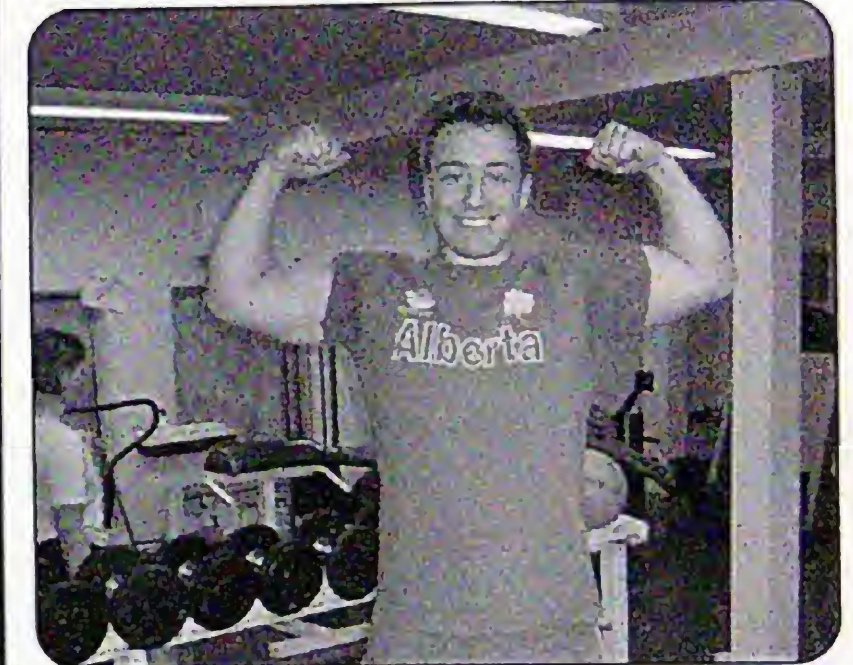


**Newspaper  
Club**



Left to right top: Brenna Perera, Sam Lam, Natalia Czarnecki,  
Nicole Ghersinich, Krista Allen, Oreoluwa Olaniyan,  
Azra Manji, Jennifer Brown, Salima Fakirani,  
Rebecca Narfason, Erika Thompson.  
Bottom: John MacKinnon, Nigel Bocking, Cameron Baum

**Weight Club**





# Reach For The Top



# \$\$\$ Investors Club \$\$\$



- |                       |                     |                      |
|-----------------------|---------------------|----------------------|
| <b>Senior</b>         | <b>Intermediate</b> | <b>David Teller</b>  |
| Azra Manji            | Victoria Harris     | Nicholas Veenhoven   |
| Katie Miller          | Faisal Hirji        | Jocelyn Wolfe        |
| Brenna Perera         | Daniel Kelly        | Michael Zawalsky     |
| Andrew Cornhill       | Joan Kelly          | Christina Schweitzer |
| Christopher Ghesinich | Christina Kolsun    |                      |
| Sherwood Plant        | Zachary Nielsen     |                      |
| Karston Smith         | Mitchell Orr        |                      |
| Carter Smith          | Jacob Ortt          |                      |
| Sean Spence           | Elizabeth Wnans     |                      |
| Andrew Yeung          | Peggy Shyu          |                      |

Coach: Ms. Dickens

- |                    |                      |                     |
|--------------------|----------------------|---------------------|
| <b>Mike McLean</b> | <b>Paul Spronken</b> | <b>Conor Irvine</b> |
| Kevin Jeal         | Aidan Cornhill       | Paul Kroliczek      |
| Nigel Bocking      | Erin Baird           | Mike McCaig         |
| Reid Foose         | Justin Giannocco     | Mr. Belisle         |
| Rob Baird          | Kevin Majeski        |                     |

# Model United Nations



Hard at Work!!!!



- |                   |                      |
|-------------------|----------------------|
| Joe D' Angelo     | Nausheen Sadiq       |
| Julia Martin      | Carter Smith         |
| Russ Lazar        | Andrew Cornhill      |
| Dane Synnott      | Kyel Leo             |
| Katie Miller      | Aly Hirji            |
| Brenna Perera     | Faisal Hirji         |
| Razvan Catrinescu | Christina Schweitzer |
| Adam Johnson      | Nigel Bocking        |
| Andrew Christie   | Mr. Rennie           |

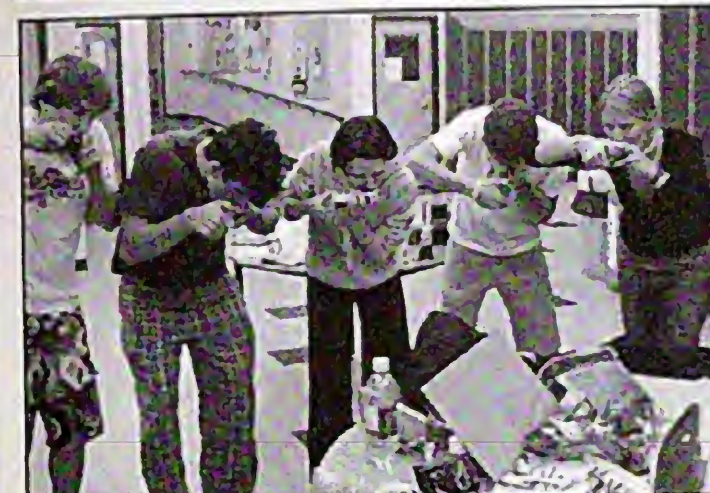
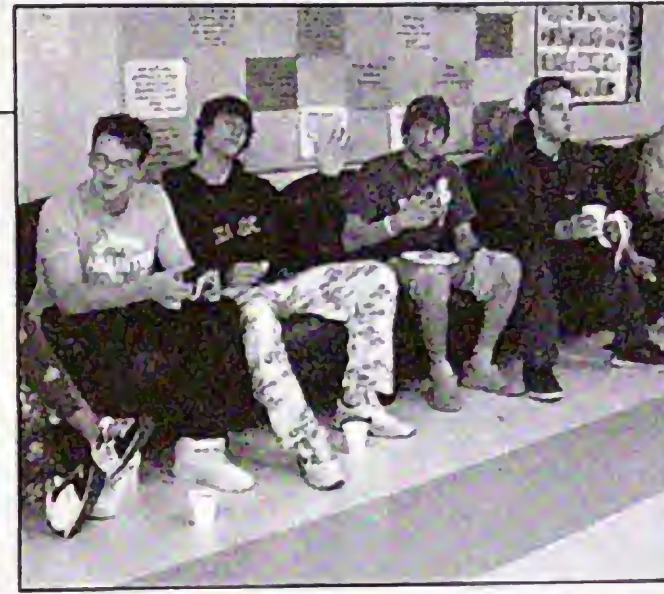
# Guitar Club



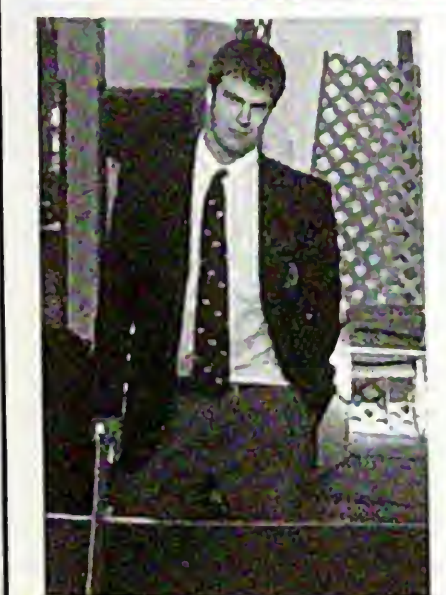
- |                 |                 |
|-----------------|-----------------|
| Jacque McNulty  | Geneva Haley    |
| Andrea Zittlau  | Nick Dufresne   |
| Erika Carlson   | Karston Smith   |
| Katie Miller    | Erika Swanlund  |
| Sam Lam         | Adam Johnson    |
| Kerry Maguire   | Michael Blood   |
| Chris Moore     | Taylor Clark    |
| Nyima Dorje     | Evan Boyce      |
| Brian Handkamer | Jackie Lobenzon |



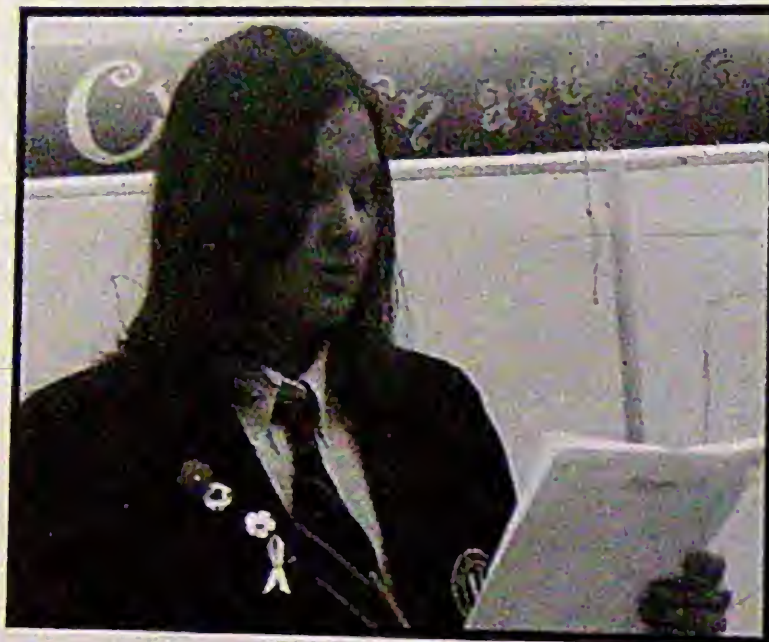
# Grade 7 Sleepover



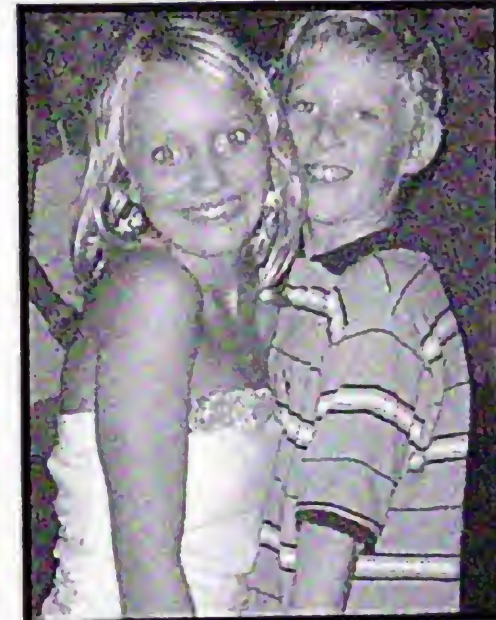
# Ping Pong/Pool



# 🎵 Dance Committee

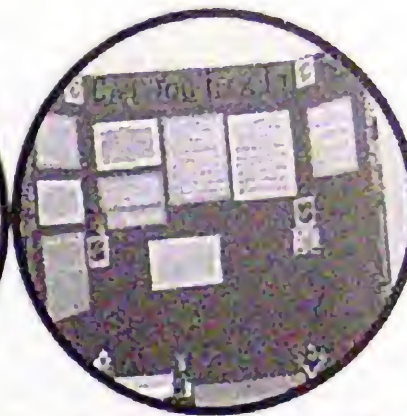


# DANCES

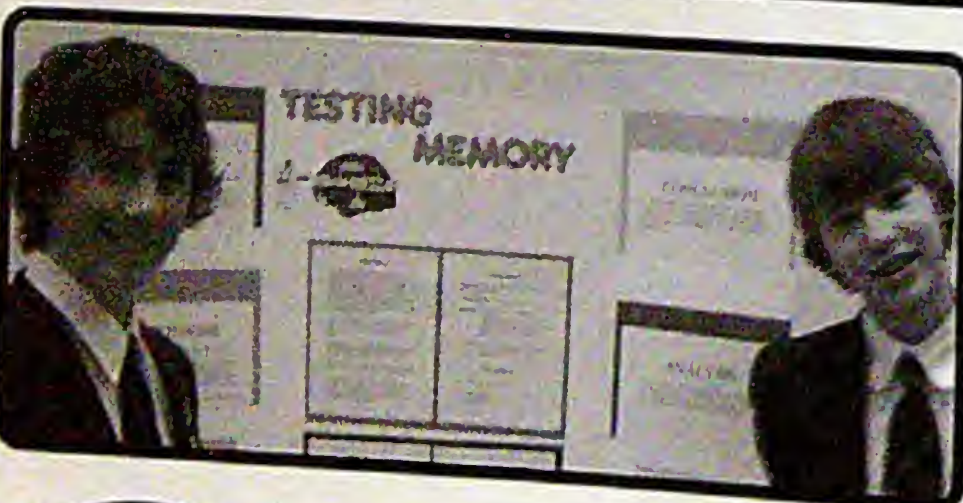
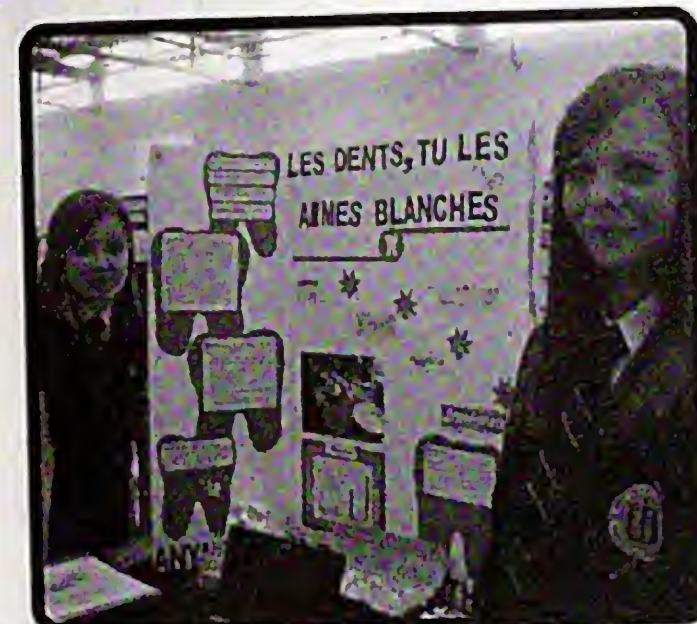
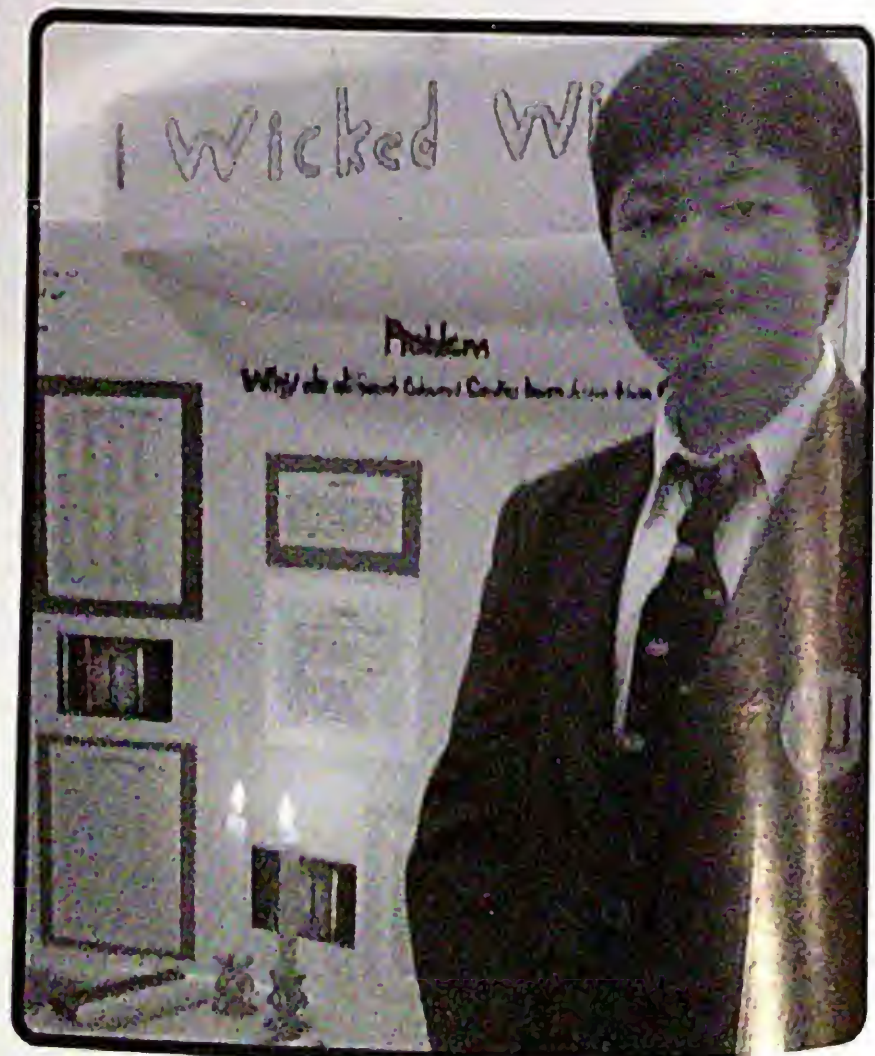
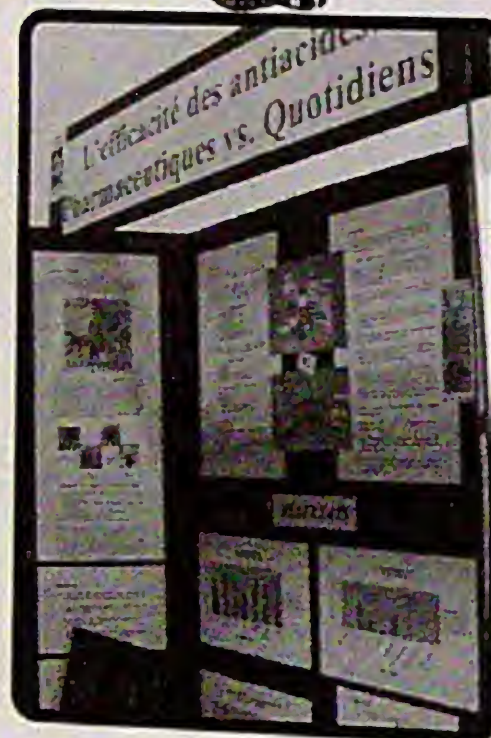
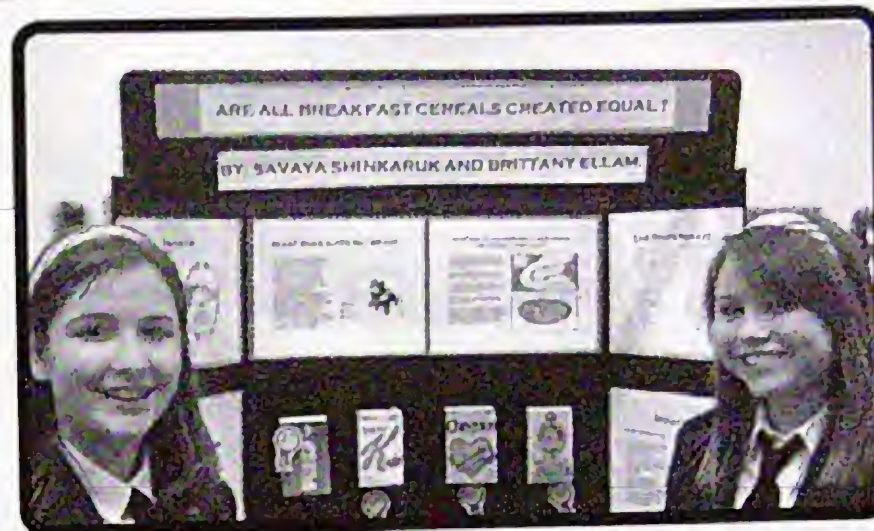


**ADMIT ONE**





# SCIENCE FAIR

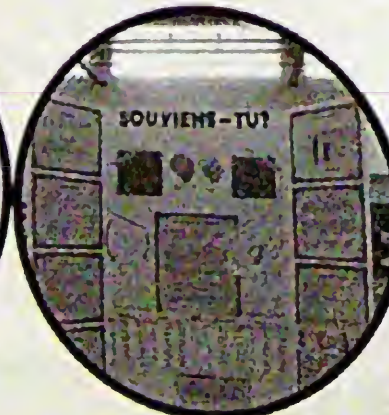
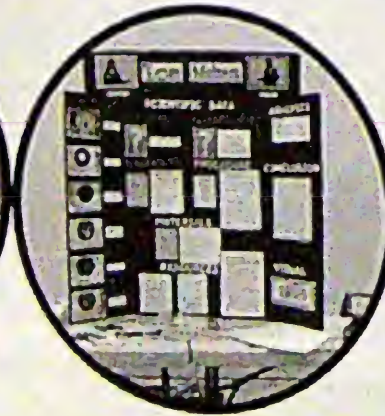
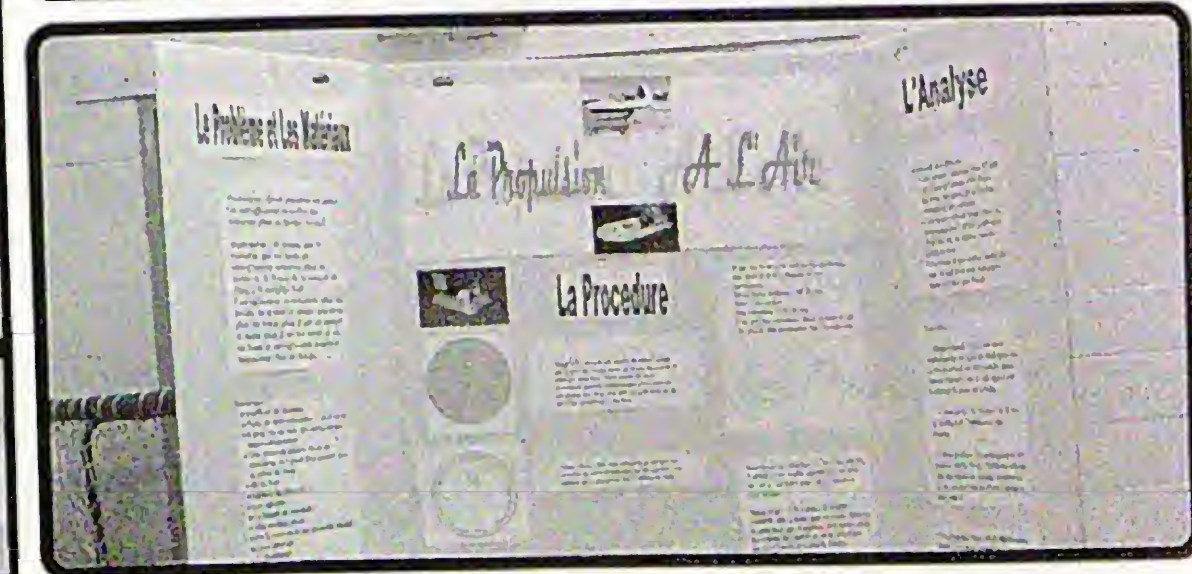


## Science Fair: Grade 8

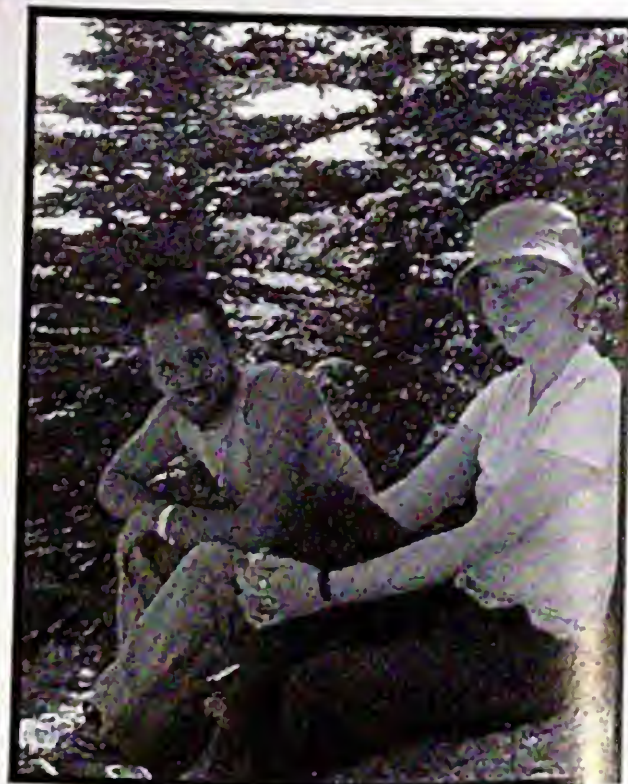
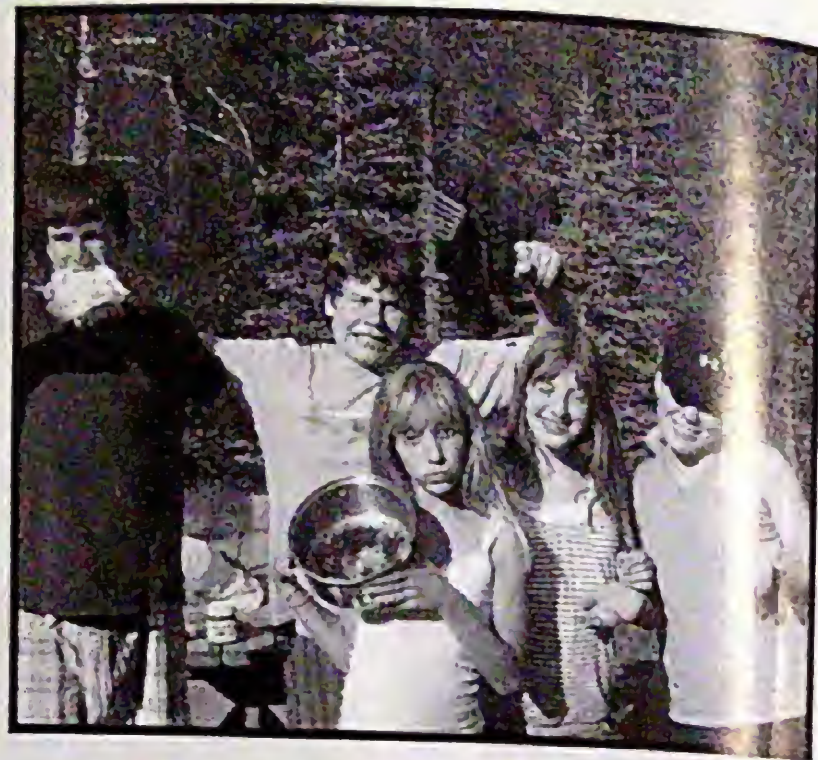
1st Place:  
Kristina Burt  
"When We Dump, We Kill"

2nd Place:  
Stephen Vincelli and  
Chris Spence  
"L'efficacite des antiacides  
pharmaceutiques vs. quotidiens"

3rd Place:  
Hayley Rushford  
"Memory Mysteries"



# Grade 8 Outdoor Education



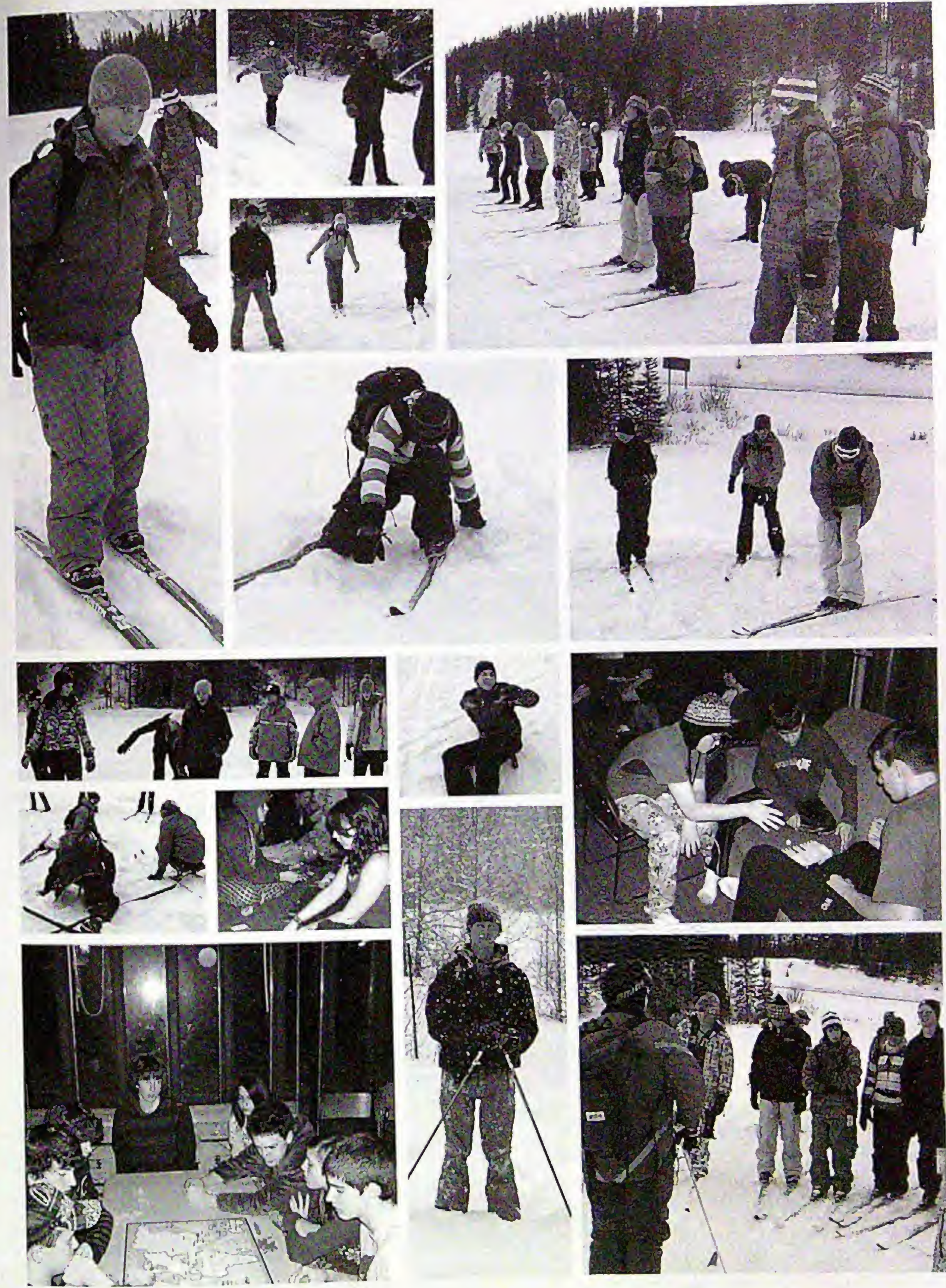
## Top 5 Moments

- 1 Reaching the top of the mountain after our four hour hike.
- 2 Reaching the top of the climbing wall and looking down.
- 3 Setting up the tent.
- 4 Cooking dinner outside, after waiting an hour and a half for propane.
- 5 Making s'mores around the camp fire.





# Grade 9 Ski Trip



Judge of your natural character by what you do in your dreams. ~ Ralph Waldo Emerson



If you don't like the way the world is, change it. ~ Marian Wright Edelman



The only real mistake is the one from which we learn nothing. ~ John Powell



**Peer Support Address**  
This year, Peer Support was very active in participating within the school community. From Message of the Month to Peer Mentoring, this year was a success. In Peer Mentoring, all new students were welcomed warmly into the school with the day before the official First Day of school. All new students took a tour of the school, visited their lockers, and met other new students. Then, as the year continued, activities such as Focus Groups, Message of the Month, Peer Tutoring, and Creative Peer moved into full swing. They were all well done, and they couldn't have gone on without the hard work and dedication of the Peer Support members. Of course without Sonia, none of this could have happened and she deserves quite a lot of the credit.

- Emily Donaldson, Brooke Campbell, Andrew Cornhill

No one can ever make you feel inferior without your consent, so never give it. ~ Eleanor Roosevelt



# Peer Support



Things do not change, we change. ~ Henry David Thoreau



In the middle of every difficulty lies opportunity. ~ Albert Einstein



Only a life lived for others is a life worthwhile. ~ Albert Einstein

# Soirée Internacional



# Shaken Not Stirred



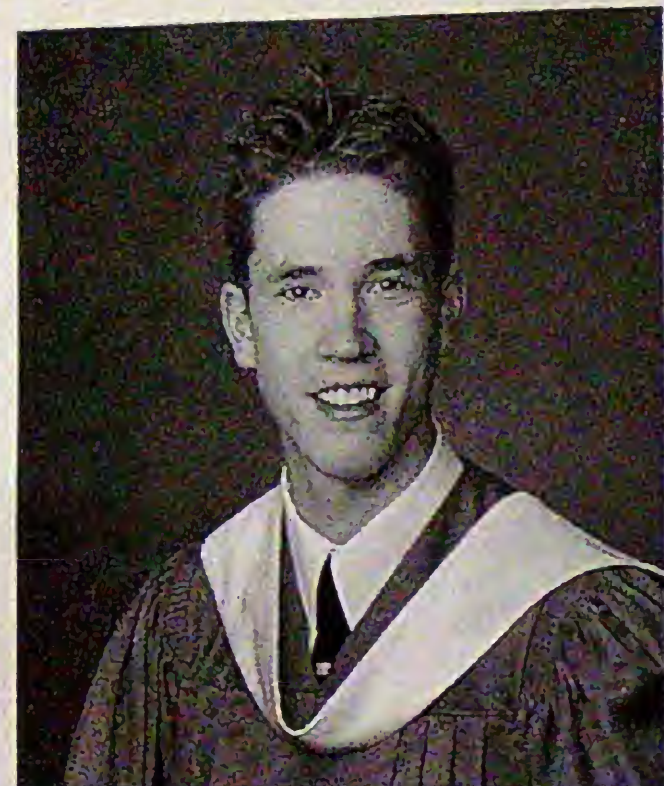
## Casino Night!



## Live and Silent Auction!



The only real mistake is the one from which one does not learn.



### Jeffrey Addison

**Favourite Quote:** I don't mind Europeans who score, but Europeans who don't score are completely useless because they don't do anything else. -- Don Cherry

**I will always remember:** The trips to Europe and China, the flea market, Oiler washing photos, go, CALM 30, NPC, outdoor ed, fake Rolexes, shortcuts, Taj Mahal, Petland and all that other random stuff at lunch

**Future plans:** I plan on winning the lottery someday. Until then I plan on working up doing all sorts of cool things and then going to sleep and repeating the cycle.

**You can remember me by:** The dirtiest car in the parking lot, arriving fashionably late for most classes, and being a huge hockey fan.

**Final word:** FLAMES in 6!

### Cameron Baum

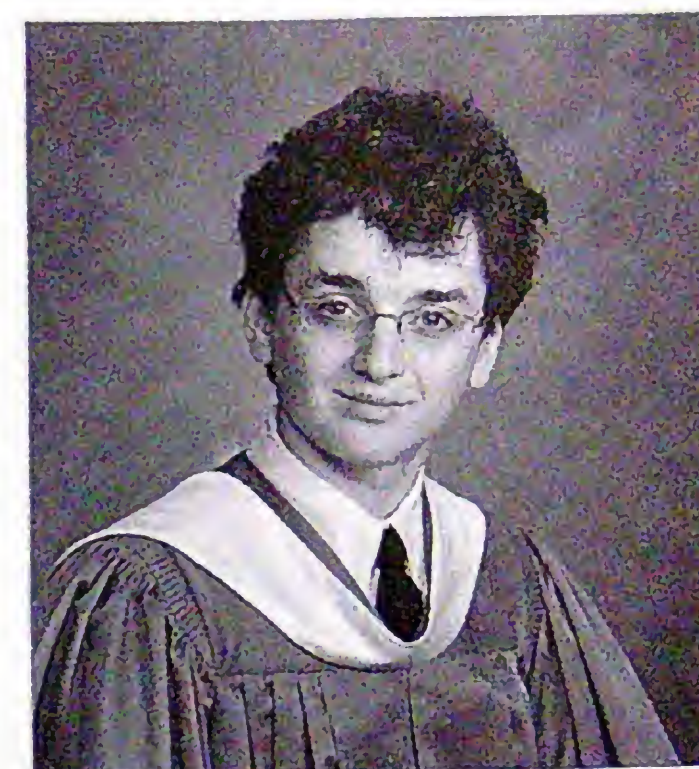
**Favourite Quote:** I'm a man.

**I will always remember:** Vietnamese subs and Indian food

**Future plans:** Save the rainforest.

**You can remember me by:** Whatever you want.

**Final word:** I am better than everyone.



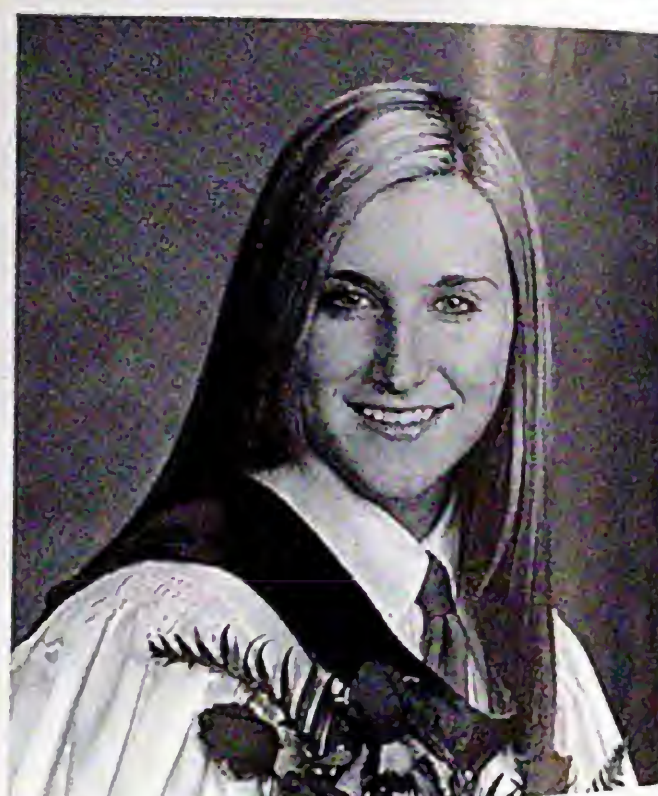
### Jennifer Allan

**I will always remember:**

Gr 7 get together, gr 8 outdoor ed- the bridge across the lake, gr 9 JAAM and AAAA, gr 11 our math 30 class and springbreak in Maui with Christy, gr 12 Spanish class, CS, JR, EQ gr 7, Julia falling off the chair, Christy kicking Bob up the ladder, Jen R falling on the brick, the lunchtime tie game, AC Wendy's, and BRAZIL which speaks for itself!

**Final word:**

Thank you to Jessica, despite everything, you showed me a new way to live my life- I wouldn't be here without you; to the friends I made 6 years ago that are still beside me today and to the ones I made along the way; to my parents and teachers that never gave up, and to my brothers and sister that gave nothing but relentless support since day 1. To our grad class of 2007, we CAN make a difference in the world, but for now, thank you and good luck!



### Julia Bowes

**Favourite Quote:** You're freaking me out, it's a sign. SEA. We love our bread, we love our butter, but most of all we love each other.

**I will always remember:** The D class, grade seven locker food fights, water fights, squeezers, grade 8 outdoor ed, tent, Peru, Big Ben, golden key talk, Europe, Phoenix, SEA, Holly's math classes, interesting convos (SF)

**Future plans:** I plan to become a Nuclear Biochemical Rocket Engineering, Neurological Brain Surgeon with a minor in economics (at least that's what Matt thinks I will become)

**You can remember me by:** Grade 7 and Sailer, that pretty much sums it up.

**Final word:** Thanks to all the teachers who have put up with me over the years and helped make WIC unforgettable. Sonia, thank you for everything. Dale Bennett, thanks for teaching me more than just physics (08.07.06). Mom and Dad, thanks for your continual support. Finally, to my amazing friends I have shared so many memories with, thanks. I love you all! To my fellow graduates good luck! 'It may be over, but it won't stop there.'



### Krista Allen

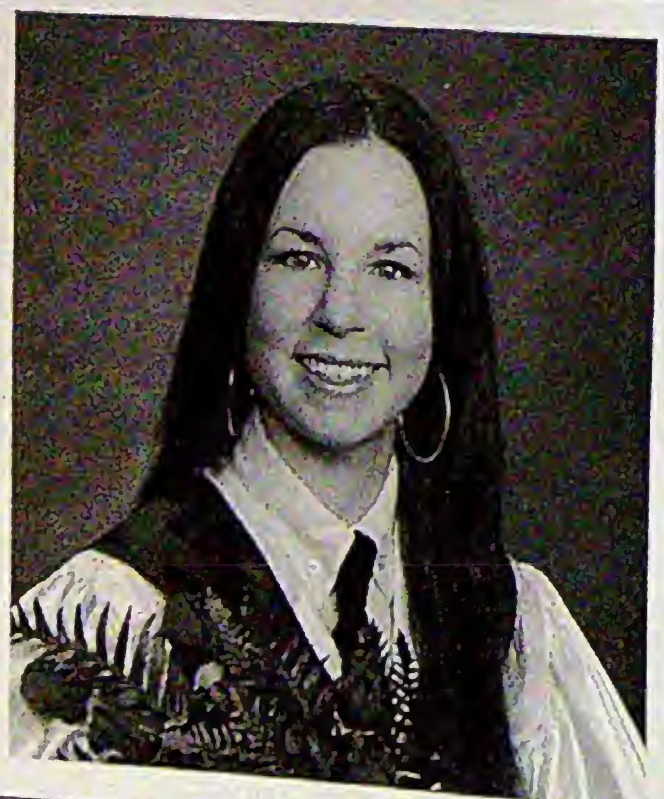
**Favourite Quote:** OH NO HE DIDNT! Your book isn't what's crooked, the world is crooked

**I will always remember:** My fabulous friends who have proved their worth 1000 times over. Trying to work, but being distracted by coffee. Constant trips to Starbucks. Times at IKEA and CPIC. JYSK and the kiddie chairs. Pear-flavored IKEA sparkling water. Grade 7 sleepover. Prefect-style Leadership retreat.

**Future plans:** Future plans, oh boy. I just want to be happy, plain and simple. Do as much as I can for others. I want to continue living life to its fullest, to appreciate every moment

**You can remember me by:** My paintings. Always smiling, even when I'm sad. My craziness (yes it's true).

**Final word:** I enjoyed these years, really. To my fellow WIC-ERS: Try not to get addicted to Starbucks. Attempt to be productive during spares. Appreciate your friends. Forgive. Love LIVE



### Sean Branch

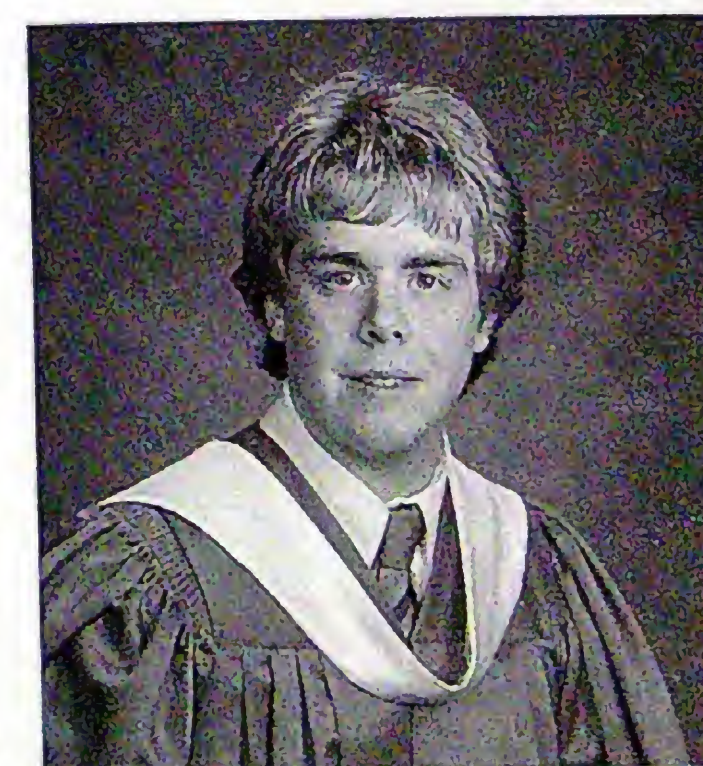
**Favorite Quote:** Do you actually mark any of our stuff, Mr. Rennie? -- Azra

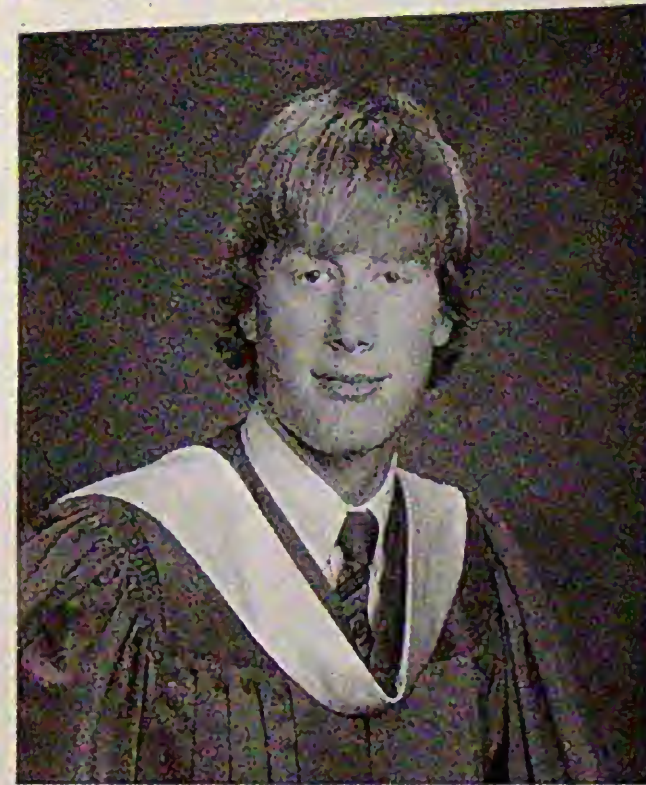
**Favorite memory of WIC:** Joining students council, best thing I ever did.

**Future plans:** UVic, ski bum, more hamburgers.

**You can remember me by:** I have dyscalculia

**In 10 years I will be:** Unemployed, serving a life sentence, ski bum





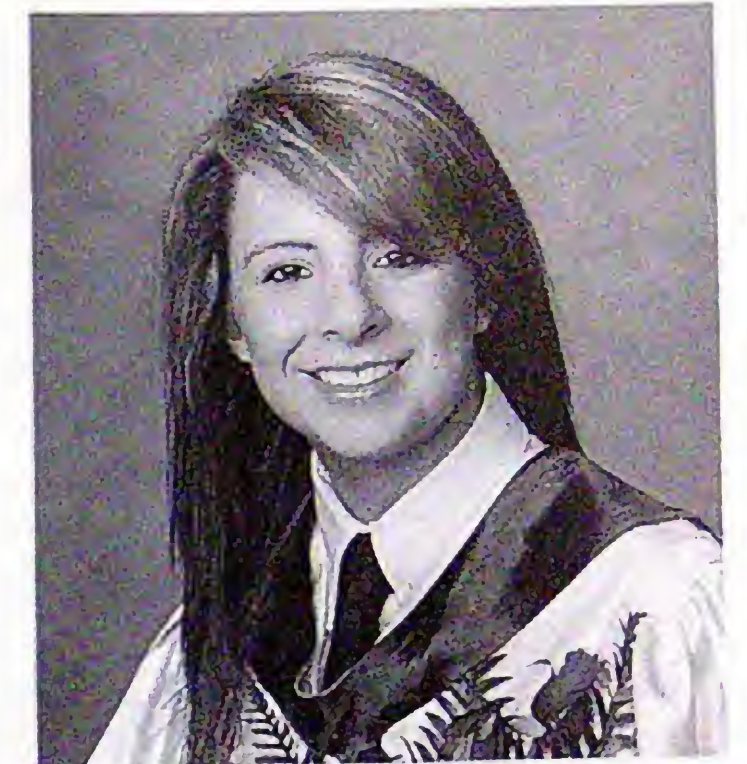
## Geoffrey Calvert

**Favourite Quote:** "Save the music, erase the evil, save the children, save the people, save the trees, nature's wealth, save the earth, save yourself."

**I will always remember:** China/Tibet 06; Susan, Mr. Bai, the Great Wall, Peking Opera, WHERE'S MY HALL, Potata, rickshaws, that crazy techno on the bus, the 35 day airport, karaoke, and the spa in Beijing, Shanghai was unreal. Ski trips: Fernie, Golden Invermere. Ski days, wax strips in Vancouver, grade 8 camping trip, FSU, Year weight dub with Mr. Dale Bennett, China with Mr. Scott Bennett, French class with Murray Marran, Economics 30.

**Final word:** Don't take high school too seriously. It doesn't last that long.

## Ashley Connolly



**I will always remember:** FANTASTIC FOUR!, CLASS AFLOAT (best experience of my life [love doing laundry]), outdoor ed (grade 8 camping, mountaineering, LARSON!), Europe travel studies, NUTS BARS, let it burn, the years of sports @ WIC, pop cars at Earl Grey, Christ Church, JAAM, ski day, the hours spent at the Smalik residence, grade 11 smart math, Pigeon Lake, the many trips to Phoenix- tops and bottoms ladies, camping trips- just let it happen, Kimaks gr 9, St. Paddy Day- love the painter suits, MEXICO SPRING BREAK!! There are too many great memories to list, but good times were had by all.

**Future plans:** I will be happily married to a handsome, wealthy man, cleaning dishes, doing the laundry, and helping the pool boy clean the pool.

**You can remember me by:** food, and the amount I eat.

**Final word:** Thanks to all the teachers for believing we could graduate/make it through high school. Thanks to my parents for their continued support (LOVE YOU), WIC has been a great experience, hope the fun continues even though I'm gone.

## Erika Carlsen

**Favourite Quote:**

The Standing on my elbow / with my finger in my ear / biting on a dandelion / and humming kind of queer / while I watched a yellow caterpillar / creeping up my waist / I leaned on a tree / and I said to me, / Why am I doing this? -- Shel Silverstein

**I will always remember:**

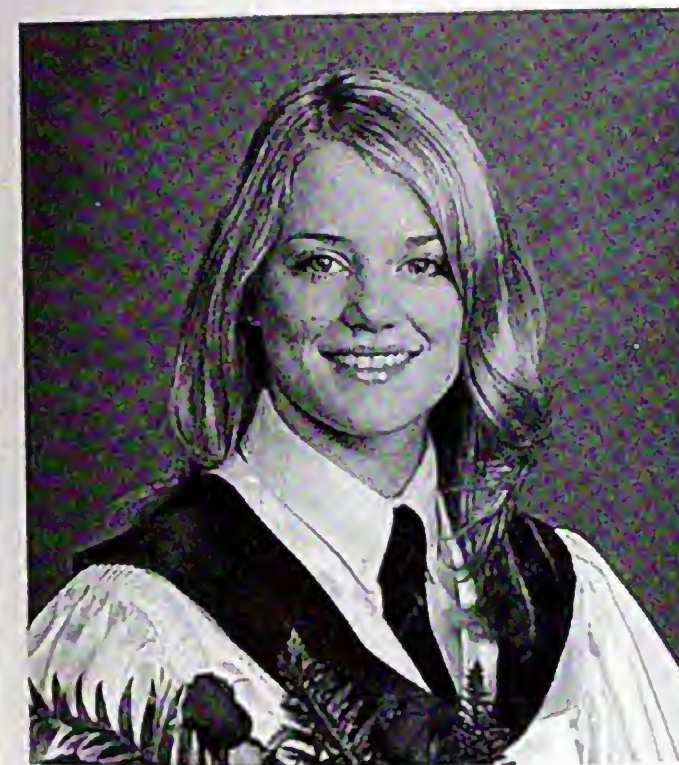
Catching a muskrat (JC, AZ), naringa (JK), sharing a sleeping bag (AZ), the rocket/UFO theory (JM), and good times at art camp (TT)

**Final word:**

Finally, I'm done!



## Alex Crookes



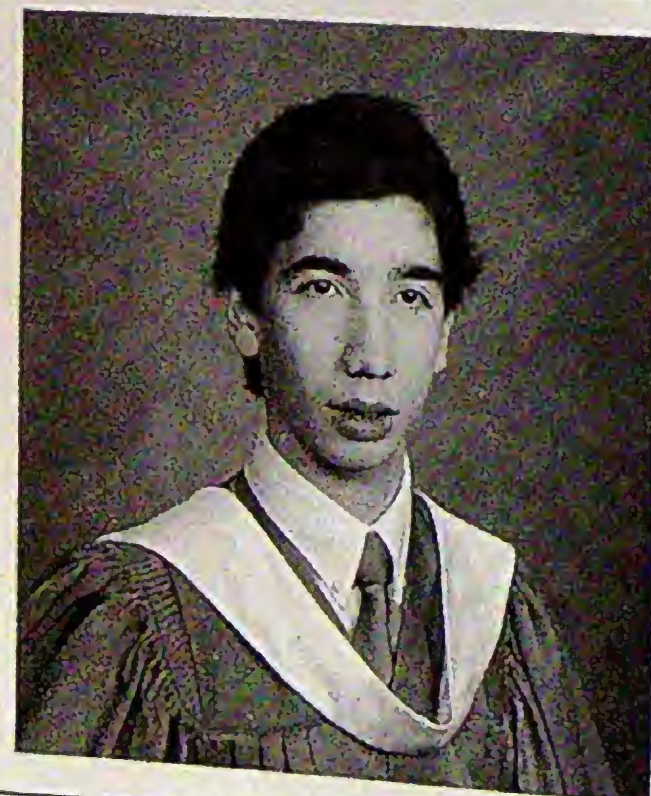
**Favorite Quote:** Live Love Laugh always / Philippians 4:13

**Favorite memory of WIC:** All the lovely people, lovely teachers, and math class. But honestly, math was sweet. And the Three Musketeers, that worked out well too. O and I loved being on student council. SCHOOL SPIRIT, Hannah/Megan/Lisa. And EVERYBODY. I remember reading other peoples' grad bios and always wondering when I'd finally write mine. Time goes by!!! I will actually miss my uniform. I think it's neat.

**Future plans:** To learn! and make a difference in peoples lives.

**Final word:** Thank you Mom and Dad and Angie and the MANY caring teachers for their support! I really appreciate all of you. I will miss this awesome school. I will forever cherish all the special moments.

## Robson Chow



**Favorite Quote:** Peter (narrating his life): I walked into the kitchen and sat down at the table. I looked with a grimace at the questionable meal Lois had placed in front of me. Of course I'd never tell her how disgusted I was with her cooking, but somehow I think she knew. Lois had always been full of energy and life, but lately I had begun to grow more aware of her aging. The bright, exuberant eyes that I had fallen in love with were now beginning to grow dull and listless with the long fatigue of a weary life. (Lois knocks Peter out) I woke several hours later in a daze. -- Peter Griffin

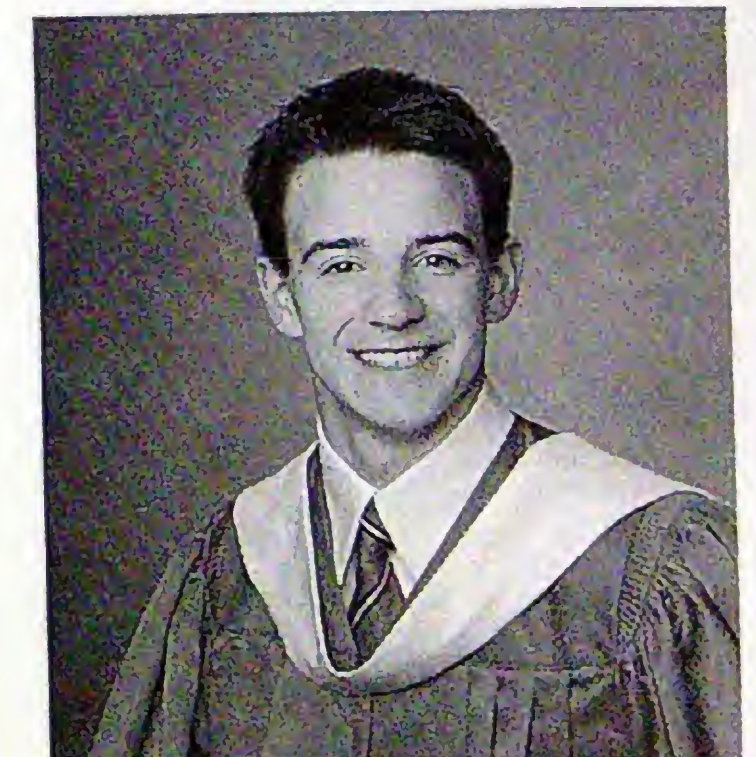
**I will always remember:** The friends that I have met, the grade 9 Europe trip, and the good times that I have experienced as a student at WIC.

**Future plans:** Going to Acadia University, meeting new friends, going to have the same great experience wherever I go that I had at WIC.

**You can remember me by:** My sense of humour and my incredible athletic ability.

**Final word:** I had a great experience in my time spent at WIC. I hope that all WIC students come to feel the same way about this school as I do.

## David Crossley



**Favorite Quote:** "I don't always know what I'm talking about, but I always know I'm right." "We are here for a good time, not a long time."

**I will always remember:** Brazil, Grade 7 sleepover, Outdoor Education, French class, Mr. Marran, my friends, Ms. Snowden's speech about keys in drama 9.

**Future plans:** Own my own doughnut shop that is better than Tim Horton's.

**You can remember me by:** My sense of humour.

**Final word:** I had fun at WIC. They were 6 long years but I had a good time. Thanks to all the teachers that didn't give up, and to Mr. Marran for putting up with me for 5 long years.



### Juline Curran

**Favorite Quote:** So be sure when you step, step with care and great tact and remember that life's a great balancing act. And will you succeed? Yes! You will, indeed! (98 and 3/4 percent guaranteed) -- Dr. Seuss

**I will always remember:** Junior High: French hallway, field hockey, and lights-out in the ch... a room  
Grade 10/11: Volleyball, some fun times at Erika Swanlund's, the Cs and Addis Ababa. G... de 12  
Mountaineering, my love for the wall, frozen ovaries. I hope my spine is ok, late night walk... scary  
movies (JM and ES), growing up with the CFSers, French class, Vietnam and Cambodia. J... ice  
cream and midnight walks, my store, ZING! TT: love for Opposites, love for McDs, inten... talks  
AZ: you're awesome cooking, Erika's cabin, Crotchminton, Volleyball. EC: Safeway, cabin... kting  
the MASSIVE hill, Ruggie. UK: Dance party in your car, texting, sushi, KM: Iron Chef, corp... ing  
Anderson Cooper, pie, and Ask me anything!

**Final word:** Since the beginning of grade 12, I have been eager to graduate. Now that it here  
I wish I had more time. I want to thank all the teachers that have helped me throughout m... out  
6 years for more of my life. It wouldn't be the same without you. To the grad class, I wan... wa...  
all to know that you have made my time at WIC the best years of my life. I will truly miss you  
ALL!

### Joe D'Angelo

**Favorite Quote:** You're freaking me out / It's a sign, Captain Greg. Where's my halls? -- Krista

**I will always remember:** SEA trip 2005, New Zealand/Samoa, China/Tibet, Brazil.

Ms. Snowden falling into the river on outdoor ed, and once again into a pool in Samoa

Getting into trouble countless times with Mr. Marran in French class, fun times in Calculus with

Ms. Hollinshead, and Dale Bennett; he was always there whenever you needed him most and

would go out of his way to help you. He gave most of us a reason to go to class everyday,

not just for physics, but to get to know him better. He was not just a teacher, he was a good

friend. [08.07.06]

**Future plans:** To finally one day be on the front page of a newspaper. Win the lottery so I can

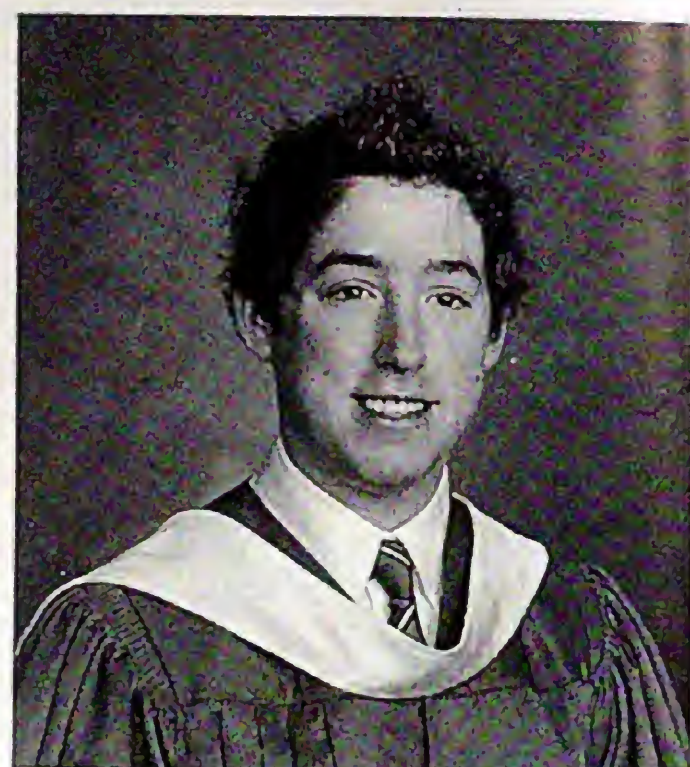
stay home and play video games all day long and never get fat. Marry Julia Bowes.

**You can remember me by:** Being the kid who Ms. Snowden managed to get mad at all the

time. Being Ms. Hollinshead's favourite math student, even if she denies it if you ask her.

**Final word:** My time at WIC has been quite the experience. I'll be able to look back at all my

time with the teachers, the friends, and the memories and know just how amazing it has all been.



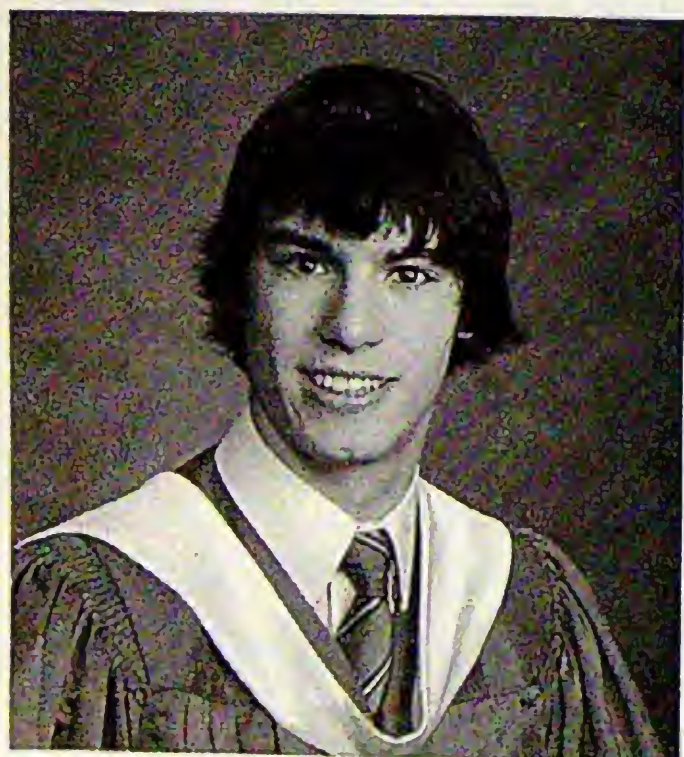
### Robert DeJong

**Favorite Quote:** "There is no such thing as an off-season" -- Robert DeJong

A friend will bail you out of jail, but a best friend will be sitting next to you saying that was awesome.

**I will always remember:** Wearing a kilt to assembly, Eytan hitting me in the face with a badminton  
racket and chipping my tooth five days after I got it fixed, biking into a metal bar on outdoor ed.  
Prep day, running around in my boxers and making snow angels at a basketball tournament and  
then getting locked out of my room, Europe, walking home from school, my trusty Chapstick holder,  
Mexico, what is 7x5?, Team Hardcore, Annalise, Montreal and Vancouver nationals, Whitehorse  
pirates' code, working for Bridge Brand at the Stampede, and Preston having to tie my tie since  
grade 7 because I still don't know how to do it myself.

**Final word:** I would like to thank all of the teachers I have had over the last six years. To all my  
friends, we have had some wicked good times together, man. It is hard to explain all of the stupid  
funny, painful, and just plain awesome memories. The only word that is close to describing it  
is...zigg. I'm out.



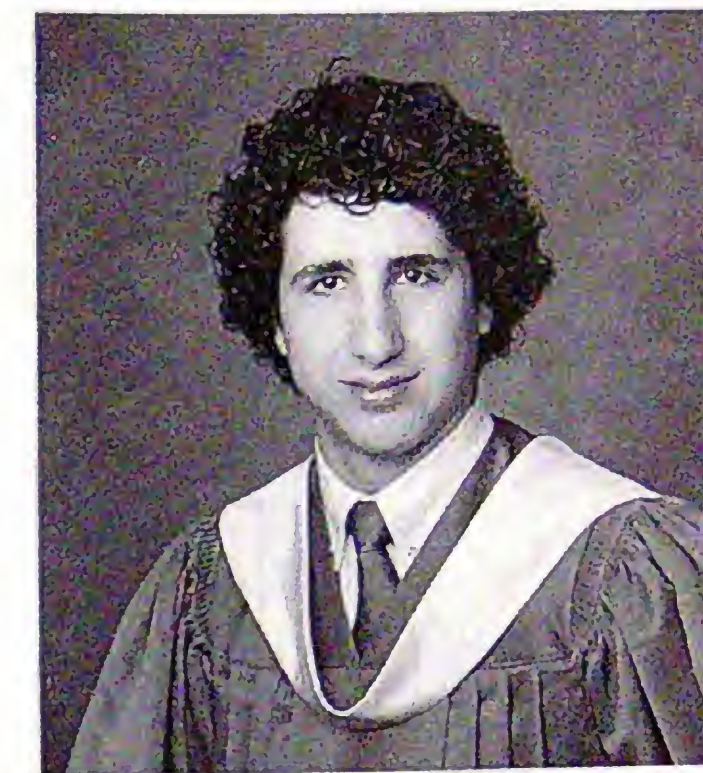
### Eytan Donsky

**Favorite Quote:** "Just because there's a goalie, doesn't mean you can't score"

**I will always remember:** The people, all of you had some sort of impact on me and for that I  
thank you. Economics 30, morning hugs, Sr. Boys Basketball, Vietnam and Cambodia, the Smolik  
residence, the fantastic seven, the Jew crew, Mr. Dale Bennett, and all of the teachers through  
the years.

**Future plans:** Graduate from university and settle down with a nice Jewish girl.

**Final word:** High school is the best years of your life. Don't waste them studying. Live your life.  
Have fun and remember, 25 cents is the way to go.



### Megan Douglas

**Favorite Quote:** "The only way to have a friend is to be one." -- Ralph Waldo Emerson

**Favorite memory of WIC:** The Europe trip (bus rides with Laural, the costumes for the plays, the  
awesome Christmas gifts, Vietnam and Cambodia, Laos and Thailand, the grade 7 sleepover,  
all the great times I spent with my friends.

**Future plans:** To go to university and get a business degree. After that, on to teaching or  
architecture.

**Final word:** Good luck to everyone!

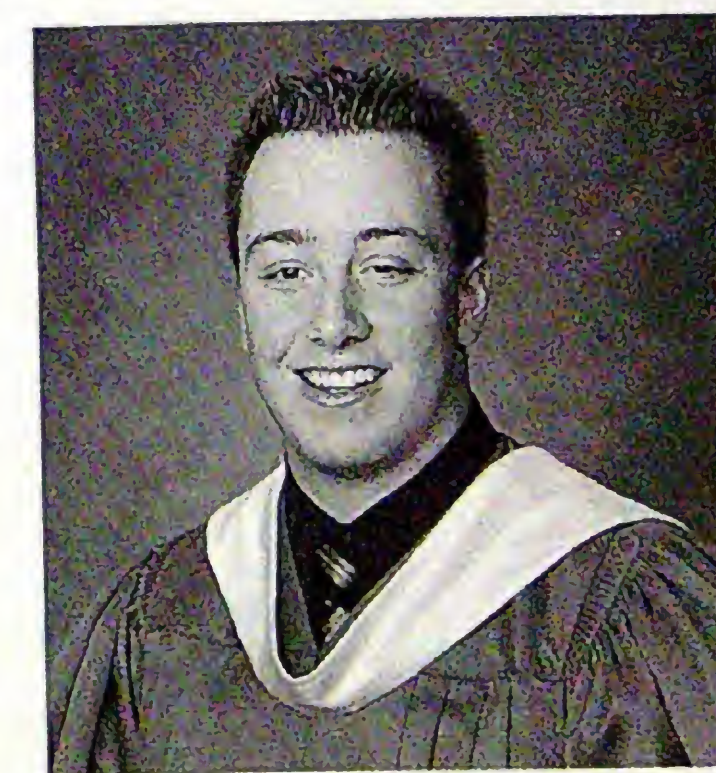


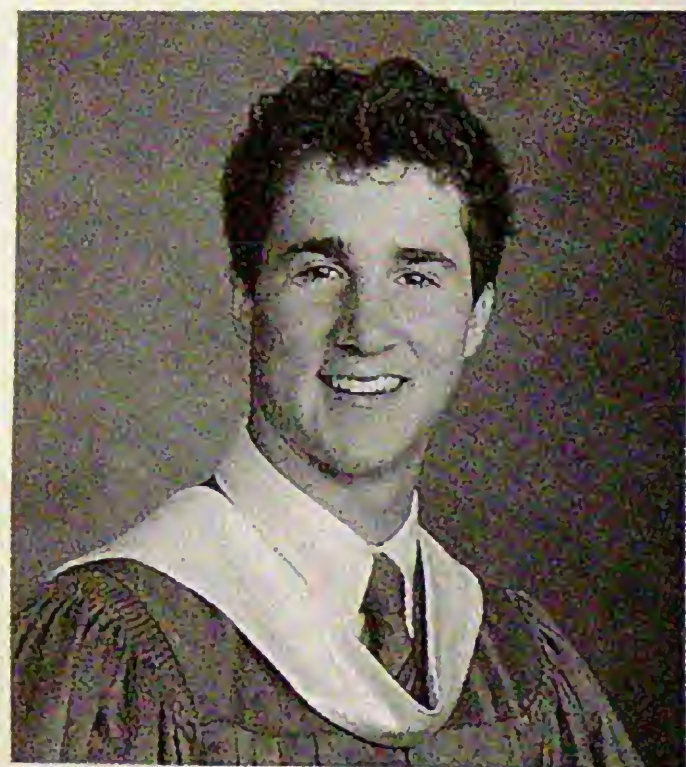
### Ian Drake

**I will always remember:** Hanging out with all my friends, sports teams, outdoor ed. Trips, travel  
studies or ski trips, outdoor ed. trips, travel studies, ski days, pumping iron. Mr. Dale Bennett (RIP),  
team hardcore, the crew, travel studies, spacecrafty.

I've got a thousand words to choose from, but still I will only choose those that represent my  
free will. I'll be one hundred and three, and you'll remember me as the infamous me, that was  
never a fricken tree. Mr. Bennett said it best, "if you want change, go do it. Get off your lazy  
behind, stand up and just move it." The world is a strange place and it only gets worse and we  
of generation X are stuck with this curse, natural selection, you need to adapt and to change.  
Take all these ideas, mix them up and then rearrange them so that they are compatible with the  
computer age. When the DVD is just another page in a history book, laying in a university. But  
after saying all of this, it finally occurs to me that we should all sit back and just listen to the  
birds. My name is Ian Drake, and these are my final words:

Thanks to my teachers, parents, friends, I couldn't have done it without you & you couldn't have  
done it without me! (Let's not kid ourselves). One last thing for Mr. Bennett and Mr. Grewal:  
The Flames ARE BETTER than the Oilers!





## Christian Eastham

### Favourite Quote:

"You think sudoku is hard? ..try killer sudoku" -guy on the chairlift  
"Just living the dream." -- Brian Smolik.  
2205. Forever.

### I will always remember:

Eating lunch alone, riding down the stairs on my CT, the pepsi dance, making the roughest Student Council boards ever, all the jokes which brought laughter, racing down the glacier and all my irreplaceable friends.

### You can remember me by:

I think the real question is how can't you remember me.

In my final word, I wanted to write something that would be forever embedded in your minds among the greatest things you've ever heard. But I couldn't think of anything. To all the teachers that have prepared us all for our first steps outside the WIC walls, thank you.

## Adil Fakirani

### Favourite Quote:

Try not to become a man of success but rather try to become a man of value. -- Albert Einstein

### I will always remember:

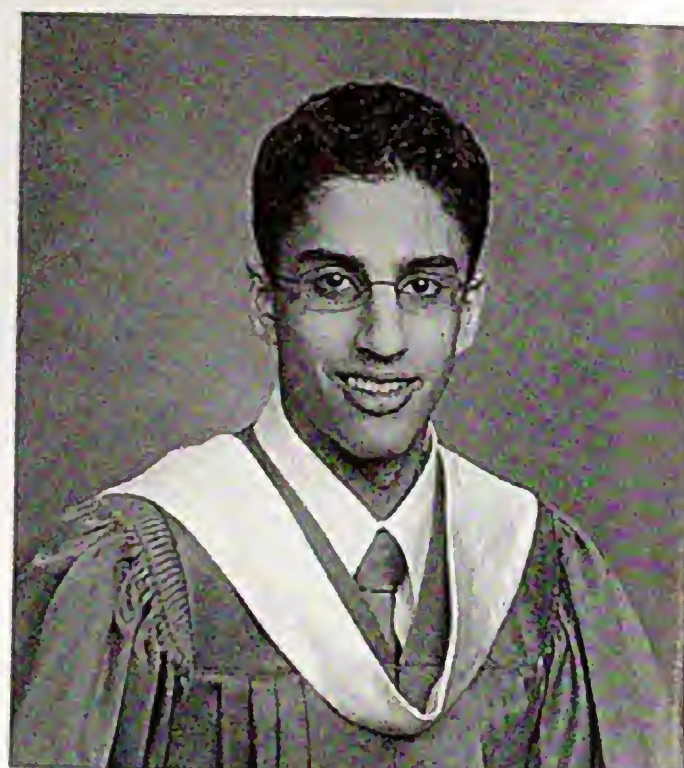
All the great times both in the classroom and out. All the friends I shared those times with.

### Future plans:

University, travel wherever fate takes me.

### Final word:

Thank you to my parents for their support and to my peers, teachers, and friends who made my experience at WIC a fun and memorable one.



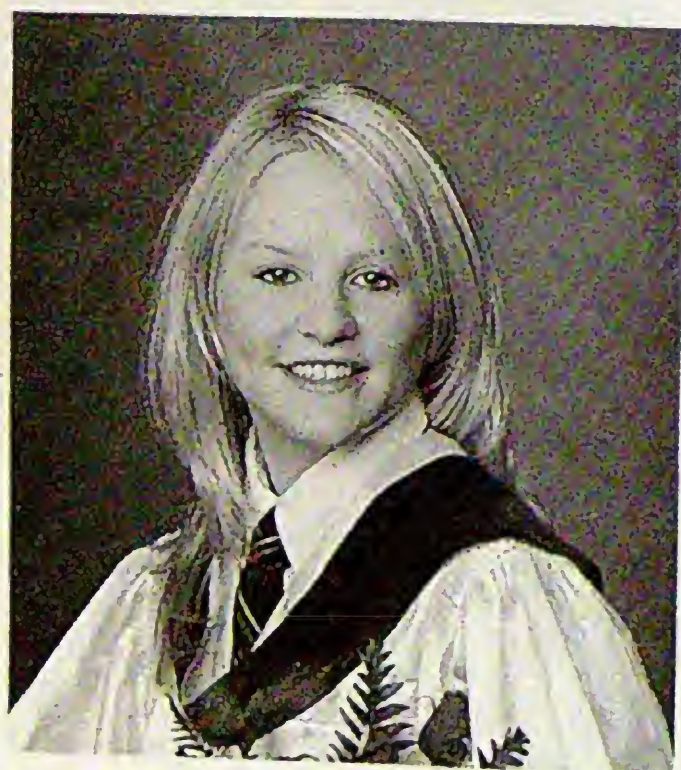
## Teri Fikowski

Favourite Quote: "Dance as though no one's watching you."

I will always remember: Travel studies, ski days, drama production, SCUBA diving, and outdoor ed., dance parties to JT, Earl's, "TEEFRII" Joe High school loser pid, SF, and the rest of the gang show times. I will always remember the amazing people I've met in the last three years. To my gals, I love you and I'm always here for you. To my boys, thank for all the laughs. To everyone, I may lose touch with in the future, I'm glad I've had you in my life now.

Future plans: I think I'll stick around Calgary for a little while, continue on to university and travel as much as I can. I'm not sure exactly what to pursue but if you don't know where you're going the road anywhere will take you there.

You can remember me by: Procrastinating to the max, looking to have a laugh and good times, apparently loving hockey players, and as Mr. Dale Bennett said, "a little blonde sitting there with that dumb cute look on your face." Funny, painful, and just plain awesome memories. The only word that can close to describing it is...ziggy. I'm out.



## Simon Hasan

### Favourite memory of WIC:

The grade 9 Hallway of death. The food fights between grade sevens and eights over the lockers. Asking girls out over e-mail only to become good friends. The grade nine trip to Europe. French class with Mr. Marran; always the best class. The many outdoor education trips (got sick on all of them). Being hit in the face with an apple.

### Future plans:

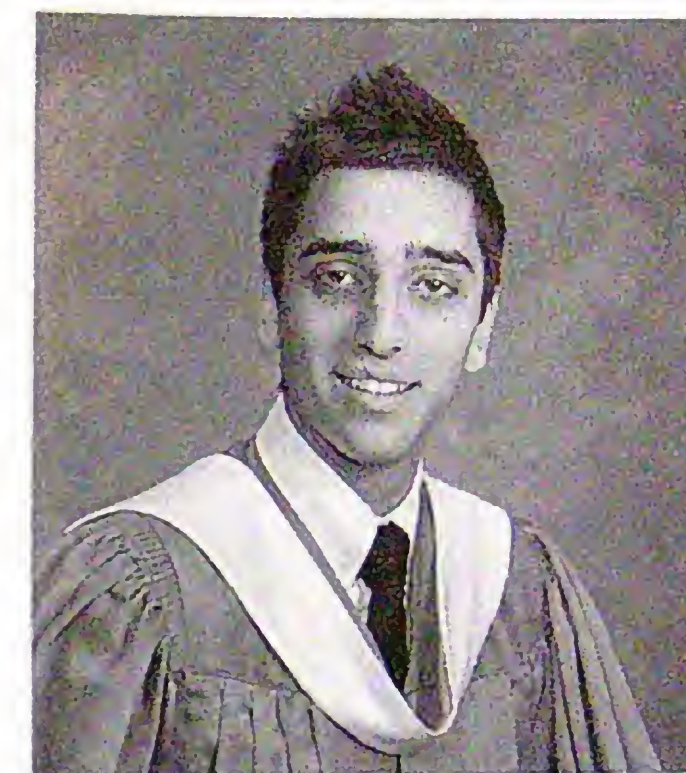
Whatever.

### You can remember me by:

Being the first and probably only male stage manager in the history of WIC.

### Final word:

Thanks to everyone who has been with me these six years.



## Aasim Hirji

### Favourite Quote:

If you're not first you're last.

### Favorite memory of WIC:

Beating the teachers at a floor hockey game. Buying Rolexes in China through mass bargaining.

### Future plans:

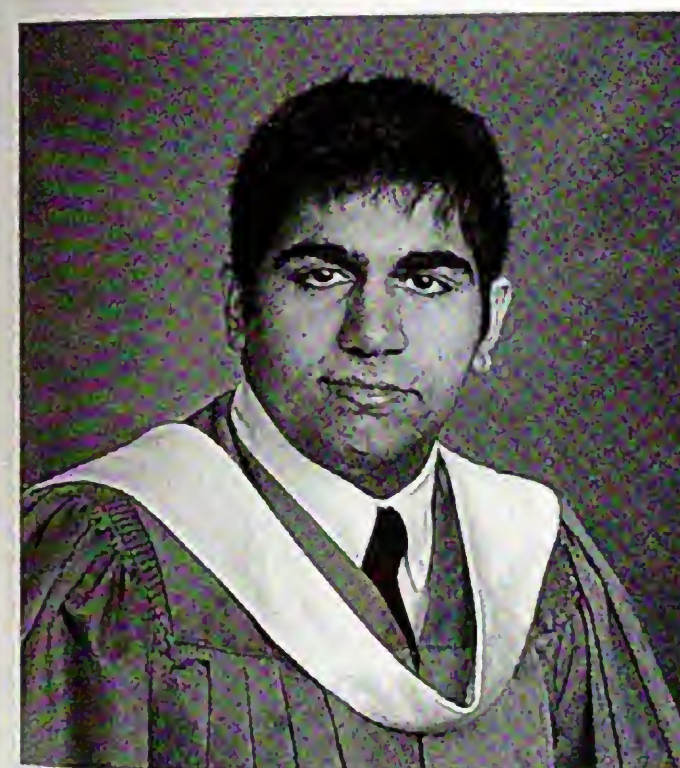
Something in business or computers.

### You can remember me by:

My loud voice and my Oilers bashing.

### Final word:

Go Flames!



## Daniel Hoyda

Favourite Quote: 40 oz to freedom -- Sublime

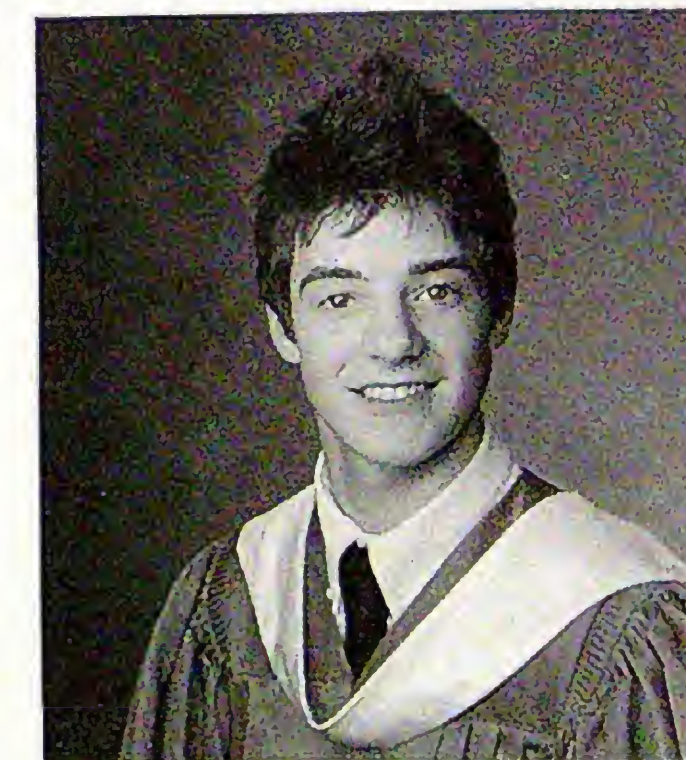
Favorite memory of WIC: When Sean asked Ian how his anger management was going

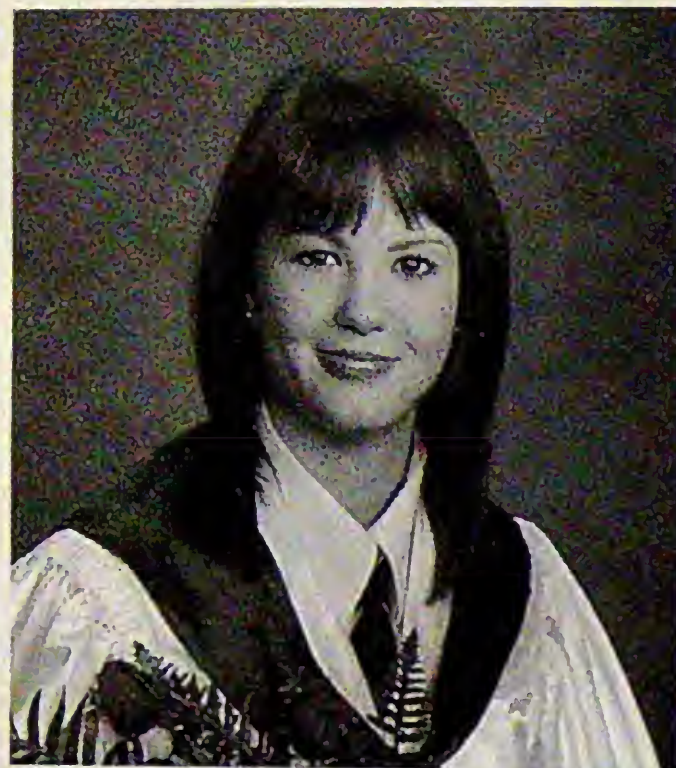
I will always remember: When I threw a snowball and accidentally hit Ms. Snowden

Future plans: To be an engineer

You can remember me by: Snakes on Hoyda

Final word: Good luck to all in University!





### Rachel Kleinschmidt

**Favourite Quote:** "I am a question to the world, not an answer to be heard, or a moment held in your arms" -- Johnny Rzezniak. "What's the officer, problem?" -- South Park. "Dance like no one is watching" -- Unknown.

**I will always remember:** The notorious water gun fight I had with Jason Scrivens, Mark Laws, Lauren Alston and Sara Aftergood one day at lunch. Jay may have won the battle, but we all know who won the war.

**Future Plans:** To better myself in all ways possible as no one is ever perfect or competent. In doing this I will not judge those around me, because who am I to say what they are and why, after all each dream of every being is unique. Oh yeah, and to smile!

**Final Word:** I would have to say if there is one thing I have learnt at WIC it's that every individual in this school is an amazing person which can always be discovered when one gets a chance to peel back the outer layers. I truly wish you all the best in life. Finally thank-you so much to those who believed in me, never gave up on me, and got me to where I am, especially to my papa, my mom, and my beautiful sister (luv you tasha-bean!).

### Samantha Lam



**Favourite Quote:** "Procrastinate now, don't put it off."

**I will always remember:** Random grass fights in the front yard, always being late for class. "No Christy, I will not say PF...". French hallway in junior high, Economics 30 and Scott smells. Rachel's falls, our super keen calculus class with Miss Holly, peek-a-pooohs, traffic light arguments, lang lui!, facebook haha, strikes and hiding from Miss Kerr in Chem AP classes, bubble tea and cuppy cake adventures afterschool, the old Asian lady with the squeaky balloon and oh so many other things XDD!!

**You can remember me by:** The innocent little Chinese school girl buahaha "o"

**Final Word:** But WHOA! 6 years are finally over. A big thanks to my parents, friends and the amazzinggg teachers here at WIC. You've made my experience a memorable one! :) To the graduating class: GOOD LUCK and BE HAPPY wherever life takes you!! "\_\_\_\_\_"

### Lindsay Kline

**Favourite Quote:** It's all good.

**I will always remember:** Travel Studies was always something I looked forward to and will never forget! Travel Studies to Peru, Vietnam and Cambodia, gr. 11 outdoor ed. bike trip, Mr. Rennie's western world history class, my whole grade 12 year with friends and teachers, my first day as prefect, Ski day, the art room and a billion other things I can't even think of.

**Future Plans:** I plan to go to university and have a blast, go to Vegas when I'm 21, travel the world, have a career, friends and family that I love then I'm pretty much set.

**You can remember me by:** Being the new grade 10 girl, my pink bunny suit at Halloween, the infamous birthday girl, being small, compact, funny and nice.

**Final Word:** A big thank you goes out to every single WIC teacher for all the help and support. I also wish all my friends and those I wish to have gotten to know better the best of luck wherever life takes you.



### Crystine Lancaster

**Favourite Quote:** When you are having fun doing something, it's not a waste of time.

**Favorite memory of WIC:** The ski trip in grade 10.

**Future plans:** I plan to travel the world and work somewhere that I need to draw.

**You can remember me by:** My drawings, and my religion, also my love for the Japanese culture.

**Final Word:** Sayonara!



### Rachelle Lam

**I will always remember:** Our well-spent French classes and when Mr. Gibson took off the side mirror of the WIC bus taking us to the train station.

**Future Plans:** To backpack across Europe.

**You can remember me by:** My 'unbalanced-ness'.

**In 10 years I will be:** Hopefully have a good job and be living in Europe somewhere.



### Russell Lazar

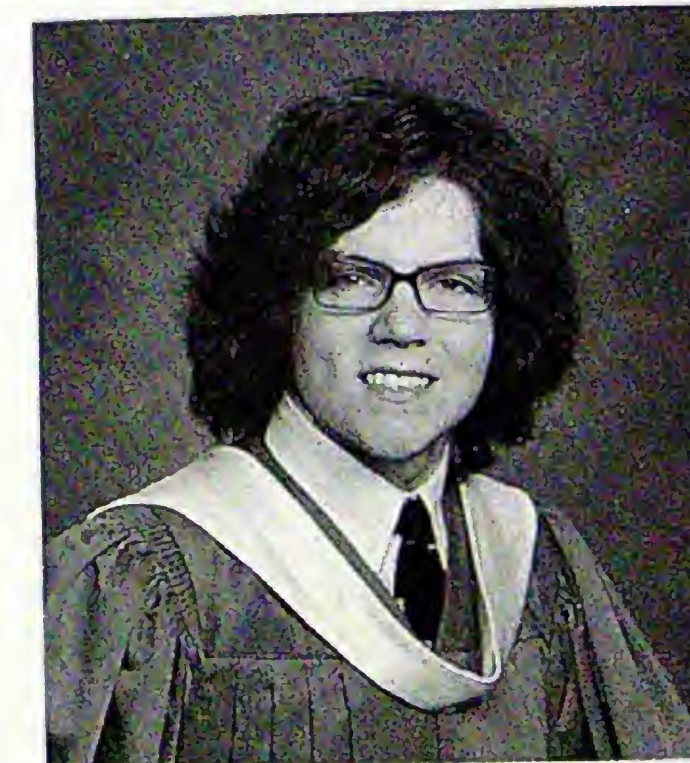
**Favourite Quote:** People often demand freedom of speech to compensate the freedom of thought that they often lack. -- Soren Kierkegaard

**I will always remember:** That one day Mr. Rennie went to get our report cards and didn't come back.

**Future plans:** History and politics and stuff mumble mumble. Doing stuff. Who knows?

**You can remember me by:** The iron fist of the Soviet Union!

**Final Word:** Word!







### Cara Lebenzon

**Favourite Quote:** Here's to the crazy ones. The misfits. The rebels. The trouble makers. The round pegs in the square holes. The ones who see things differently while some see them as the crazy ones. I see them as genius. Because people who are crazy enough to think they can change the world are the ones who do. -- Apple Computer ad

**I will always remember:** My three best friends. JT. Getting scolded by Mr. Smith, Mr. Bennett, Ms. Kerr and Mr. Liandzi. High school loser pd. Boy talks. Phone talks. Being one against the class. Mr. Bennett's social studies, in a heated debate about consumerism, capitalism, and jeans.

**Future plans:** Go to university to major in Poli-Sci or English. Law school. Travel. Doing something prestigious with my law degree. Bountiful in friends, shoes and passport stamps. With a Jewish boy. Happy.

**You can remember me by:** My loud obnoxious laugh. My outspoken tendencies and my ability to distort my face in unimaginable ways.

**Final word:** I began a journey at WIC. It went from uneasiness and lack of motivation to confidence and success. I owe this to my fave teachers (Mr. Bennett, Ms. Kerr, Ms. Snowden, Mr. McCaffery, Mr. Liandzi, and Mr. McCarthy), my loving family, and my memorable peers. Thank you to all my fellow wickers, good luck in the future. I hope you had a wild ride. Grad 07 baby! Yayyuh.

### Justin Logan

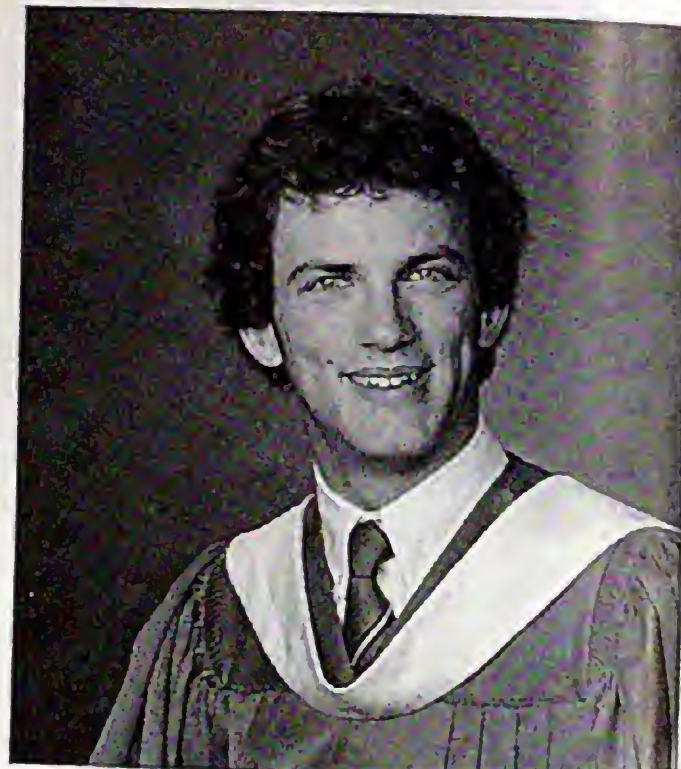
**Favourite Quote:** "Fill what is empty, empty what is full and scratch where it itches."

**I will always remember:** Bob and Brian's skirt skit (I still think one inch is definitely so hot and rebellious!), Houston, the Travelodge, the bible drawer, the hot tub, Terra Preta, Team Brazil, electrolytes, McDonalds in Canmore, not being snowed out on outdoor ed, The Three Musketeers, The Short Happy Madness of Julian Thaddeus Springer. And remember that time when that group of us went to Houston and then Brazil? HECK YES THAT WAS AWE-SOME! I doubt any other trip will ever be as cursed as that one. 3 day delay, a lost passport, 42 sick, lost money and about 10 cameras broken or lost. It was an adventure that I would do over again in a heart beat.

**Future plans:** I'll be heading off to university to get my undergraduate degree in Mech Eng and then most likely after that I'll go back for my MBA.

**You can remember me by:** All the pictures I've taken. There must be close to 4000. And also all that music that was played at lunch that most people never really could hear.

**Final word:** But enough about me now. GOOD LUCK TO ALL! I'm glad I come to WIC in grade 11, everyone is just awesome here. Thank you for everything and all the rad-tastic awesomeness. As we all go our separate ways I think we best all remember to not sweat the petty but to pet the sweaty.



### Kelsey Loudon

**Favourite Quote:** "Be content with what you have, rejoice in the way things are. When you realize there is nothing lacking, the whole world belongs to you." -- Lao Tzu

**I will always remember:** The day I realized I missed my uniform. While on class afloat, I brought my school shoes for any formal occasions, and one day they caught my eye and actually missed wearing my kilt! Everything from spirit days in junior high, outdoor ed trips, travel studies, having a solo in 'The Little Shop of Horrors' production, and many well-deserved coffee runs!

**In 10 years I will be:** Living life to the fullest!

**Final word:** Thanks to everyone who has made these last six years awesome! Love you all!



### Kiera MacDonald

**Favourite Quote:** "Live with meaning", "Carpe diem" -- my tattoos

**I will always remember:** Friends and trips

**Future plans:** Travel. Live well. Always learn. Appreciate the small things.

**You can remember me by:** Being relaxed, usually. The piercings and the tattoos.

**In 10 years I will be:** Doing my own thing

**Final word:** Do what you gotta do to get by



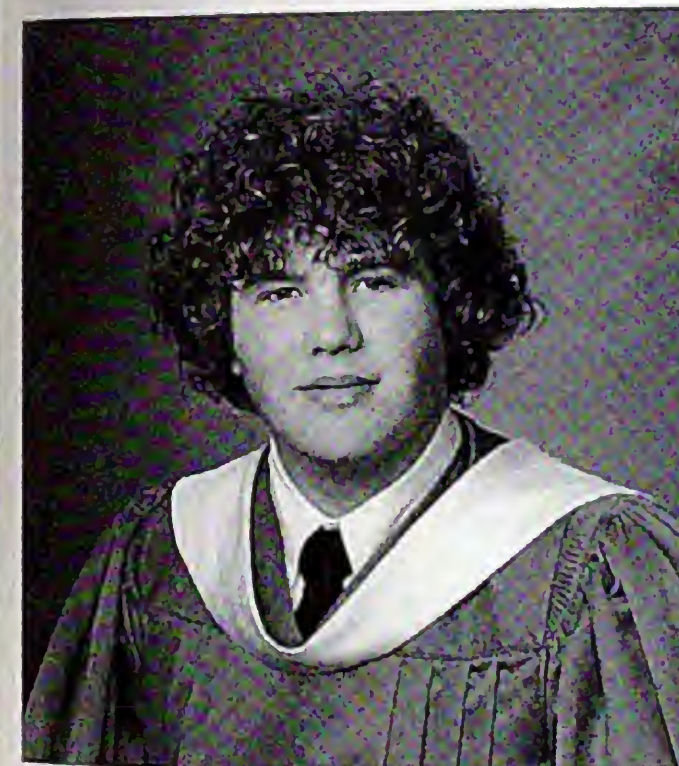
### Preston MacFarlane

**Favourite Quote:** The names James Bond, James Bond, Ali G. Who threw it. -- Ms. Chow

**I will always remember:** When Mr. Bennett told us the story about when he was working at the hospital and crashing the laundry cart, breaking his ribs, and not telling anyone for fear of losing his job.

**Future plans:** Borrowing the 6 foot ceramic chicken from Chicken On The Way.

**Final word:** Army helmets will always prevail



### Azra Manji

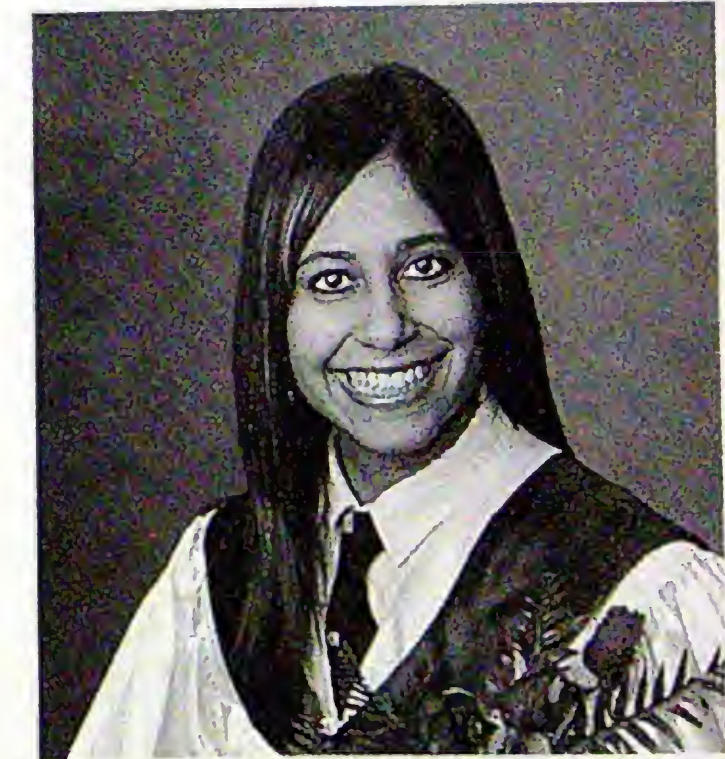
**Favourite Quote:** "The tragedy of life is not that it ends so soon, but that we wait so long to begin it."

**I will always remember:** Travel Studies, the trips to Starbucks, hours in Future shop, speech tournaments (with the hours of practicing and coaching), CAWST, and of course all the friends who share my memories.

**Future plans:** Go to university, pursue a degree in International Relations (thanks Mr. McCaffery), and hopefully have a career in broadcasting or human rights law.

**You can remember me by:** Speech tournaments; always trying to get judges or competitors to please, please give it a try.

**Final word:** Follow your dreams, nothing is insignificant if it means something to YOU. Never let anyone tell you that you aren't good enough.





### Austyn Matheson

**Favourite Quote:** "Don't worry about the world ending today, it's already tomorrow in China."  
**I will always remember:** Squeezers club and staying up all night, going to Europe in grade 9 (parachutes, cakes, bread, and French boys), going to Earls and observing the staff, singing to Usher and J.T., conversations that always turned interesting, social spares, going on Class Afloat with all my WICers, thinking we owned the school in grade seven, the water fights, grade 8 lockers messes, intramurals-bump lol, cooler people, sports teams and sleepovers before tournaments (and being so tired), WIC gossip, physics and math class, facebook lol, laughing so hard I can't breathe.

**Future plans:** Going to Queens and being in a huge guy to girl ratio class. I plan on being an engineer and building something cool like a robot.

**You can remember me by:** The time I crashed into the WIC sign, running for three leadership positions and losing them all, organizing the super good party.

**Final word:** I'm so glad I got to know so many of you pretty well. It was an interesting journey. Hopefully, we see each other again!

### John McDougall

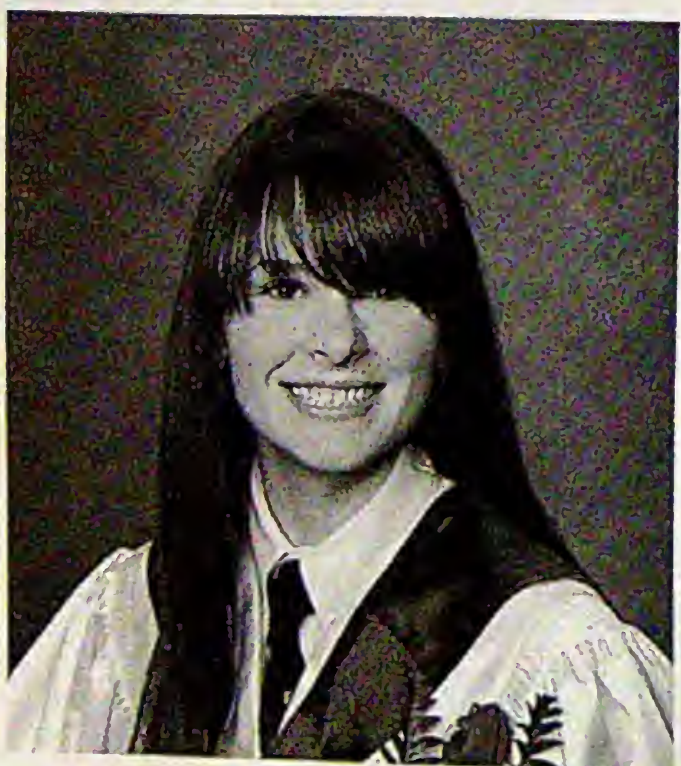
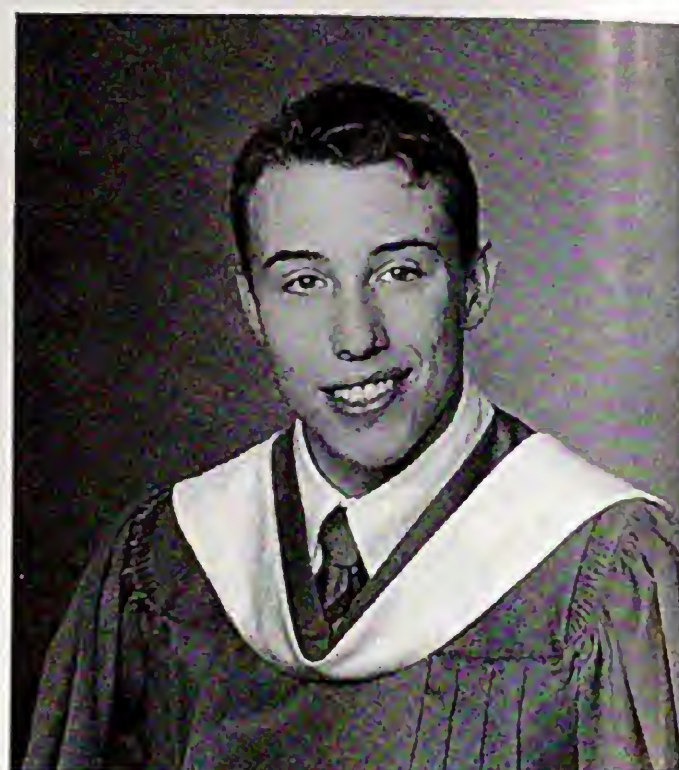
**Favourite Quote:**  
"You can't tell me what to do." -- Sean Branch

**I will always remember:**  
The people and the ski days.

**Future plans:**  
Go to UVic and become a ski bum.

**You can remember me by:**  
The dream catcher!

**Final word:**  
Have a good time at University!



### Jacquie McNulty

**I will always remember:** Learning about diapedesis with Mr. Smith, math with Mr. Poitras, taking French with Mr. Marran since eighth grade. Teresa and I also had some good times experimenting with centripetal force in physics class with Mr. D. Bennett. Going to the Rocky Horror Picture Show with AZ and EC. INDIA/BHUTAN! JC's cabin. Midnight ice cream wows with JC. Always sleeping at JC's after a good night. Dance parties in LK's car. Dance offs. Field hockey. Going to shows with AZ and KL. Making situations awkward with JC. Making music videos with TT and JC. Guitar fests and bonfires. Laughing all the time with JC, TT and AZ. All the amazing times we've shared and the feeling of being infinite with your best friends.

**Future plans:** To study music at university and see what happens.

**Final word:** Thank you to all the amazing teachers who were patient enough to actually teach me something and for putting up with my excessive talking. Thank you to my brother, for always being there. Thank you to Juline, Teresa, and Andrea. Your love has meant the world to me and without you, growing up wouldn't have been the amazing adventure it has been. Class of 2007, you have become my family and the friendships made here have truly impacted me. I wish you all the best and I sincerely hope that our paths will cross again!

### Lauren Mendis

**Favourite Quote:** "Strive not to be a success, but rather to be of value!" -- Alberta Einstein

**Favourite memory of WIC:** One of my favourite memories of WIC is hiding from Ms. Kerr in the chemical closet and rap laps with Hannah.

**I will always remember:** My trip to Vietnam and Cambodia: so much fun and so many memories! I'll always remember my friends from WIC. We had some really good times together!

**Future plans:** In the future, I hope to be doing some kind of work in international affairs or international law.

**Final word:** Good luck to everyone in the future. I'll miss all of you next year, but I had so much fun in High School!



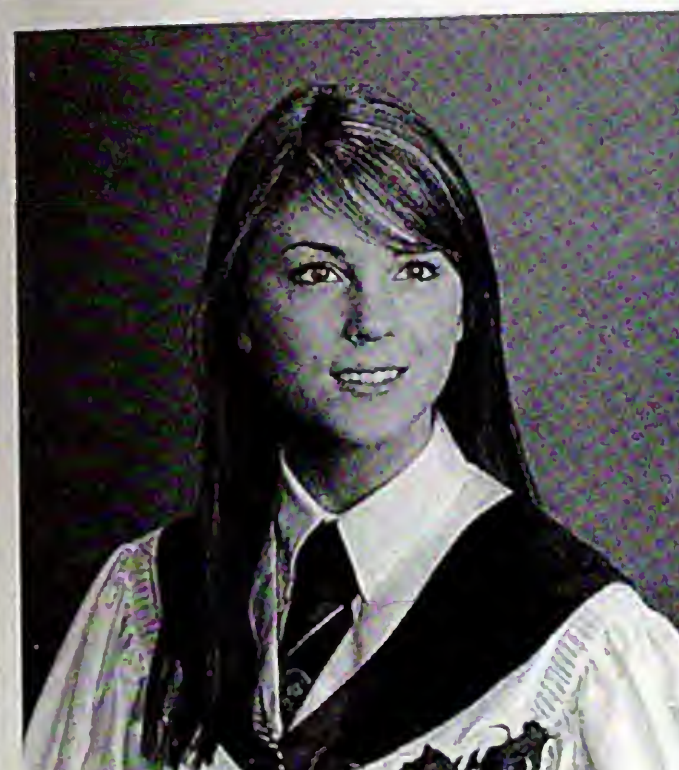
### Katie Miller

**Favourite Quote:** "I have never let my schooling interfere with my education." -- Mark Twain

**I will always remember:** My time spent in Vietnam and Cambodia. Thanks to all those who made this such a memorable trip! And thank you to the Blue Pumpkin café for keeping me well-fed in Cambodia (best chocolate tarts ever!).

**Final word:** To my teachers, thank you for EVERYTHING...what you have taught me reaches far beyond the classroom. To the floaties, I love you guys and will never forget our time at sea. To my fellow students, congratulations and good luck in the future!

Lastly, I'd like to thank my family and friends who have been there for me throughout the past six years! Allie, thanks for always making me laugh.



### Ryan Motyer

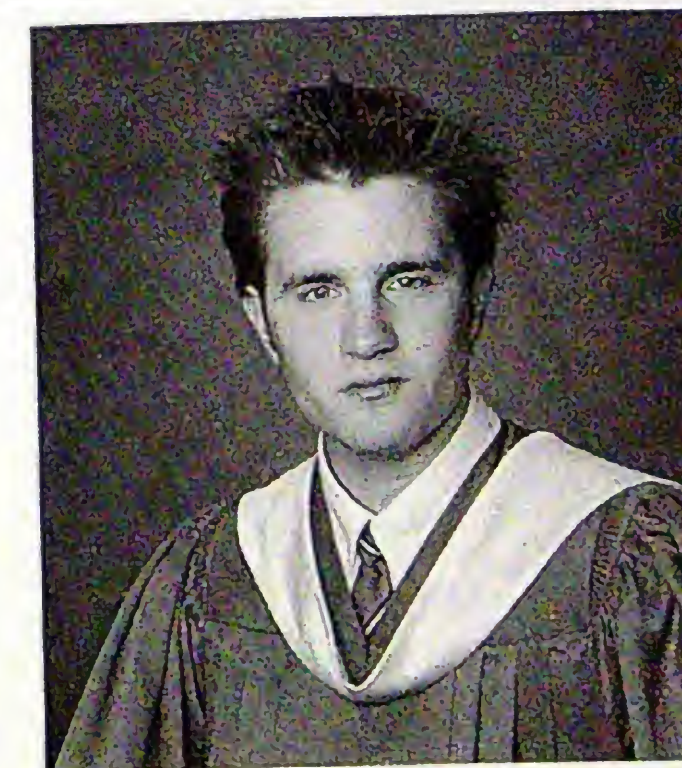
**Favourite Quote:** "You're the fighter, you've got the fire, the spirit of a warrior, the champion's heart. You fight for your life, because a fighter never quits, you make the most of hands you're dealt because a quitter never wins." -- Dredgick Murphys

**I will always remember:** Playing at all the Java And Jazz shows since grade 8, being able to play in front of people year after year. I will also always remember Dale Bennett. I miss ya, big guy.

**Future plans:** I plan to go to U of C and get my BSc, then I plan to do oil and gas research. I also plan to tour the world with a band.

**You can remember me by:** All the crazy loud music coming out of my headphones. I am truly sorry to anyone in the area of these loud noises.

**Final word:** From grade 7 to grade 12, it has actually gone by too fast for me to comprehend. Yes, I, Ryan Motyer, am going to graduate. Thank you WIC, thank you to all my teachers who put up with me through the years (I know it was hard) and thank you to everyone else who helped me along the way. I will never forget you all. I hope to see you again in the not so distant future.





### Krista Mundry

**Favourite Quote:** "They say that time changes things, but you actually have to change them yourself." -Andy Warhol

**I will always remember:** China/Tibet! (Where are my halls?, Potata, Banana Flambé and Mr. Bail, Chem. 30 with Mrs Kerr (Madreamy and electrons and their accents), Mr. Benne and always picking on me in class. Ski days, SCUBA diving, Fuchsia Flyer and the framob score naps, drive-thrus and Brazil 2007. All the amazing friends I have met in my 3 years at WIC! Especially my 3 girls, thanks for always being there, I love you guys. From our endless arb. meals, dancing to J.T., wild driving voyages, our wonderful vocal skills, late night cheese and crackers, and SF! These memories will last me a lifetime.

**You can remember me by:** My white chocolate tendencies and my amazing ability to be everything.

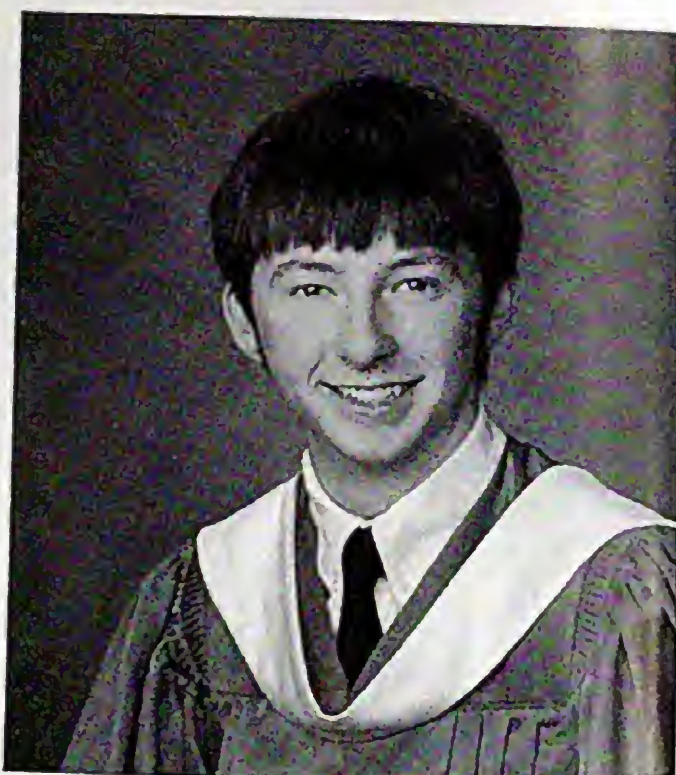
**Final word:** To my family for always being there for me, to my amazing teachers who have opened my eyes, to my incredible friends who have made high school such a memorable experience, I thank you. Good luck to everyone, I hope you accomplish everything you dream of!

### Alex Nicholas

**Favorite Quote:**  
"Life moves pretty fast, if you don't stop and look around once in a while you could miss it."  
Ferris Bueller

**I will always remember:**  
Doodling in social class, the legendary Europe trip, and our attempts to have French class at Tim Hortons.

**Future plans:**  
Enjoy a nice salad.

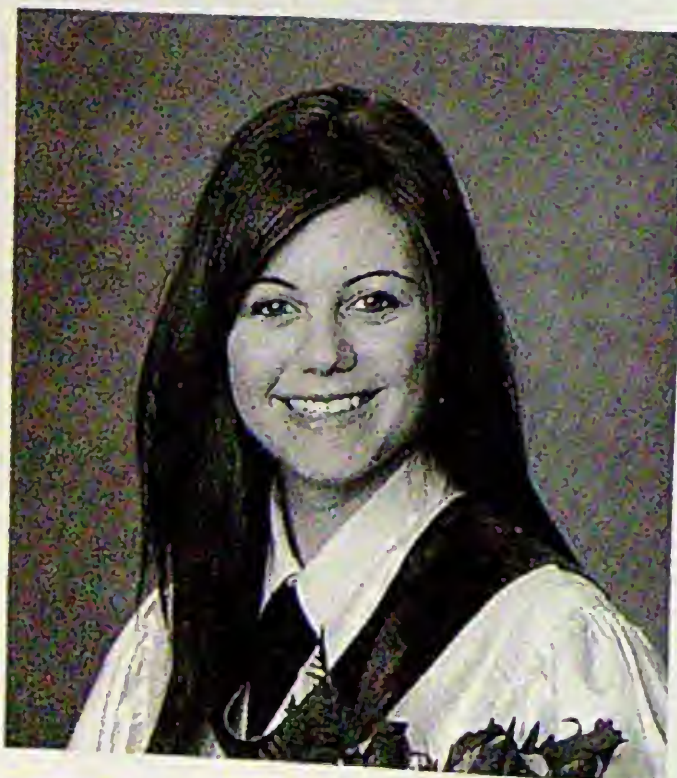


### Alex Norris

**Favourite Quote:**  
Why are we wet?, Hello, sketchy!, In Mexico things fall off.

**I will always remember:**  
Peru, Larry, Lima, and Larco, mountaineering, Ashley's snoring, jiffy pop, snow cones, lunch boxes, Cranium, Lost, tobogganing, fantastic 4, adventures, stick bug push-ups, Mexico 2007, 9th bar, may long camping, missions, walking along 9th avenue, laser tag, Gerri's Gelati, dancing/singing in the hallway, and all the other random times!

**Final word:**  
Arrivederci!



### Alex Parker

**I will always remember:**  
My unbelievably supportive friends!

**Future plans:**  
Take a year off to pursue a ski racing career and eventually go to university to become a sports psychologist.

**You can remember me by:**  
You won't because I was hardly ever there.

**In 10 years I will be:**  
A sports psychologist catering to women on the LPGA.



### Brenna Perera

**Favourite quote:** "He who saves one life, saves the world entire. If you can't take the heat, don't tickle the dragon."

**I will always remember:** Vietnam and Cambodia 2007 and all the good times we had there. Thursday double independent, vegan cupcakes, passing math 30, folded notes, eventful AP classes, in-town ski-days, and all the good friends who I experienced it all with.

**Future plans:** Live an amazing life and always enjoy what I am doing. I will hopefully do something in Journalism, human rights, or one of many social sciences. I plan to travel the world while making a difference.

**You can remember me by:** My Halloween costumes, my inability to sit still, and Rabbi Herschel.

**Final word:** If someone says you can't do something do it and prove them wrong. Only you can limit what you can do. Thank you to all my teachers who helped me out and got me to where I am. Thanks to my family also.



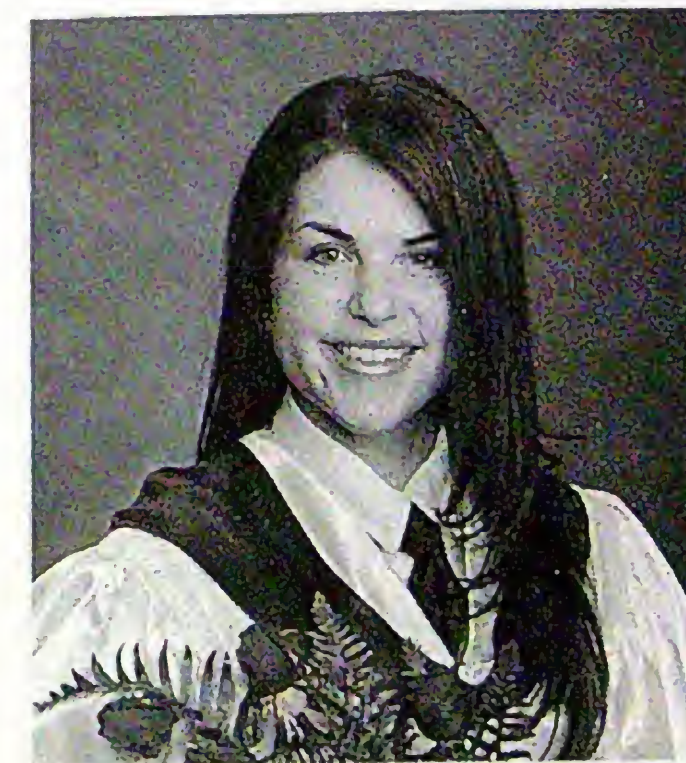
### Hannah Jane Pigot

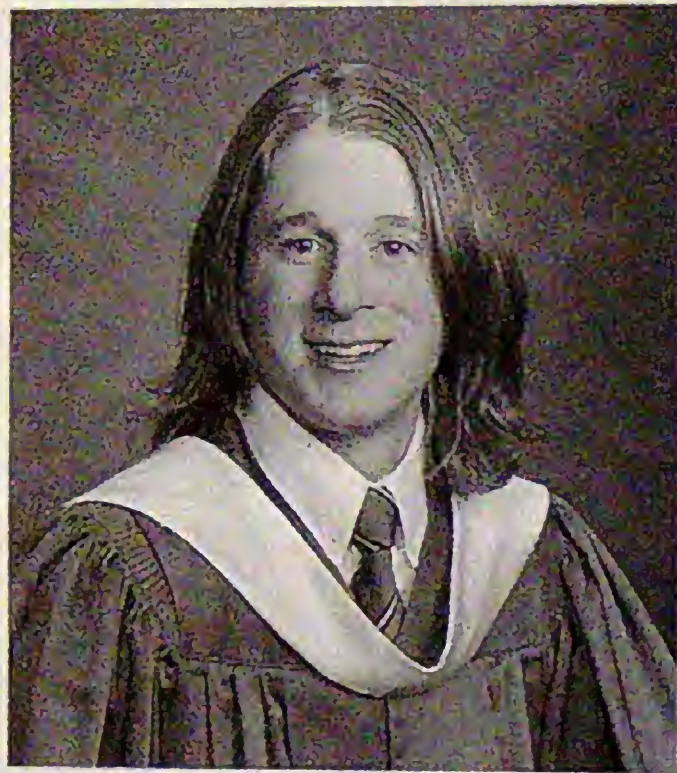
**I will always remember:**  
My friends, Africa, Class Afloat, all the coffee runs to Starbucks, the rap laps with Lauren and all the silly things I've done that have made me laugh!

**Future plans:**  
To become a pediatrician. Who am I kidding I just wanna be that soccer mom, with the nice house and happy kids. How corny am I !?!?!?

**You can remember me by:**  
I'm the one thats smiling and laughing about the latest silly thing I managed to do.

**Final word:**  
Make the most of what you got.





## Sherwood Plant

### Favourite quote:

"I may disagree with what you say, but I will defend to the death your right to say it." -- Voltaire

### I will always remember:

Hitting a car biking to school and all the support I received after that little incident.

### Future plans:

Make North American semi-pro for cycling. That is, of course, after I become a mechanical engineer.

### You can remember me by:

Shave-your-head, long hair, and bikes.

### Final word:

Exclamation mark.

## Alexandra Rowan



### Favourite Quote:

"May the children of tomorrow be shocked of war, as the ones of today are shocked by slavery."

### Future plans:

I will hopefully be a successful social worker, make a difference in the world and enjoy life to the fullest.

### You can remember me by:

My eccentric enthusiasm for animal rights, baked goods and Buddhist philosophy.

### Final word:

Thanks to my friends, my mum, dudes, Caroline, fellow floaties, my favourite teachers and Sonia for the lovely memories. Gbye!

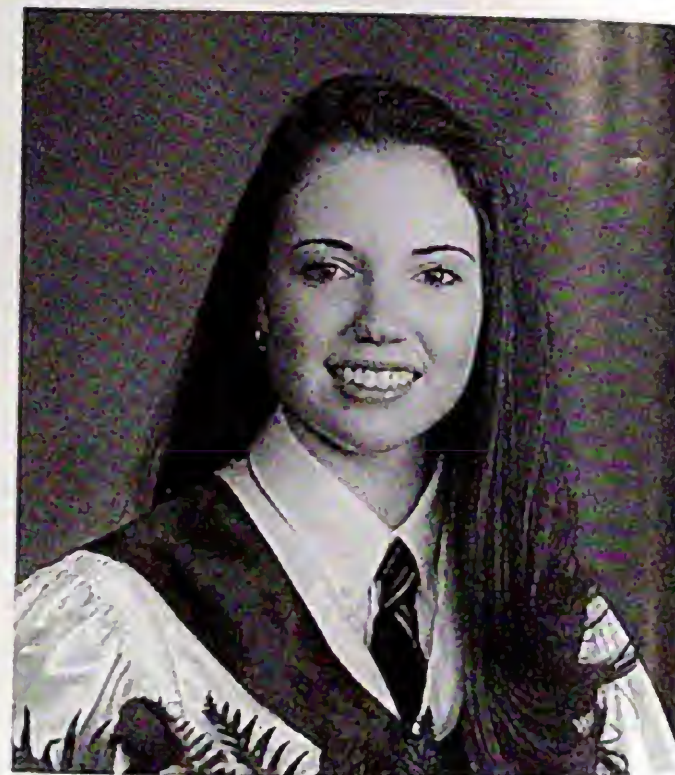
## Jessica Pow

**Favourite quote:** "Life isn't about waiting for the storm to pass, it's about learning to dance in the rain." -- Unknown

**I will always remember:** So many memories have been created over the past 6 years @ WIC and I will cherish them forever; however, my favourite memories are the ones that were formed during productions: "Little Shop of Horrors" and "The Short Happy Madness of Julian Thaddeus Springer", during travel studies to Tanzania, and during the SEA Leadership Sailing trip.

**Future plans:** Following in the footsteps of my extremely medical family I plan on hopefully becoming a doctor more specifically a pediatrician since I've always wanted to work with kids. You can never have enough Dr. Pows!

**Final word:** The past 6 years @ WIC have been some of the most memorable years of my life. To the teachers, thank you for your continual guidance and encouragement. To Mom, Dad, and Kristen words can't even describe my gratitude. Thank you for your unconditional love and support. And to my fellow grade 12s, congratulations! I wish you all much joy and happiness and will miss you. Thanks for the memories.



## Jennifer Roycroft

**Favourite Quote:** "Sometimes the hardest thing and the right thing are the same." -- The Fray

**I will always remember:** Travel studies in Europe and Brazil with an amazing crew! My trucker tendencies in Chem. 30 with Miss Kerr, the millions of French video projects in junior high, the fuchsia flyer and the framobile, grade 8 outdoor ed Mr. Bennett just cruising around, school tag and spoons, the gong show sport tournaments, the endless dance parties to JT, the addiction to lunch and dinner at Earls, buffalo chicken strips and Cara's talented facial expressions. To our constant SF falling on the brick, disturbing conversations golfing at Inglewood, the fog, RHCP concert, squeezers club and morning hugs, these times will always stick with me.

**You can remember me by:** My lacking ability to think before I speak.

**Final word:** A special thanks to the WIC staff for making a successful future more attainable and for making my six years here unforgettable. Thank you to my family for continually supporting me and to all my friends, especially my girls, thanks for always being there, the incredible memories, and for never failing to make me laugh. Finally to my fellow graduates, good luck!



## Isabel Ramsay

**Favourite Quote:** "Everything has been figured out, except how to live." -- Jean-Paul Sartre

**I will always remember:** Travel Studies, India & Bhutan and all of the friendships created, amazing experiences, and memories made on this trip.

**Future plans:** Study business at the University of Calgary and study abroad for one or two semesters.

**You can remember me by:** Being the new girl from France with wicked style.

**Final word:** Although relatively short, my time at WIC has been enjoyable. I've met incredible people and I'm glad that I was able to spend my last high school year at WIC.



## Patrick Sailer

### Favourite Quote:

"Everyone come see how good I look." -- Ron Burgundy

### I will always remember:

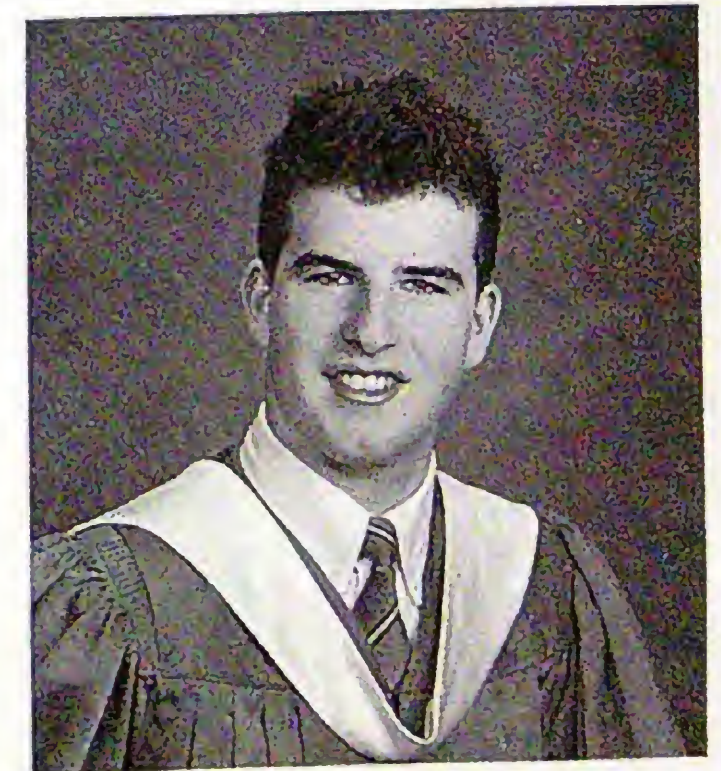
All the travel studies, Mr. Bennett's signature sayings in economics and social, outdoor ed trips, the great teachers, working out with Dale Bennett, all the weekend extra-curricular activities, the friends that I have met over the past 6 years.

### Future plans:

Complete a business degree at university and start making some money.

### You can remember me by:

My Borat impressions/humour, "Happy times"





### Christy See

**Favourite Quote:** There's more to life than being really, really ridiculously good looking and plan on finding out what that is. -- Derek Zoolander

**I will always remember:** Europe (lost for waffles night seizures, Jen dan Samoa/New Zealand (Miss Snowden falling in the pool, AP, my first b Maui (JA-blueberry?), MEXICO (fantastic 4), the mountains (Chris' bad drama, volleyball, all those nights and all those mornings. AN, MS, AC, ED, CE, BD, GC. You've been there through it all, every memory with is my favourite

**You can remember me by:** Pretty much anything related to being loud, much. I know you won't forget it.

**Final word:** Thank you to my family, it's been tough but we made it to those teachers that have been not only my role models but my friends, to my wicked grad class, thank you for the memories, and finally, to WIC, I'll never forget you. Thanks

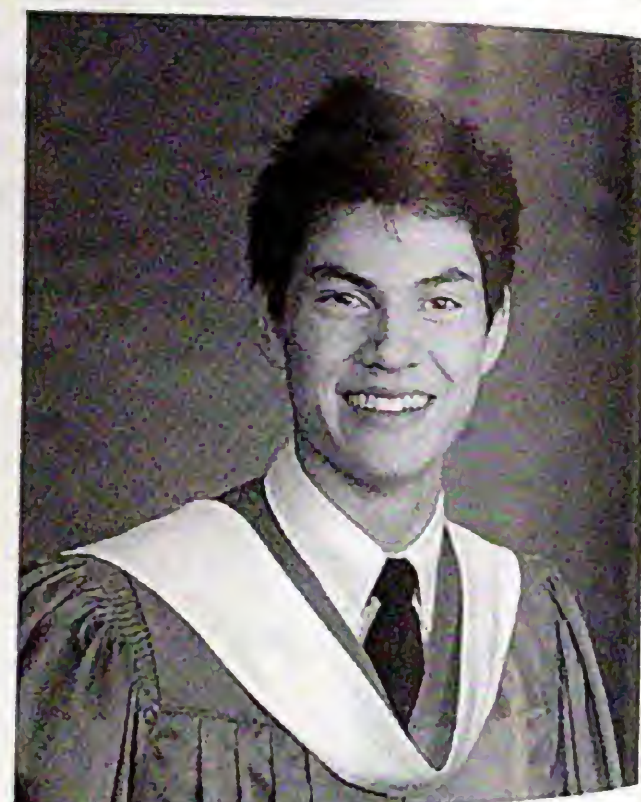
### Toshiro Sembo

**Favourite Quote:** "Our greatest fear is not that we are inadequate, our greatest fear is that we are powerful beyond measure. -- Nelson Mandela. / Don't worry mom, were just teaching these rookies Bs how its done, I don't know how to put this but I'm kind of a big deal. -- Ron Burgundy

**I will always remember:** Orange fights in grade 7, grade 8 camping and Kizak running through the woods, snowball fights, Europe trip grade 10 outdoor ed with Bobby and Sailer, Denmark, stealing bags, stealth mode, locking the door by the gym, badminton, rugby, homework checks, dodgeball and Mexico 06/07

**Future plans:** Graduate university, marry Marissa Miller, buy a golden retriever, participate in a heist and master pole vaulting

**Final word:** To all my buddies it's been great. Good luck in the future



### Richard Shilling

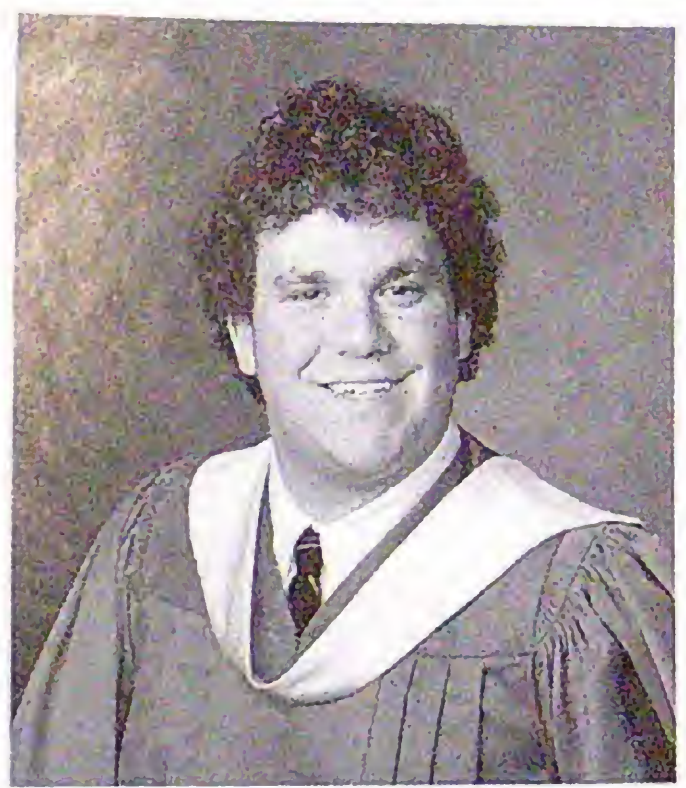
**Favourite Quote:** "I have to believe in a world outside my own mind. I have to believe that my actions still have meaning, even if I can't remember them. I have to believe that when my eyes are closed the world's still there. Do I believe the world's still there? Is it still out there? ..Yeah. We all need mirrors to remind ourselves who we are. I'm no different" -- Leonard Shelby

**I will always remember:** Never missing a spirit day, doing lots of extra-curricular activities, and getting all my homework done!

**Future plans:** Once I win the lottery, I'll buy a hockey team and immediately sign Tony Amonte. Then I'll erect a monument for him and his immediate family

**You can remember me by:** Tiananmen Square video in Social 30 when I stood up to the tank

**Final word:** Honestly, I had a good time at WIC. I just didn't do anything while I was here. I showed up everyday and just did what I needed to do to get by. Is that so bad? I didn't add to the experience and I didn't take anything away. I probably won't be talking to most of you in 10 years, but hey, I had a good time!



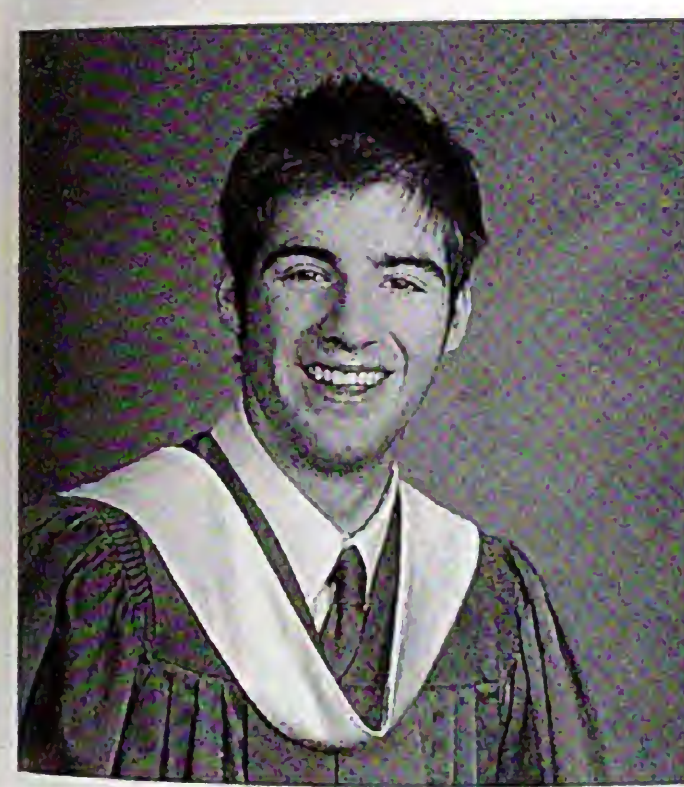
### Brian Smolik

**Favourite Quote:** Live everyday like it's your last, anything with y'all in it because I took enough jokes for that.

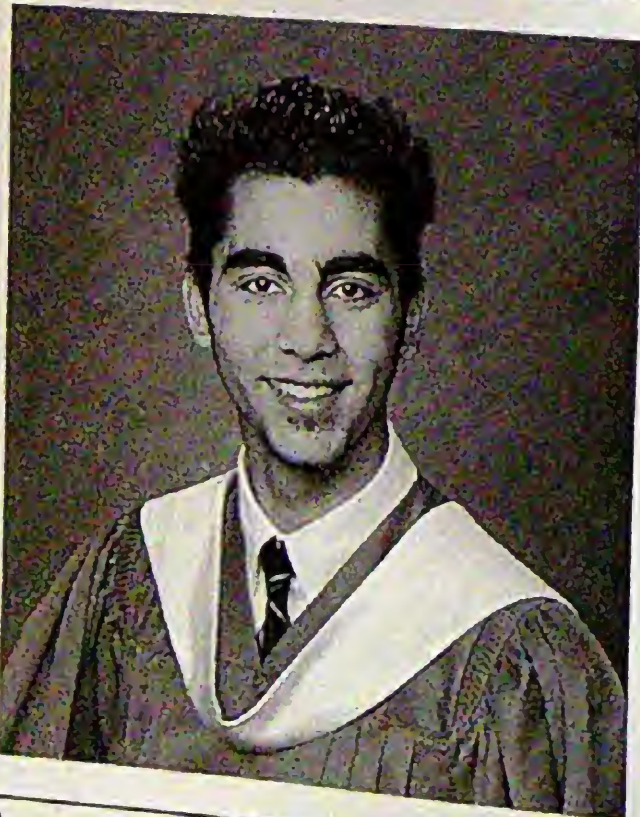
**I will always remember:** The great Canadian friends I made and the good times, Ferie, fagioli soup, Bob the fish, cold weather, the swan, listening to Jack Johnson in my backyard, all the guys, fantastic four

**You can remember me by:** My immaculate lawn, basketball, my house.

**Final word:** I'll be somewhere down in Texas if you're lookin' for me



### Andy Shibley



**I will always remember:** Grade 8 camping, Samoa, rugby, Mexico 2006, December 17th, Outdoor ed, going to Brian's, World Cup Craze, Math 30 class, inter-nat arguments the for had in classes, fireworks, road-trips, Kelowna, Invermere, stealing bags gre 9 social grade locker fights, stealth mode, ski day, Panorama, Brazil, Halloween, all the an zing times with habibi: WIC would not have been the same without you, boxing, birthday movie nights, Flare games, Stampede, Bridge Brand, spares/lunchtimes, the fallen soldiers (le mean Frank) and weekends, and most of all I will always remember all the friends who too art in these amazing memories.

**Final word:** It's been a crazy past 6 years here at WIC. I would like to k all the staff who put up with me. Thank you to all the guys and girls who made my time at WIC unforgettable. To the grad class of 2007, the party has only begun.

### Maria-Rose Spronk

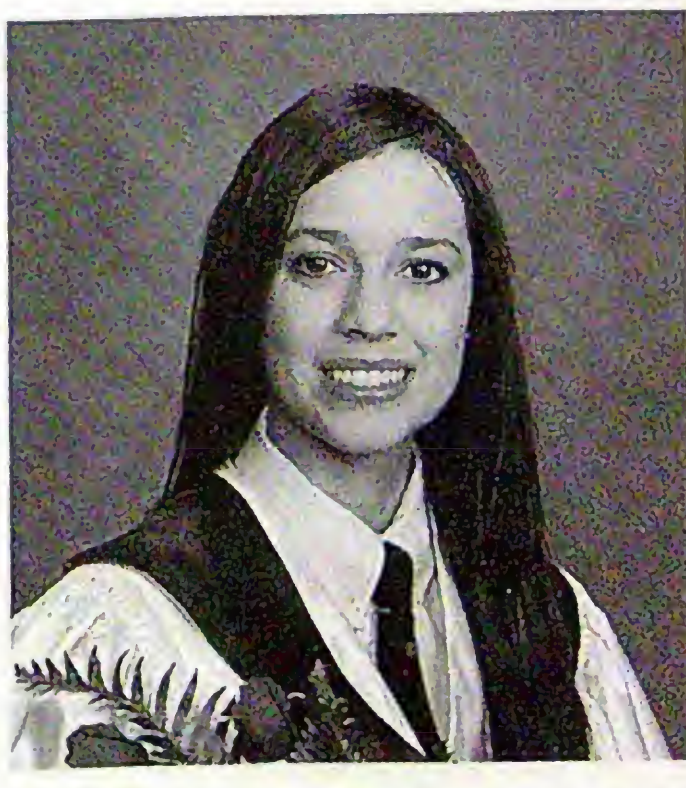
**Favourite Quote:** When life gives you lemons, make lemonade.

**I will always remember:** Math AP and Holly, India/Bhutan, my first day of school PHYSICS and spares (both were pretty similar), field hockey, classmates and friends.

**Future plans:** Go to Queen's, become an engineer, have a family.

**You can remember me by:** My intelligence and beauty, and my modesty.

**Final word:** Have a great year grade 11s - ONE more year, make it count. Grade 10s - you're close, just push through. To my graduating class and the faculty, you were amazing. Thanks for a great and successful year and a half.





## Maggie Stuart

**Favourite Quote:** "There's as many people as Maggie has bladders in grade 9." "Everybody dance now." "In Mexico things fall off."

**I will always remember:** Singing in the hallways, dancing in the hallways, being really good at gym class, lunchtimes, Peru, watching "Lost", Cranium, camping, Invermere and Gerri's Club, Brian's house, road-trips, summertimes, sledding, Christ Church hill and its many, many memories, summer of grade 9 and getting into trouble, Olympics, llamas, stick bug push-ups, laser tag, English 30, the famous four, Halloween, FOOD, Stampede, the view, mountaineering, MEXIC, Jello, marshmallows, Ashley on the edge of the bed, JAM parties, Mario party, boom boom, getting locked in the bathroom, Christy

**Final word:** WIC has been a super sweet time. I'm really sad that it's all going to be over. Most of all I'm going to miss my friends and the teachers from WIC. To my buddies, I LOVE you guys and the party had just begun, so just give it! Arrivedederal!

## Josh Sutherby

**Favourite Quote:**

"You can't just shoot the monkey whenever you want to." -- Mr. Rennie

**I will always remember:**

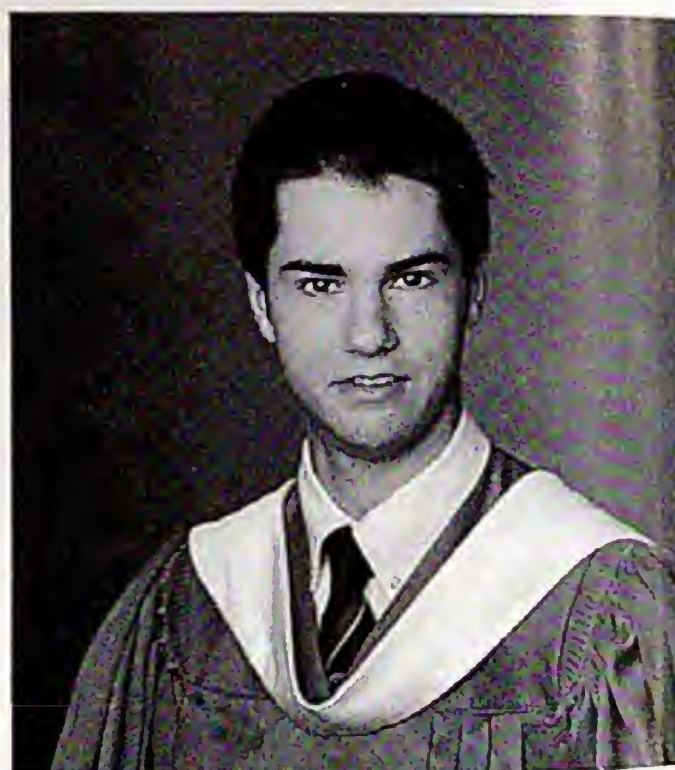
Calling Murray, Murray at grade 9 outdoor ed, Sven in Europe, Grade 8 outdoor ed, Drama, Marcus, Taryn, Matt, and my own attempt at becoming a barber

**Future plans:** Just university and then an extremely well-paying job.

**You can remember me by:**

The voice of the plant and Jussac.

**Final word:** Thanks, to all my teachers, it may not have seemed like I appreciated your work, but I do. Shout out to all the floaties, I love you guys. Everyone else, you're neat. PEACE OUT.



## Erika Swanlund

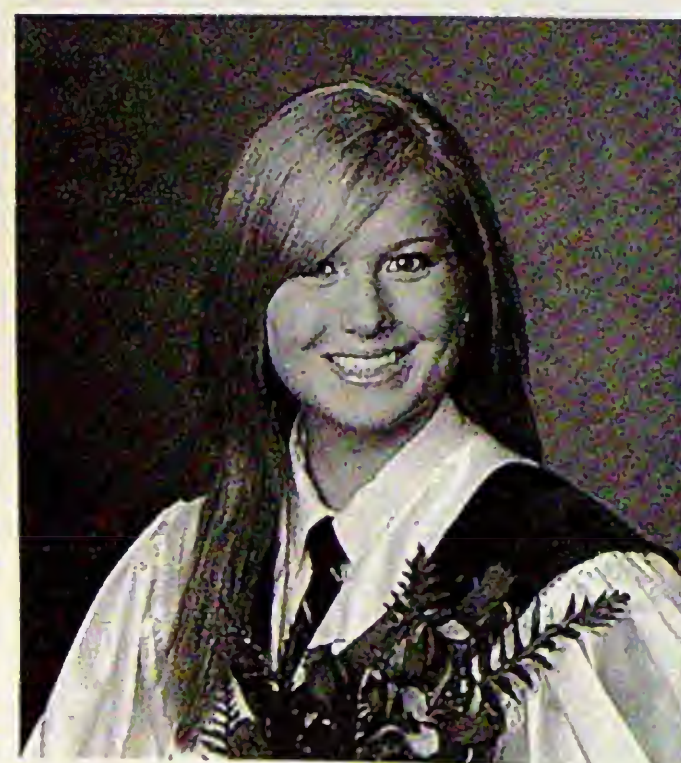
**Favourite Quote:** "I can't say I believe in quotes, I mean if I didn't say it, it can't be that important!" -- Erika Swanlund 20/03/07, 9:50 am.

**I will always remember:** French class: the only class where we learned things that made sense: the trips around the world (Samoa/New Zealand, China/Tibet, Amazon), my friends who have stuck by me since grade 1 (Andrea Z, Jacque M, Juline C, Katie M) and the friends I have made in my 9 years here at WIC (Erika C, Hannah P, Kiera M, Sam L, and Teresa T), I'm going to miss you all!

**Future plans:** To marry rich yet make my own insane amount of money, to stay in touch with all my friends and to hopefully never have children, they cost way too much. I would know!

**You can remember me by:** My knitting in class, my never-ending love for Starbucks, my well-attended gatherings, and hopefully me for just being me.

**Final word:** I've had a ton of fun these past 6 years, hanging with my friends who made the time here all worth it, Love you guys and wish you the absolute best out there in the "real" world.



## Dane Synnott

**Favourite Quote:**

"Don't try to be a great man, just be a man, and let history make it's own judgements."

**I will always remember:**

The dreamcatcher in John's car...actually John's car in general, love the window tint man

**Future plans:**

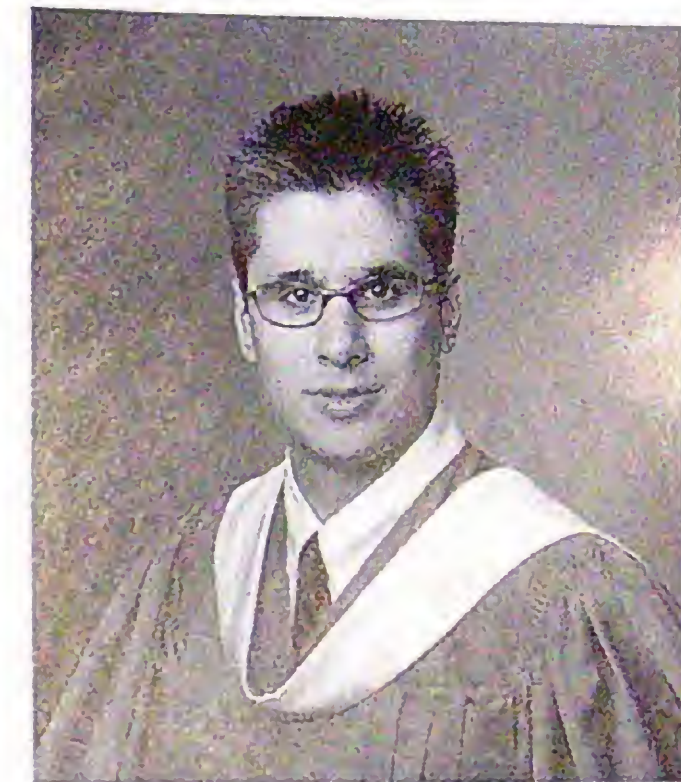
Owner of the world's fastest civic.

**You can remember me by:**

The tire treads.

**Final word:**

Waffles, sky...actually I'm going to keep that word, I might need it.



## Teresa Tam

**I will always remember:** Mr. Marran's French classes, Mr D Bennett's class, pinching wrists and sneaking up on him, random water fights in grade 8, Europe trip, jay-walking on spirit day and getting caught by cops in Bio with Mr. Smith, enzymes have a high degree of specificity, sparkly squared bangles, Jacque, Maggie and Josh S. We are the cooler people no pun intended nicknames, Christ Church hill, EC's crazy conversations, art camp, "warholify!", "it's very playful!", the boy that asked me to date him through email, KM's psycho comments, popcorn, ceasar salad, bowlful, AZ's food, G-Unit cheerios, guitar fests, BEANS, babe, DICTIONARY FETCHES, opposites, our gang-ups and team works, McD craves, JM's too kind attitude, awkward moments, dance-offs, precipitates, nerd talk, wingmen, hall encounters, punching wars

**Future Plans:** Attending art school and then see what happens

**Final word:** My 6 years at WIC have been amazing. Especially the perfect puzzle we have built, each one of you mean so much to me, Juline, please don't die!...actually, no seriously, Jacques, Wadkie, can I be your Teresa Pizza? KM, EC, ES, LK, SH, MG, AC, AZ, JC, JM, ES, I love you all and will miss you tons. GOOD LUCK with everything everyone! Thanks Mom, Dad, and Ted!



## Michael Tomalty

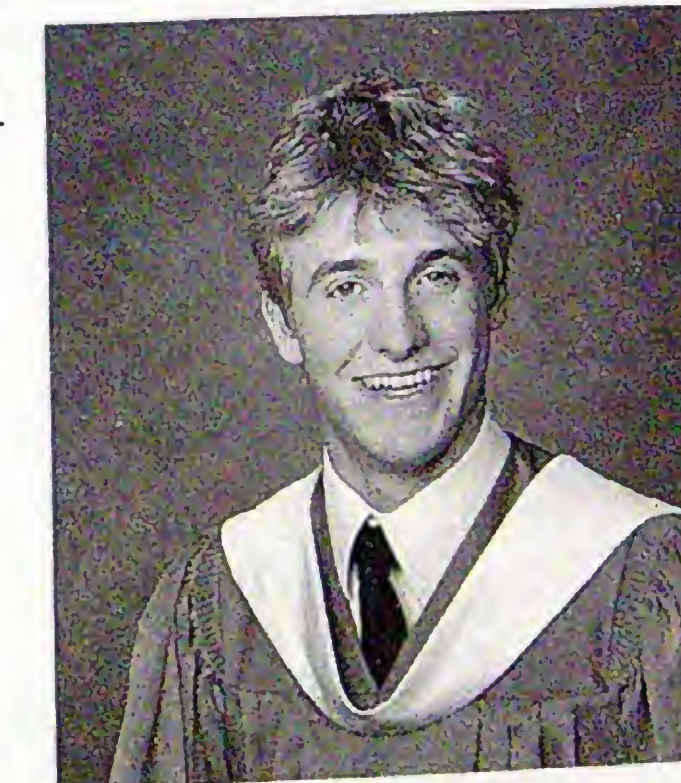
**Favourite Quote:** Basically the whole "peace with inches" speech by Al Pacino in the movie "Any Given Sunday"

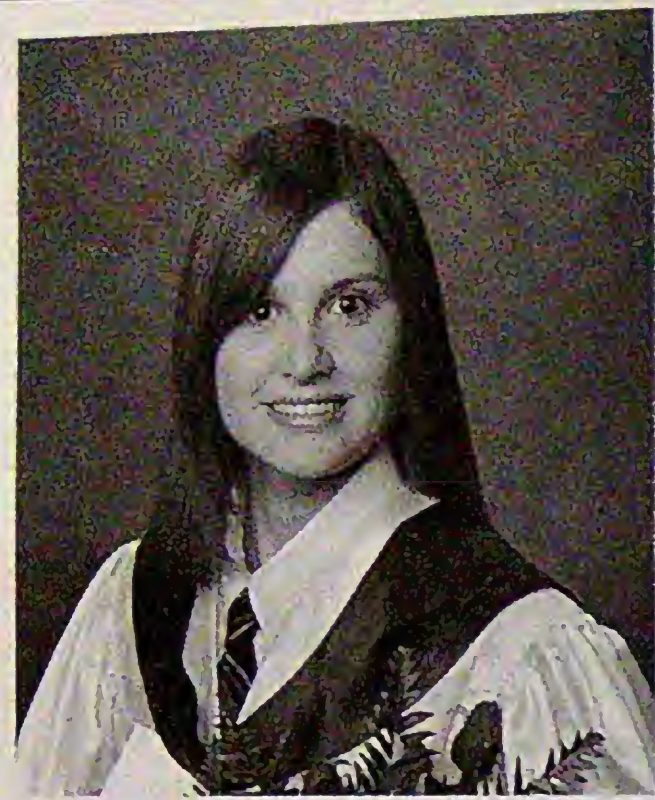
**I will always remember:** The classes that were so fun, going to all the basketball and volleyball tournaments with such a great bunch of guys...especially Kelowna, laughing at the back of the class as I watched Mr. McCaffery do his stand up comedy routine every single class

**Future plans:** Just getter done in uni. Then see where that takes me. We shall see.

**You can remember me by:** Hopefully by my smile, I am always happy.

**Final word:** I'm outta here!





### Sarah Welter

**Favourite Quote:** "How weary, stale, flat, and unprofitable - Seem to me all the uses of this world." -- Hamlet

**I will always remember:** Grade 10 outdoor ed trip, school dances, going to Ikea for lunches, Ms. Kerr lighting her hands on fire and not burning herself, ski day, doing the reproductive unit, Bio 30 with Mr. Smith, Russell throwing a football at my head and breaking my finger with a football, debates in Mr. Bennett's social class.

**Future plans:** Go to university, graduate, and work with animals for the rest of my life. I plan to save at least one endangered animal from extinction.

**You can remember me by:** My pro-environmental attitudes, a recycling contest, and my love for animals.

**Final word:** Even if things look like they will never get better, never give up, push through and give it your all! After things get better, you'll be able to say, I did it!

### Laura Zawalsky



**Favourite Quote:** "The best inspiration is not to out do others, but rather to out do ourselves"

**I will always remember:** Grade 7 sleepover and water fights, Grade 8 and 9 outdoor ed trips, The Europe trip bus rides with Meg, lunch time walks, drama productions, Tanzania, Class afloat India and Bhutan, Christmas gifts.

**Future plans:** Graduate University, travel, become a stay-at-home mom

**Final word:** Have fun, play hard and I will miss you all.

### Nick Winsor

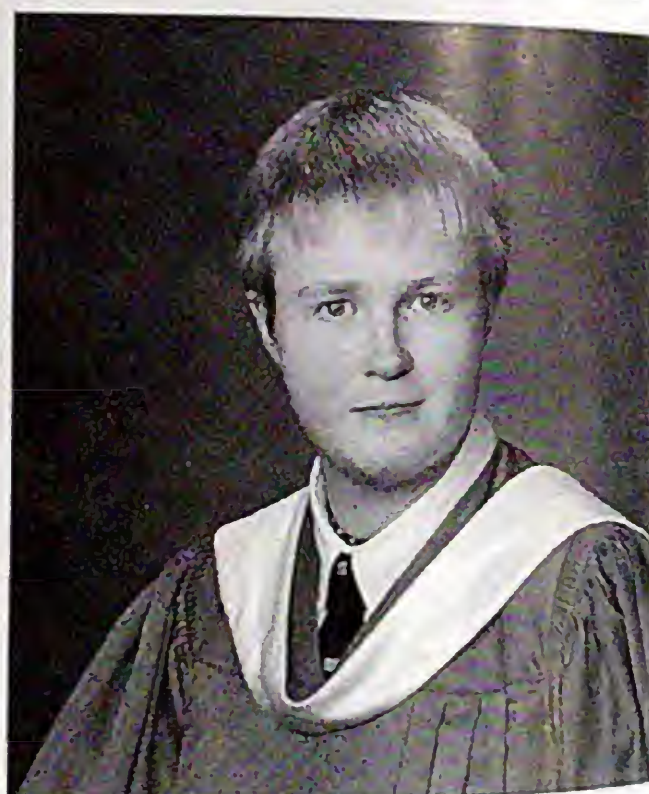
**Favourite Quote:** "There's no 'I' in team...but there's 'win' in win."

**I will always remember:** Coffee runs to Starbucks with Krista and Azra.

**Future plans:** Eat a party sub by myself.

**You can remember me by:** Being deaf after taking people to Starbucks in the Jeep.

**Final word:** Life is like a roll of toilet paper, the closer you get to the end, the faster it goes.



### Andrea Zittlau

**Favourite Quote:** Life moves pretty fast. If you don't stop and look around once in a while, you could miss it. -- Ferris Bueller

**I will always remember:** That enzymes and their substances have a high degree of specificity.

**Final word:** Thanks to all my friends for the amazing memories we've made. I love you guys. Good luck everyone with the rest of your lives!



### Andrew Yeung

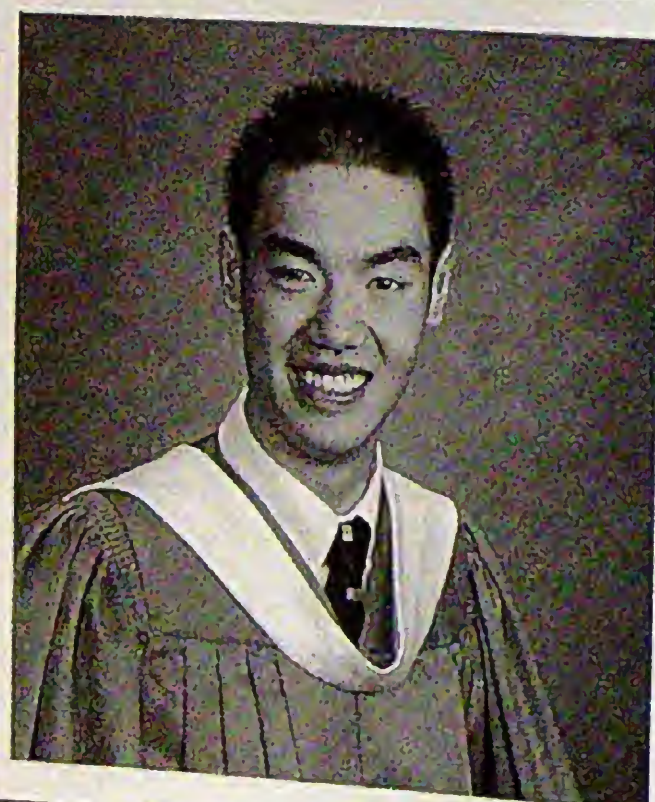
**Favourite Quote:** "Men don't cry, they work-out."

**I will always remember:** Starting my first basketball game, winning 4 basketball tournaments in a row.

**Future plans:** University

**You can remember me by:** I'm the tall Asian.

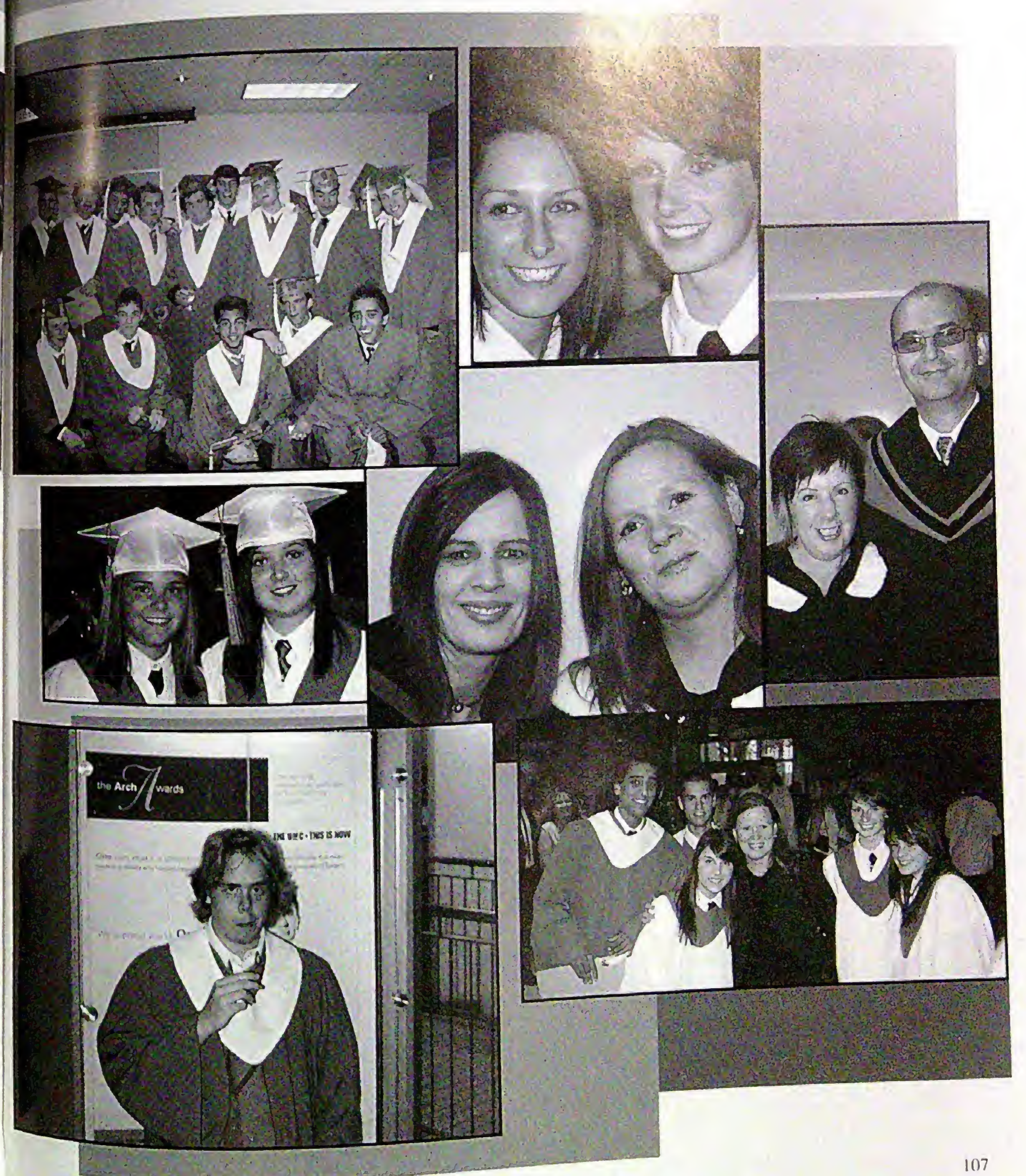
**Final word:** Mark my words, China will rule the world.



# Graduation

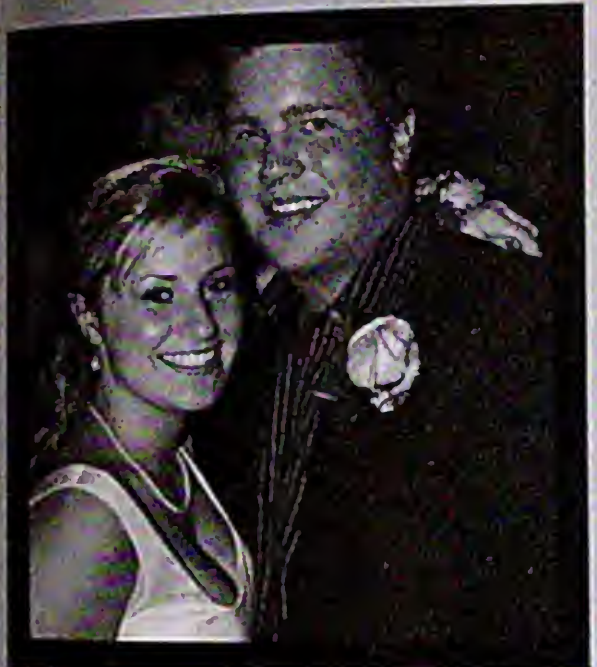
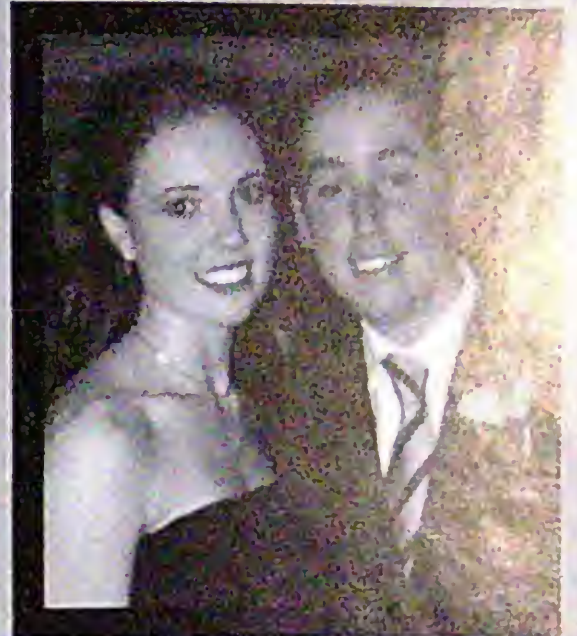
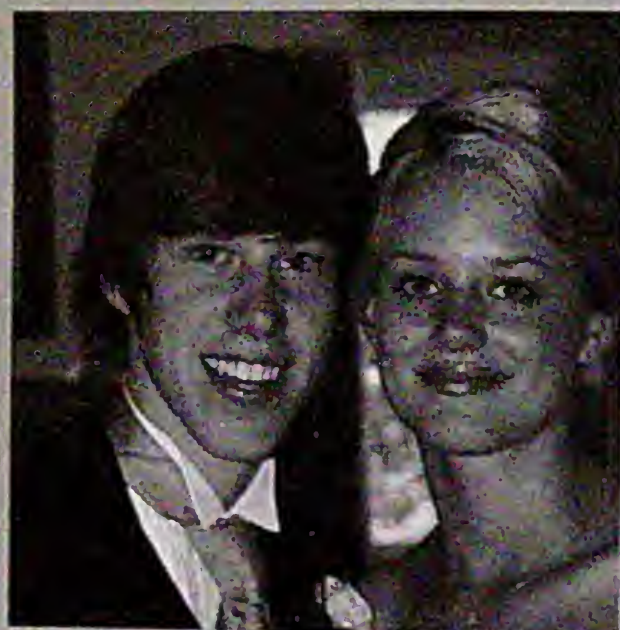


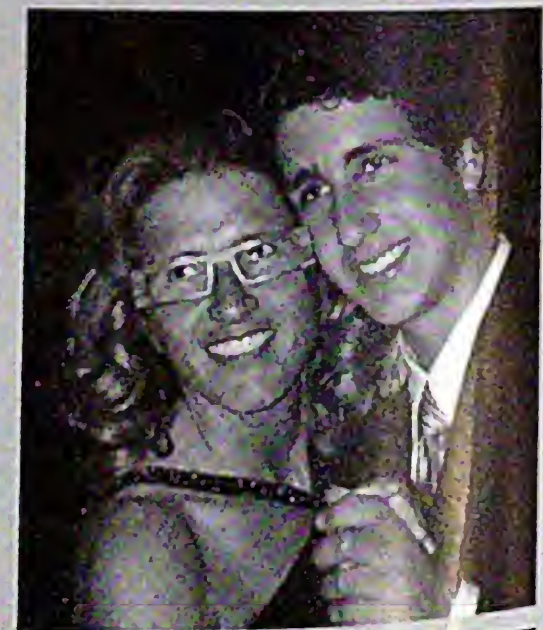
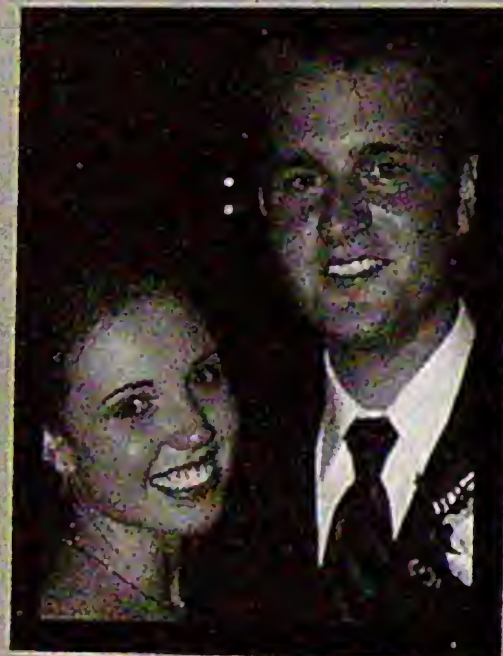
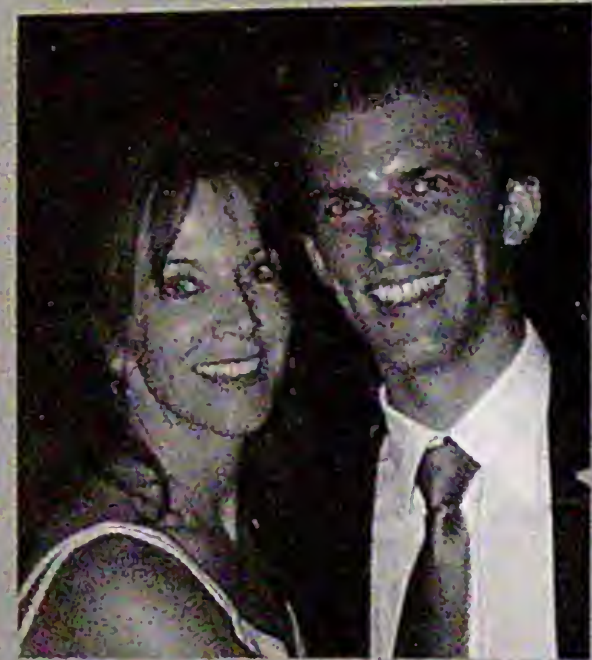
# Ceremony





# Graduation Banquet





Celebrating 25 Years of



West Island College  
History and  
Accomplishments



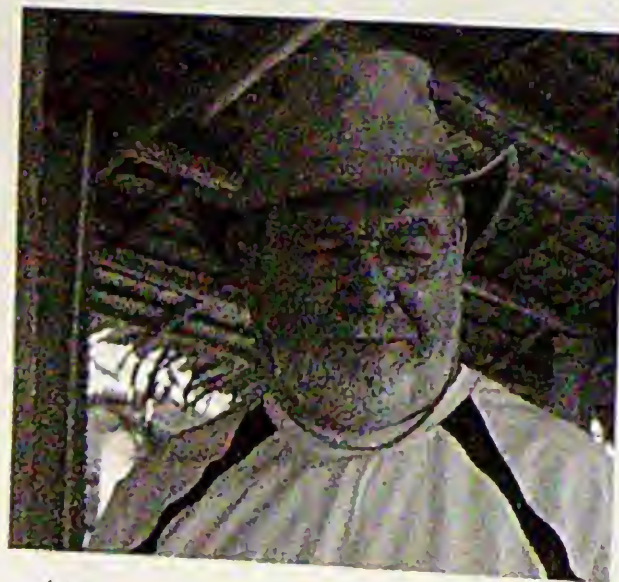
# 47 Fyffe Road

## Mr. Ken McCaffery

In September of 1984, WIC occupied the first 'school building' in its history in Calgary. For the next decade, WIC's pioneer home was the former Leroy-Daniels School on Fyffe Road in Fairview. We had a great arrangement with the Calgary Board of Education - plenty of classroom space & we gradually took over more and more rooms as the school grew.

What was different? Well, it was a pretty small school, fewer than 200 students for much of this period. Quite a challenge when trying to field competitive sports teams, especially at the senior level. Often, if you could breathe and move around a little, you were welcome to the team! Luckily, other independent schools were also in their infant stage and the start of what is now a well-developed league structure began. Because there were so few seniors, the Prefect Board was often comprised of students from both Grades 11 and 12. Lucky students could end up being among the head honchos for two years in a row. What an easy school for a Headmaster to monitor! The whole school was organized on two hallways, meeting at a "T" junction in the middle of one. As Head, I could stand at the "T" and have visual contact with the whole realm! Students had to come by me every morning and between periods. It was an "up close and personal" school. Until we added a gymnasium of our own, assemblies were held in the Library, the size of two classrooms. At first, the only way to get an occupancy permit for our new gymnasium at the end of the 80's was for students to leave the building by one door and enter the gym by another! Lots of fun on rainy days and during the winter! The faculty mission statement was written in my living room - there were fewer than 15 teachers at that time. Mr. Rennie, Mr. Poitras, Mr. Chalifoux, and Tina are the remaining staff from those early days. Mrs. Webb-Briscoe arrived in the last year and demanded a newer, bigger school - she got her wish! Myself and Mr. Perry Bedard were Headmasters during this era. Our original gym was so small (an elementary school gym), that the volleyball and basketball courts came to the very edge of the gym. At one end, to serve in volleyball, a player went into the adjacent closet. We used to joke that to play volleyball at WIC, you had to "come out of the closet". Floor hockey was initially about the most popular intramural activity. Most students in the school were either continuing or late immersion students. We were doing the IB programme for willing and able students in these early times. No cafeteria. Grad was held in a hall at the Glencoe Club.

What was the same? The great rapport between teachers and students. Uniforms, assemblies, Travel Studies, Science Fair, Soiree Francaise, Prefect Board, a competitive spirit, friendly atmosphere, intramurals, interscholastic sports, all the trappings that have been part of our fabric since the beginning. It's hard to imagine what some of the students from that era will think when they come to see WIC once the final phase of expansion is completed. Somehow, I think they'll still see it as home. To borrow a popular Thai expression, we were "Same-same, but different".



# Timeline

## September 1, 1982:

First day of West Island College at Riverbend Atrium location



## September 1984:

WIC moves location to 47 Fyffe Road S.E.

## September 1994:

WIC moves location to 7410 Blackfoot Trail S.E.



## September 2004:

The Annexe building is purchased and the student body moves into 7530 Blackfoot Trail S.E. at the end of the school year.



## May 26, 2007:

WIC celebrates its 25th anniversary on May 26, 2007. During the day, there was a Family Carnival consisting of games, fun, and memories galore. That evening, WIC held a Gala celebrating the past and the in-coming years with a tour of the renovated Annexe building.



# Alumni Quotations



**Kim Shober Class of 1987**

Well, it's hard to believe we've finally made it. Maybe time does fly when you're having fun. WIC has provided me with the opportunity to develop close relationships with others, as well as fill me with many precious memories that will never be replaced. It has been educational both intellectually and academically, thanks to the faculty and the friends that surround me. As we all set forth into another chapter of our lives.

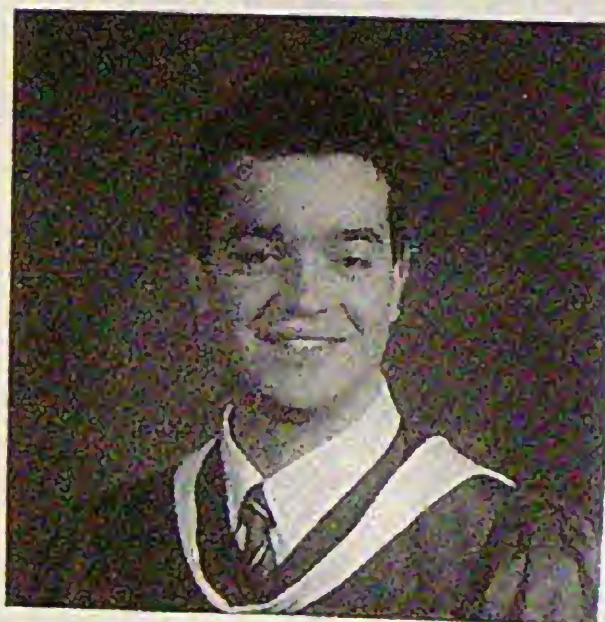
**Andrea Witlock Class of 2001**

I'm one of the original WICers. It blows my mind that I've been at WIC for six years. I remember entering the school in grade 7 and being greeted by these great seniors. Well now I'm one of these seniors maybe not so giant, but a graduate anyhow. I've had experiences at WIC that I'll never forget, and some that I wish I could. For the next generation of WIC golfers, you've got a provincial title to defend. I leave you to carry on the torch. It's hard at WIC to live a day in and day out in such close proximity to each other, but we survived and had an awesome time doing it. Thanks for all the good times.



**Kirk Mason Class of 2002**

For the past six years, WIC has brought me fond memories and great friends. I have encountered obstacles at WIC, that I was once not capable of conquering. With the support of those of you around me as my driving force, your actions have undoubtedly allowed me to develop as a person and as a leader. I hope that WIC produces fond memories for all of you as it has done for me. Good Luck in your future endeavors!



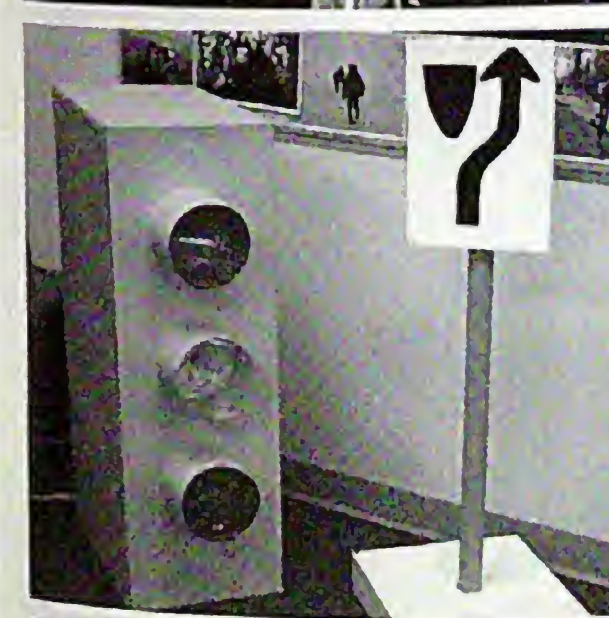
**Katie Drummond Class of 2004**

Thank you parents, best friends, fake friends, sometimes friends, food teachers, really good teachers, really awful teachers, Ms. Snowden for being more than a teacher, Ani DiFranco, Tegan and Sara, guitar, Sue Silverman, vegetable sushi, headphones, unbreakable eyeglasses, breakable cars, Dennys on Saturday mornings, people who came with me to Dennys on Saturday mornings, French boyfriends, music for driving, talking, and crying, CBC Newsworld, teapots that don't spill when you pour them, the church billboard on Elbow Drive, fast computers, short socks, everyone who danced with me, Arthur Miller, steamed soymilk, words, hot guys in movies, (special shoutout to Diego Luna and all the girls who love him), night time. Thank you Jen and Sara.



# 7410 & 7530 Blackfoot Tr.

Headmaster: Mr. Grant 1994 - present



# Then & Now



When I returned to Calgary in 1994, it was to our new home on Blackfoot Trail. The school now had a population of two hundred and twenty students and we were brimming with enthusiasms to address "The Challenges Ahead", the theme of my speech to faculty on the first day of school that year, August 29, 1994.

I believe we have met the challenges I foresaw way back then. I believe we have carved out a niche in the landscape of Calgary's private education; I believe we have done that by staying true to our values and holding on to our traditions. We have built a great wee school and our belief that, "It's all about kids", is the mantra which has guided us.

Here's to the next twenty-five years!

Sincerely,  
Jack A. Grant  
Headmaster

I have been fortunate enough to have served as West Island College- Calgary's Headmaster for fifteen of its twenty-five years in this community.

My first stint was two years sojourn (1985-1987) when we were situated on Fyffe Road in Fairview. We had eighty-two students when I arrived in the summer of '85 and prospects for future growth were dim but, we had great spirit, a hard working staff and super kids. We survived and prospered.

We were a very different school then, if we were to compare ourselves to the school we are today. In 1985, we were a Late and Continuing Immersion school with no English Language stream. Our course offerings were limited to the essentials for university acceptance and our student population restricted our extracurricular activities. That being said, we were very much WIC! 116

# A Retrospective Look

## Malcolm Rennie

When a student asked me to write about some memories of my years at WIC, it was impossible not to think that they only ask older teachers to do this. Then an alumnus recently noted that the soul patch of hair under my bottom lip is really a grey patch. This year a teacher came to work here who was not just about half my age, but in fact was less than half my age. Hmm...Imagine what I will, but the evidence seems to be that not just West Island College has been around for quite some time.

One problem might be in asking us, um, veterans, to reflect, that memory starts to fade at about this time. Nevertheless, I do remember Mr. Grant's beard, when he interviewed me 22 years ago was a very dark brown. He may claim that some of the gray hairs he now sports came from the decision he made to hire me.

Seriously, it has been a great place to work. Not only have I been able to work in the Social Sciences, but through WIC I have travelled to many places that have made my courses all the more real. The former Soviet Union was my destination on the school trip of 1990. I remember wanting to buy a mandolin in Leningrad for 20 roubles, and my guide said to wait until the end of the trip and buy it in Moscow. I said I wanted that particular mandolin. He said, "that is the only mandolin, it is available everywhere in the country, and always for 20 roubles." Centralized economy indeed.

It is impossible to single out any specific students. They have all been fun to teach, and have played along with Wheel of Fascism, classical music trivia and historical charades. There is an energy and spirit in WIC students; watching them debate and then turn these arguments into essays is always interesting. Teachers all have some essay outtakes - some of my favorites have been recent ones, where the spell checker will not correct the following: the Untied States, the mild-East, and entering our boarders. A student once wrote that WWI was started by the assassination of the Austrian Arch-bishop and his wife.

Class Afloat in 1991 was a great experience. Seeing much of the world and teaching about it at the same time was special. In Denmark, the Parliamentary guide answered my question about who was in charge of the eighteen-party proportionally represented legislature, nobody! Too many highlights: Raphael's School of Athens in the signature room in the Vatican, dolphins, sea sunsets, flying fish and the Polish crew scrambling past the students to tie down all the sails before the storm of all storms hit us outside Durban. I was seasick on the ship until I realized laying my head flat to the horizon fixed the problem - except I needed to teach; thus the bench at the front of the class with a few pillows at one end, and the lessons continued. There were always several students flat out on the floor with their notebooks as well on those days.

Teachers at WIC have been a second family. A dysfunctional one, true, but another family nevertheless. Over the years otherwise reserved teachers have conducted the following pranks: They have taped a teacher's door sealed while he was teaching, shot water pistols through an outside window at a teacher in class, moved a teacher's entire desk inside the girls washroom, moved all of a teacher's textbooks on top of the hanging lights on the roof, and filled a teacher's drawer with empty beer bottles to suggest to the headmaster he had an uncontrolled drinking problem. The WIC teachers have also filled a teacher's car -entirely- with crushed up balls of paper. And we say the students had behavior problems!

Retirement approaches, but WIC also afforded me the opportunity to sample it on a half-year sabbatical a few years ago. Some course-work regarding university advising needed to be completed, but otherwise travel to Europe was allowed due to my subject being European History. When I got back I met my Dad's friends - all in their mid-80s at the Lethbridge Legion. They asked why I wasn't teaching. I explained that I was on sabbatical, where after working for some time, someone is given time off to pursue their own interests. Someone at the table commented, I guess all of us here are on sabbatical.

Until my permanent sabbatical comes around, I hope West Island College continues to be the place it always has been, and I'd like to thank the entire community for the good times, the special moments, the memories.



# The School Today

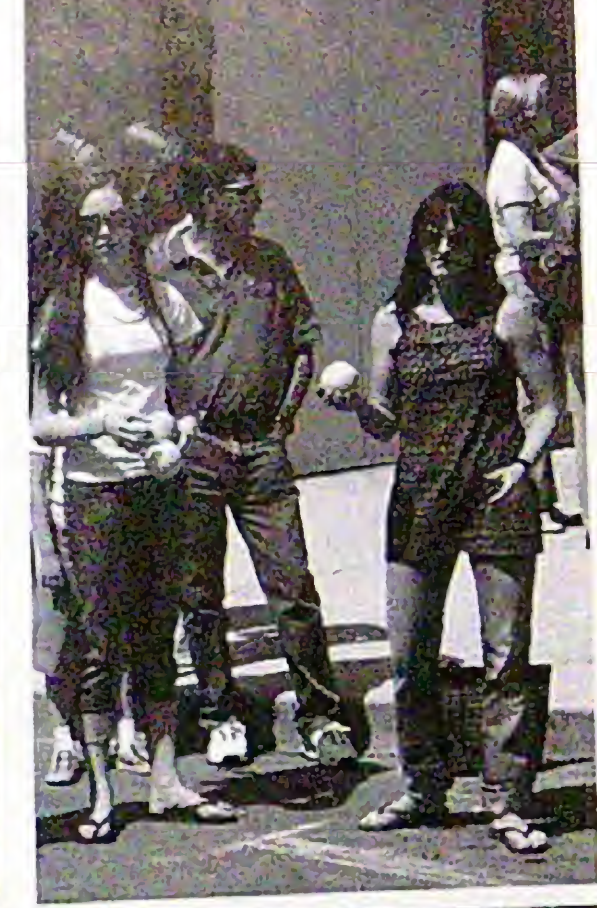
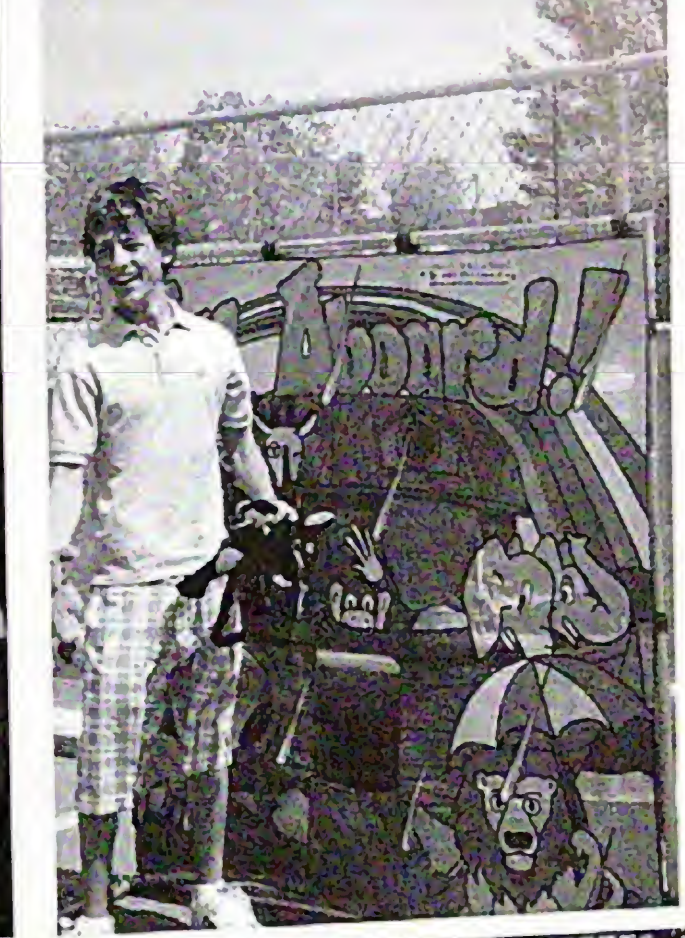
## 2006 - 2007



Student Population:	483
Sr. School Population:	251
Jr. School Population:	232
Staff Population:	60
Classrooms:	23
Computers:	125
Macintosh Computers:	1
Projectors:	25
Toilets:	19
Microwaves:	4
Water Fountains:	5
Pews:	1
Blazers in the Lost & Found:	13
# of Vending Machines:	4
# of Paintbrushes:	121
Parking Spots:	123
Distance Travelled by Senior WIC Travel Studies :	80,093 km



# 25th Anniversary Barbeque



# 25th Anniversary Soirée



As I was compiling all the photos, stories and addresses which compose this 25th anniversary section of our 2007 yearbook, I couldn't help but notice a pattern. Whenever you meet someone and they say "Hey! I'm from WIC!" you have an immediate connection. You may not have been at WIC when they were, but the memories you have and the stories you share will be much the same. Photos and memories may fade, but the experiences that you will share will last forever. Over the twenty-five years that WIC has been in Calgary, many things have changed, but as much as things change, as much they stay the same. This will still be the same WIC as it was twenty-five years ago in 1982 and it will be twenty-five years from now in 2032. WIC will always be, same but different.

-Andrew Cornhill

## The International Student Programme

### What is an International Student?

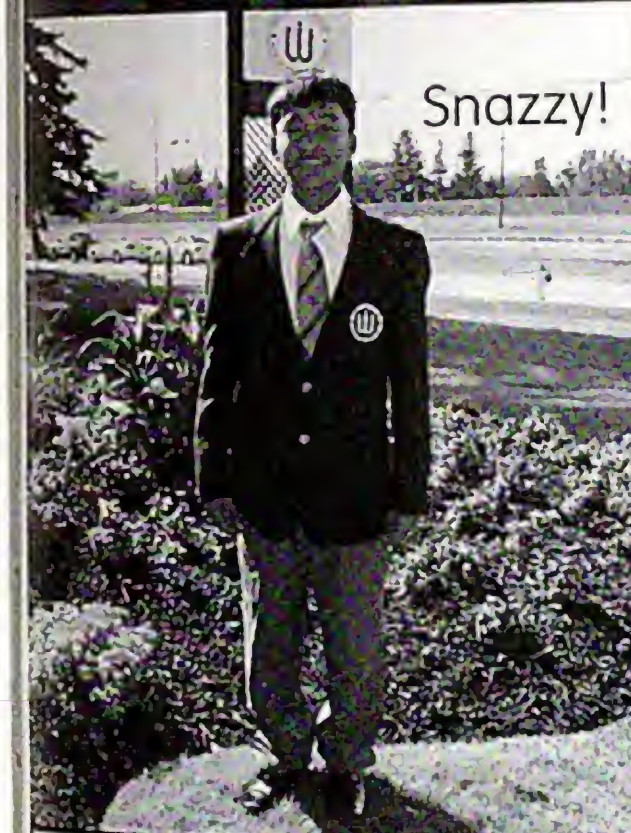
The International Student Programme all started when Mr. K. McCaffery brought Note Suan into West Island College two years ago. Note came from Thailand. So, it was almost an accident that Mr. McCaffery started the trend of having new students come to WIC. The impact that Note had on the school was amazing. He brought a new perspective on life, and the Grade 12s of 2005 were grateful to have him.

This year, the Chiu family sponsored Nyima Sherpa, our international student from Nepal. Having a new student gives us diversification of culture, and it helps us thank the countries we visit every year in Travel Studies for welcoming us into their culture.

Since we have had two male students in the past, in the year '07-'08 we are hoping to go back to Nyima's school in Nepal and bring a female student into our WIC community.



Taylor Kline and Nyima Sherpa give a big smile!



Snazzy!



Oh those seniors...



K: So Nyima, what is your full name?

N: Nyima Dorje Sherpa

K: Where are you originally from?

N: Kathmandu, Nepal.

K: How do you like living with Patrick Chiu and his family?

N: Yes, I actually like the Chius. They are a really loving and caring family.

K: What do you miss most about Nepal?

N: My family, friends, food, and everything else.

K: Do you have any siblings?

N: Yes, I do. I have two brothers and two sisters.

K: What do you think of the girls in Canada?

N: They are cute. I like them... ha ha ha!!!

K: Especially me, right Nyima?

N: Sure.

K: Thank you so much for talking to us about yourself.

N: Come talk to me anytime, Katie!





# Yoga



The Following People Were In Crazy Poses like these at Yoga Club this Year:

- |                 |                    |
|-----------------|--------------------|
| Victoria Murphy | Julianne Daze      |
| Sarah Eastham   | Danielle Milner    |
| Janelle Hurst   | Victoria Wonnacott |
| Josh Kazakoff   | Laura Douglas      |
| Nat Paxton      | Megan Howarth      |
| Erin Baird      | Mikaela Bocking    |
| Aidan Cornhill  | Sarah Anderson     |
| Jen Brown       | Claire Connors     |
| Jackie Lebenzon | Ms. DeForest       |
| Salima Fakirani |                    |

### Fun Facts

Yoga originated in ancient India and is one of the longest surviving philosophical systems in the world. Scholars have estimated that yoga is as old as 5,000 years. Yoga masters (yogis) claim that it is a highly developed science of healthy living that has been tested and perfected for all these years. Yoga was first brought to the Americas in the late 1800s with Swami Vivekananda.

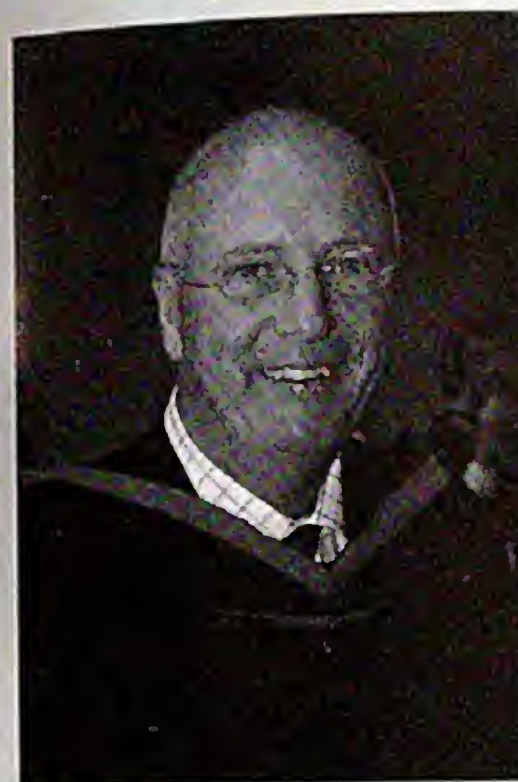


# Global Awareness



- |                 |                   |
|-----------------|-------------------|
| Andrew Cornhill | Brenna Perera     |
| Azra Manji      | Mike Zawalsky     |
| Aidan Cornhill  | Chloe Nielsen     |
| Aly Hirji       | Ashley Tang       |
| Faisal Hirji    | Alexandra Starker |
| Reid Alston     | Daniel Tyler      |
| Adam Johnson    | Jocelyn Wolfe     |
| Rachelle Lam    |                   |

# Our Founder Revisits



In the fall of 1981, I began a regular pilgrimage to Edmonton and to Calgary; those were the heady days in Alberta. Until the advent of the much maligned National Energy Policy invoked by the Federal government, Albertans were enjoying remarkable growth in the oil field, pipeline construction, development, research, natural gas exploration, and all of the related technologies. A western business chic claimed Calgary as the new poster city for Canadian Head Offices. Banks and developers couldn't throw enough money at rising opportunities. Business deals were closed at lunch on paper serviettes. The cities of Calgary and Edmonton were growing at rates that distinctly outpaced their abilities to respond with infrastructure. New homes, office space, schools, and recreational facilities could not be built fast enough. Inflation was spiralling out of control and interest rates were prohibitive. It was really a "get with the programme and hang on for the ride or perish" kind of place.

It was into this world that West Island College Society of Alberta was born. French Immersion facilities were saturated in Calgary. Alberta was second only to Québec in the number of students enrolled in French Immersion.

While successful at the Elementary level, demand for Continuing Immersion in Junior High School was inadequately handled, only being offered by two schools. Anxious parents, like their kids waiting to buy tickets to a rock concert, actually camped out on the sidewalk in front of one or the other school ... overnight ... in order to be the first in line to register their son or daughter in 7th grade Continuing Immersion.

I spent the fall completing legal preparations, writing and placing advertising copy, scamming free press and TV opportunities and driving between Edmonton and Calgary recruiting students for the fall of 1982. For a time, it seemed that we could actually open two schools, and interest and enrolment were quite parallel (Edmonton and Calgary) through February. My parents were born and raised in Edmonton and grew up in Alberta. The extended family actually played a role in having me stay with Edmonton for the time I did. I looked at a number of facilities in both cities and, by March, had to make a call. The Riverbend Atrium office complex in Calgary got the call; I hired staff and set about organizing lab and furniture requirements, negotiated a deal for physical education facilities with the YMCA on Heritage and continued recruiting.

On September 1, 1982, 43 students entered the building and began the very first year of the incredible journey that is West Island College. Dreams never got off the ground without highly dedicated people, and I was fortunate to, first of all, have the freedom to leave the Montreal operations in the very competent hands of a young Jack Grant. Others who played very significant roles were our Calgary staff lead by Mary Biggs, Assistant Head of School, Michael Mau, Jane Agg, Dominique Côté, and Connie Pearcey. Our Board Chairperson that year was Madeleine Payne who was very ably supported by Vice-Chair, Sal Lovecchio. Of course, I will never forget the support cast of pioneering parents and students who saw, in and through WIC, an opportunity to be successful. In 1982 - 83, our students were engaged; they worked with those requiring assisted living; they engaged in travel study and outdoor education; they produced outstanding academic results; they invented WICAA; they embraced experiential learning as an effective learning strategy; they learned that brick and mortar don't make a school but, rather, that it is the people, the mission and the core values that define a school ... or any place for that matter.

Lara Srivastiva, President of the Students' Council in 1982 - 83, prophetically wrote in that year's yearbook:

"...we (WIC) will become Calgary's most successful and famous school, very soon"

Lara's words of twenty-five years ago have, indeed, come true. Congratulations to everyone at WIC and accept our thanks for your respective roles or parts in our remarkable growth and remarkable success. WIC is "the place" to go to school in Alberta, and it is good to pause and to reflect upon this achievement. Happy 25th Anniversary, WIC! Let's make today's accomplishments the standard by which we define and pursue excellence in the next 25 years!

Terry Davies, Founder

# Climbing Club

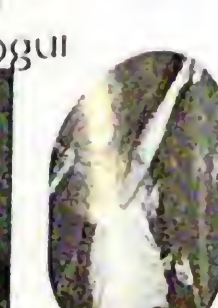
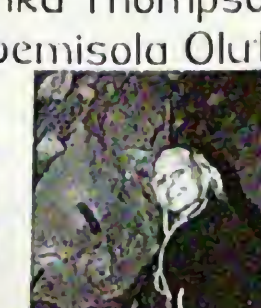


- Tyler Armeneau  
Chris Axford  
Erin Baird  
Robert Baird  
Michael Blood  
Nigel Bocking  
Hayley Brillon  
Brooke Campbell  
Edmond Chih  
Taylor Clark  
Emily Donaldson  
Rosemary Forget  
Aimée Gegolick  
Anna Gegolick



Teachers:  
Ms. Rousom Lee and Mr. Paitras

- Justin Giannoccaro  
Janelle Hurst  
Michael Jones  
Evan Macdonald  
Padan MacRae  
Kevin Majeski  
Alana McIntyre  
Danielle Milner  
Gavin Mundry  
Brendan Nickles  
Jacob Ortt  
Brendan Ryder  
Greer Simpson  
Erika Thompson  
Gbemisola Olufogun



# In Memoriam



Dale Bennett 1965 - 2006

"Gently they go, the beautiful, the tender, the kind;  
Gently they go, the intelligent, the witty, the brave."

Edna St. Vincent

The Board, Faculty, Staff, Students, and Parents  
of  
West Island College

# Yearbook Address

We didn't really know how to start this address, so we wrote the ending first. Of course this leaves us with the problem of the middle... I guess we should start by thanking all of the teachers who made our lives so much easier with all their club photos. All yearbook members' hard work was essential to making this yearbook as good as it is. Nick Windsor, aka Ms. Alsford's godsend, helped this book come together and many of his pictures can be found throughout. A huge thank you goes out to Mrs. Boudreau-Curtis for her proofing and editing work. Without her, there would be many spelling errors and some people would have their heads cut off in a photo or two. Well, many lunches, afterschools, and spares later, you have the book you see before you all ... 127 pages at this point, and as you turn the page one more.

A gargantuan thank you to our team of twenty-four! The entire student body appreciates the blood (I don't know why... paper cuts maybe) sweat (working in Room 15 aka "Hades Inferno" for the entire year!) and tears (especially after Ms. Alsford has changed her mind for the hundredth time!!!) that have gone into these pages. We'd say: "Have a good summer!", but by the time you read this page, it will probably be November so... Happy Remembrance Day! One more month and a bit before Winter Break!!!

Emily Donaldson



Andrew Cornhill



David Babcock

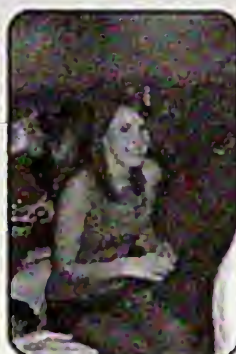




**Yearbook Team  
2006-2007**

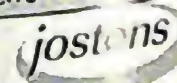


You make the  
memories and we will  
put them in a book.



**Our yearbook members are!**

- David Babcock
- Erin Baird
- Matt Bell
- Brooke Campbell
- Alexis Chang-Powless
- Aidan Cornhill
- Andrew Cornhill
- Anya Curtis
- Emily Donaldson
- Katie Donaldson
- Sarah Eastham
- Geoff Forget
- Nicole Galbraith
- François Giguère
- Nahanni Giurich
- Alex Hawley
- Michelle King
- Sam Lam
- Douglas MacArthur
- Julia Martin
- Katie Miller
- Zoe Petropoulos
- Katie Schroeder
- Peggy Shyu
- Erika Thompson
- Raveen Virk
- Ms. Shaun Alsford
- Mr. Trevor Aire
- Mr. Pierre Poitras



{World  Beat}



**DO THE  
(RED)  
THING**



# {Front Page Headlines}



▶ With the rapid melting of polar ice caps, a season of alarming tropical storms and record-breaking heat waves, global warming becomes a present-day global emergency.

*Global warming*



▶ Newsrooms from around the country select The Canadian Soldier as Newsmaker of the Year. The number of Canadian soldiers who have served in Afghanistan is fast approaching 10,000. As of January 2007, 44 Canadian soldiers have been killed there since 2002.

▶ Police vehicles block off an area in Sheddon, Ontario where eight men linked to the Bandido motorcycle club were found dead on April 8, 2006. Eight people have been charged and security is tight as the trial begins in London, Ontario.

*Biker massacre in Ontario*

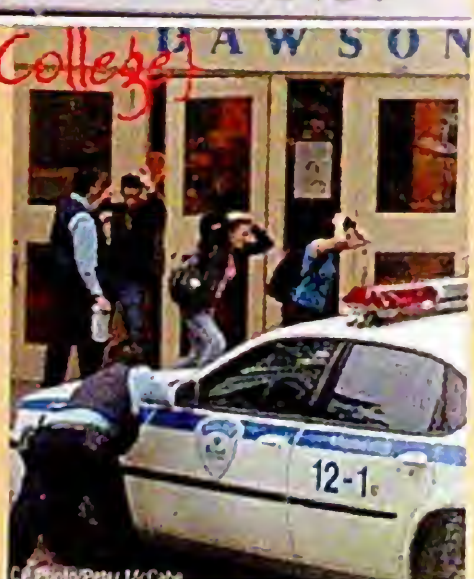


# Google™

▶ The Internet search giant Google pays \$1.65 billion for the wildly popular YouTube video-sharing service.

*{Dawson College}*

▶ Police evacuate students during a shooting incident at Dawson College in Montreal on September 13, 2006. The deadly exchange took the life of one young woman, injured 19 students and ended with the gunman taking his own life.



*{Fifth 9/11 anniversary}*



▶ Wednesday, September 11, 2006 marked the fifth anniversary of 9/11. The names of 24 Canadians who perished in the attacks were solemnly read aloud as mourners gathered and honoured them with moments of silence.

▶ Canadian travelers at airports faced heightened security after authorities foiled a terrorist plot to blow up aircraft headed to the U.S. from the United Kingdom, resulting in restrictions on liquids, aerosols and gels.

*Airline restrictions*



*All liquids prohibited beyond the security checkpoint*

*Tout liquide est interdit au-delà du point de contrôle de sécurité.*



*Travel advisory?*

▶ Hundreds of mourners pay their respects to 19-year-old Adam DePrisco of Woodbridge, Ontario who died in January while on vacation in Acapulco. A string of incidents involving Canadian tourists in Mexico has prompted calls for the Canadian government to issue a travel advisory but Foreign Affairs has to-date only issued a travel report.

**(PRODUCT) RED**

*(RED) brands in 2006*

- American Express
- Apple
- Converse
- Emporio Armani
- Gap
- Motorola



*Stéphane Dion elected*

▶ Stéphane Dion celebrates his victory as the new leader of the Liberal Party of Canada on December 2, 2006 in Montreal.



▶ Bobby Shriver and U2's Bono launch the stylish (PRODUCT) RED initiative to raise money for The Global Fund to Fight AIDS, Tuberculosis and Malaria in Africa.



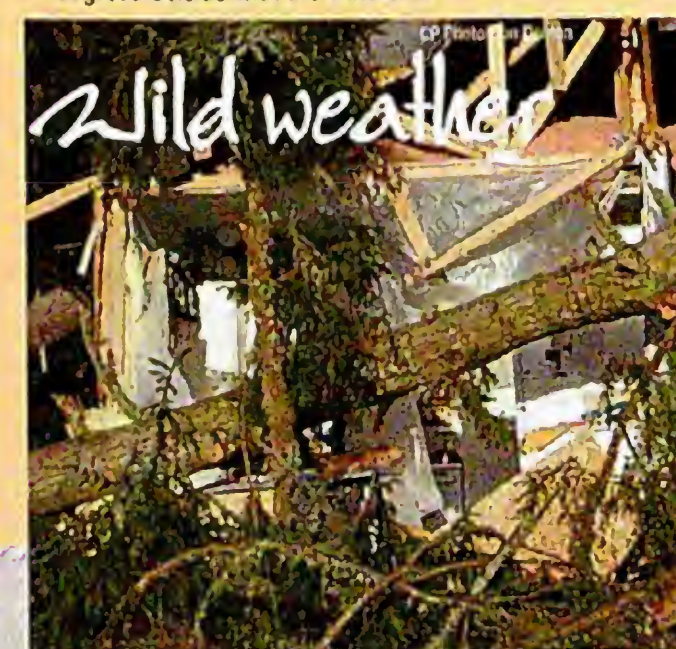
▶ The Canadian Food Inspection Agency advised consumers not to eat bagged spinach from the U.S. Although Canada did not report any fatalities, three deaths in the U.S. were attributed to deadly E. coli bacteria.

*Robert Pickton Trial*



▶ The first trial begins for B.C. pig farmer and accused serial killer Robert Pickton, charged with the murders of 26 women from Vancouver's Downtown Eastside.

▶ Strong winds gusting up to 115 km/hour felled trees, damaged homes and left over 250,000 people without power on the south coast of British Columbia in December. In Manitoba, temperatures in February dipped to -50 degrees Celsius with the wind chill.



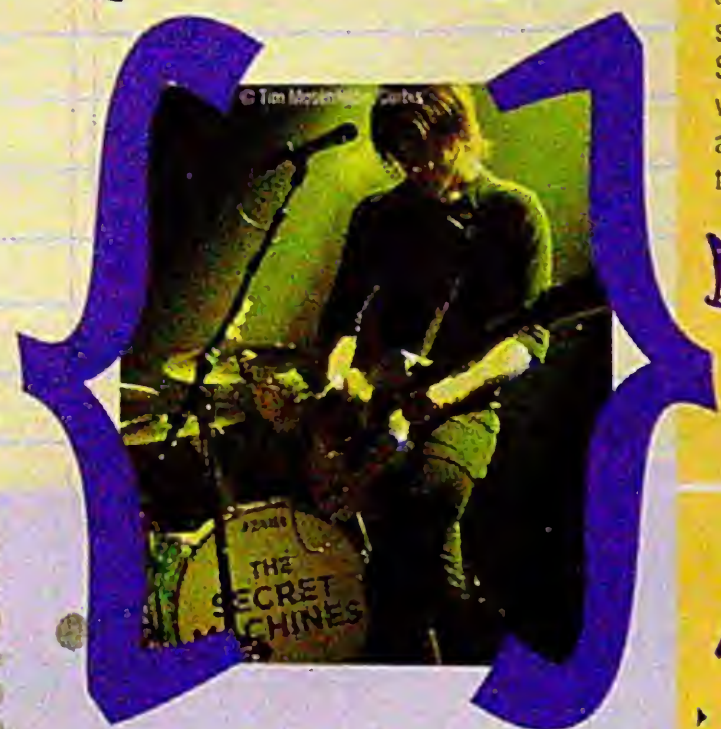
*Wild weather*



▶ Maher Arar receives an apology from Prime Minister Stephen Harper and a \$10.5 million settlement on January 26, 2007. Arar, a Canadian engineer born in Syria, was wrongfully deported back to Syria in 2002 where he was imprisoned and tortured.

*Maher Arar*

# {Global}



MySpace.com galvanizes celebrities and organizes more than 20 Rock for Darfur concerts to raise funds for what the U.N. calls "the world's greatest humanitarian crisis."

## List of bands:

- Switchfoot
- Citizen Cope
- Ziggy Marley
- Teddy Geiger
- Jnsane Clown Posse
- Jars of Clay
- Secret Machines
- Alice in Chains
- TW on the Radio (+44)
- Atreyu



## Nuclear weapons

Russia and Japan ban British poultry imports after an outbreak of the deadly strain is found on a farm in Suffolk, England. Workers wearing protective suits and masks crated 160,000 turkeys to be destroyed.

## Bird flu



## Academy for girls

Oprah Winfrey opens her \$40 million Leadership Academy for Girls in the deprived small town of Henley-on-Klip, south of Johannesburg, South Africa.



## Russian spy



Saddam Hussein is sentenced to death and executed by the Iraq Special Tribunal for the 1982 murder of 148 Shiite inhabitants of Dujail.

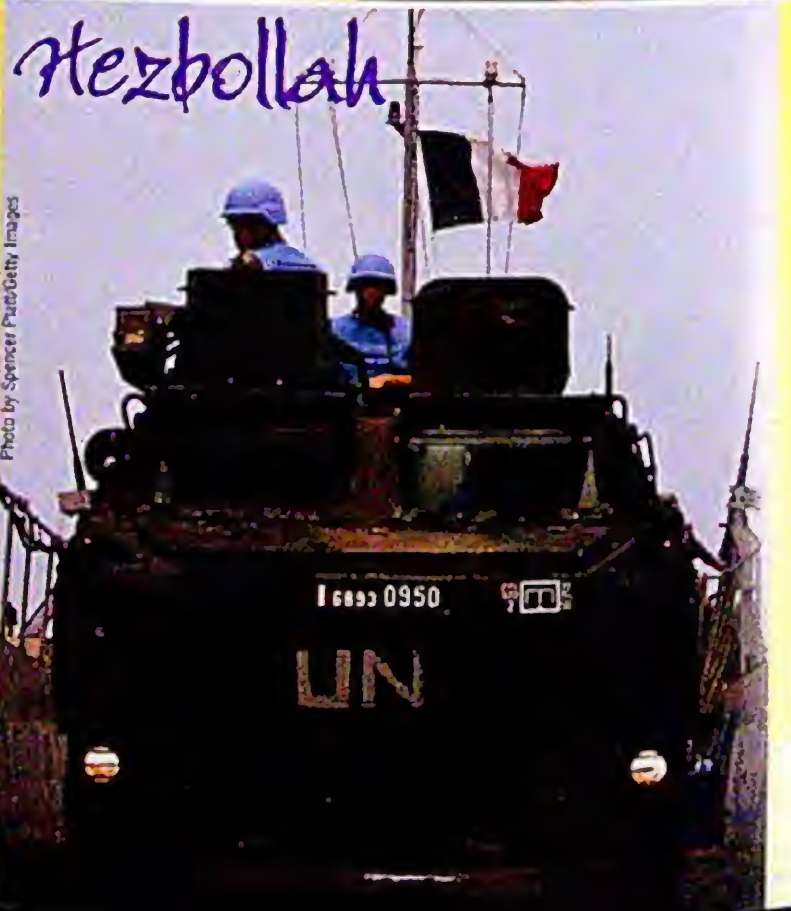
Former KGB agent Alexander Litvinenko, an outspoken critic of Russian President Vladimir Putin, dies in London after being poisoned by radioactive polonium-210.



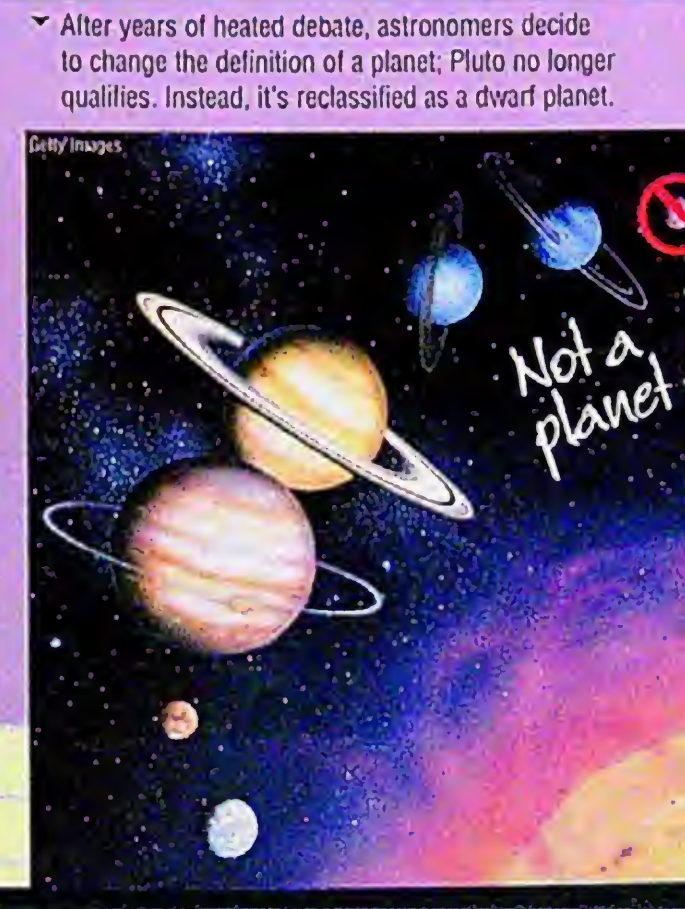
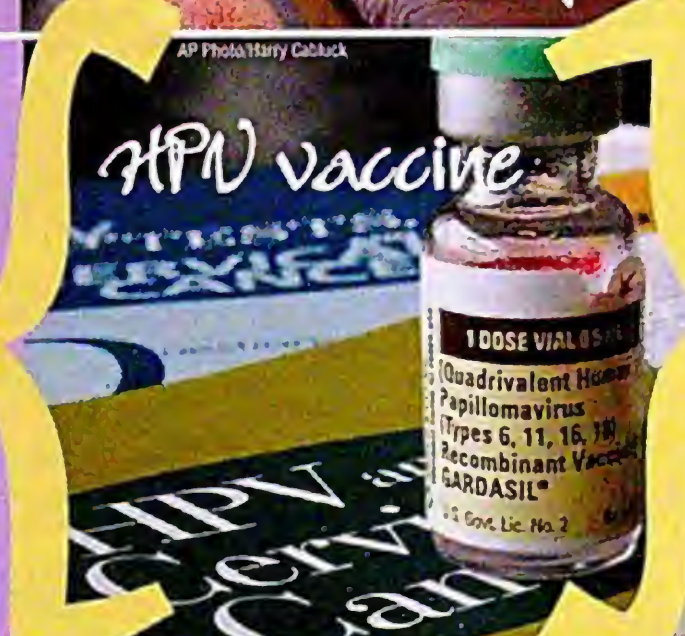
## Hezbollah

Hezbollah, the Lebanon-based Islamic militia, attacks Israeli military positions and border villages, beginning a conflict that claims more than 1,400 lives, mostly civilians. U.N. peacekeepers are called in to broker a cease-fire.

In October 2006, North Korean leader Kim Jong Il orders the country's first nuclear weapon test. During the Six-Party Talks in February 2007, North Korea agrees to a nuclear disarmament.



# {Sci-Tech}



University and college campuses - even in small towns like Hanna, Alberta - are embracing wireless technology. But at Lakehead University in Thunder Bay, ON, administrators decided against installing wireless Internet citing health and safety concerns. Lakehead is believed to be the only major educational institution in Canada to have taken such a strong step against the technology.

Health Canada approved a vaccine to prevent cervical cancer and other diseases caused by the human papilloma virus (HPV). This year in Canada, nearly 1,400 new cases of cervical cancer are expected and approximately 390 women will die from the disease.

The World Wide Web reaches a milestone when an Internet research survey reports that there are more than 100 million websites online.

## Zero gravity

A team of French doctors surgically removes a benign tumor on a patient in a specially adapted aircraft that mimics zero gravity conditions.



Conjoined twins, Krista and Tatiana Hogan were successfully delivered by a team of 16 doctors and nurses at Women's Hospital in Vancouver, B.C. on October 25th. In February, the twins' mother, Felicia and the girls made an appearance on the Tyra Banks show with two other American families with conjoined twins. No decision has been made yet on whether the twins will be separated.



A handheld, portable electronic zit zapper called Zeno is released to authorized medical practitioners and skin care specialists across Canada for the treatment of mild to moderate acne.



## Top 10 clothing websites:

1. ae.com
2. abercrombie.com
3. oldnavy.com
4. pacsun.com
5. urbanoutfitters.com
6. llbean.com
7. fashionmall.com
8. dellias.com
9. gofane.com
10. torrid.com

Source: www.lovetoknow.com

# {Lifestyle}



The rise in obesity among young people is linked to an increase in adolescent cases of type 2 "adult onset" diabetes and associated health problems.

## Diabetes on the rise



Bill C-288 was presented and passed in February and requires the minority Conservative government to respect Canada's Kyoto commitments. Canadian environmentalist, author and broadcaster David Suzuki stated there was no need for opposition politicians to force the issue, as Canada was bound, as an international signatory, to abide by Kyoto.

Edmonton-based CV Technologies received a boost when the FDA approved the sale of Cold-fx in the United States.



**YouTube**™ Broadcast Yourself

Home

YouTube, the Web video powerhouse that made "macaca" a household word, is the media story of the year and a wildly popular form of home entertainment.

## {Hearing loss}

A marked increase in hearing loss among young people is attributed to the use of ear buds in popular MP3 players like the iPod.



## {Trans fats}

Hoteliers join a growing number of fast food chains that are eliminating trans fats from the cooking oils they use. The Calgary Health Region has begun the process of developing a plan similar to that of the recent New York City Board of Health vote on banning trans fats in New York restaurants.



## Volunteers!

Canadians aged 15-24 are seeking out volunteer opportunities in record numbers. For many young people, volunteering not only allows them to build their skills as an important link to the job market, but offers the opportunity to make a difference in shaping a better world.



# {Entertainment}

Sony releases its seventh generation PlayStation, known as "PS3". The basic console has a 20 GB hard drive; the premium version comes with 60 GB.



## New game systems

My favourite video games:

Nintendo releases Wii, its newest video game console, which features a wireless remote that can detect motion and rotation in three dimensions.



## Nintendo Wii

Madden NFL 07 and a barrage of end-of-the-year action games capture the attention of gamers, capitalizing on a major emphasis on online gaming.



## {Popular games}

## TV now!

The differences between your television and your computer continue to blur now that network TV programs are available online from services like abc.com.

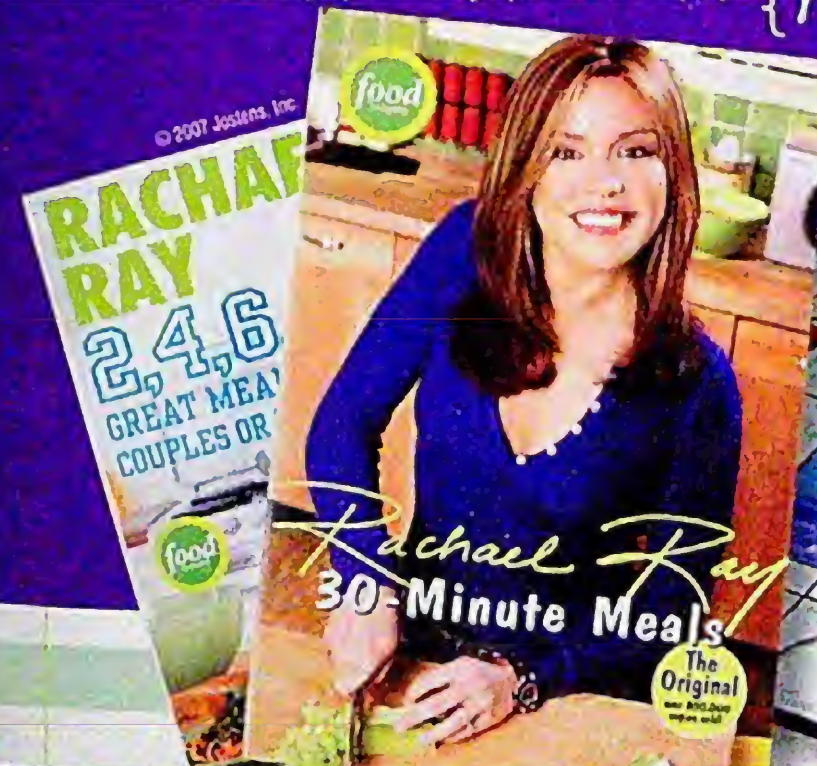


Launch Now

We've made the most recently-aired episodes of the shows listed above available for you online.

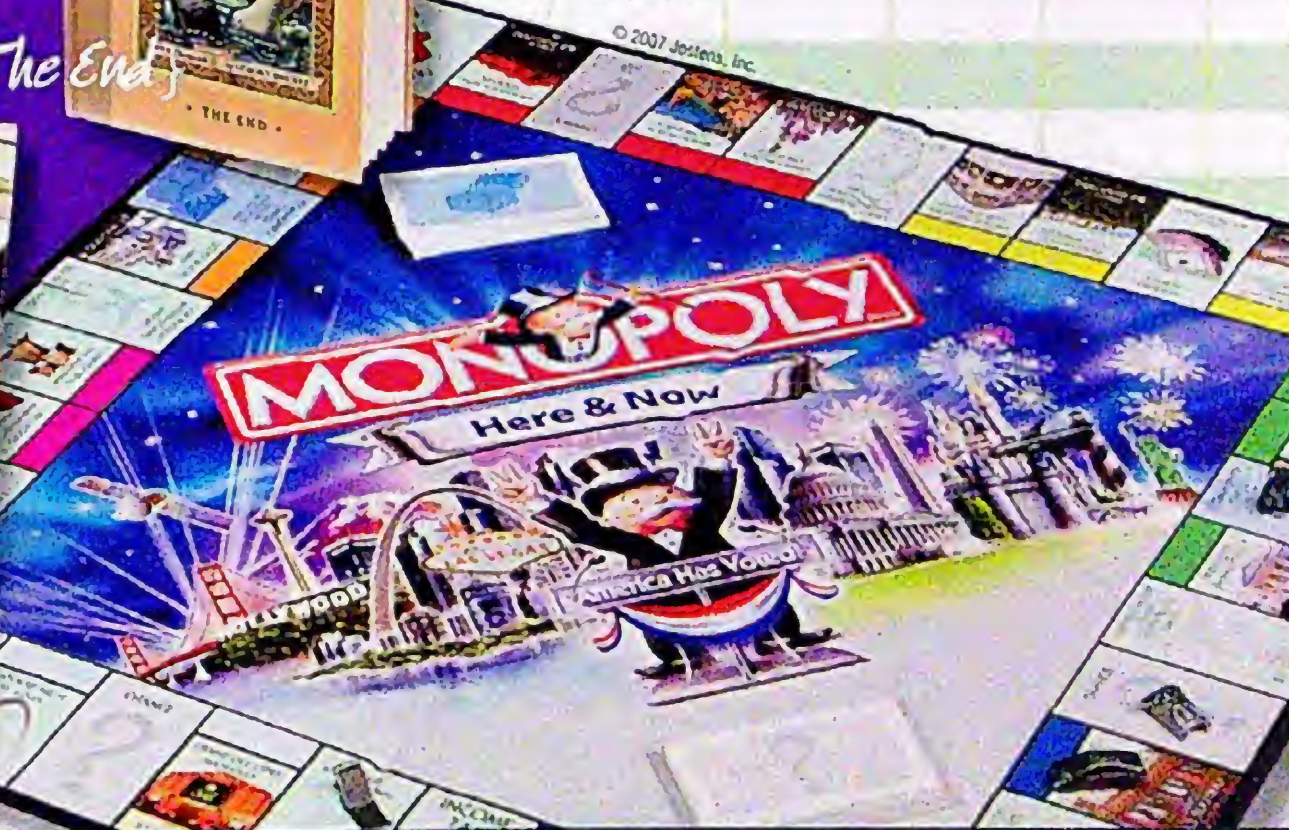
Perky Food Network star and best-selling cookbook author Rachael Ray gets her own syndicated talk show, produced by Oprah Winfrey's production company.

## {The End}



The unfortunate adventures of the Baudelaire orphans come to an end with the publication of *The End* by Lemony Snicket.

The classic board game, Monopoly, gets a 21st century makeover. The "Here & Now" edition features updated tokens, current market prices and 22 new properties.



# {Trends}



Mid-calf and ankle-length leggings, last seen in the trendy 1980s, return to the spotlight. Fashion-conscious girls wear them under minis, dresses and tunics.

Pointy toes and high heels are out. The feminine, flirty ballerina flat goes with everything from short skirts to long leggings and super-skinny jeans.



Favourite brands:

## {Diesel}



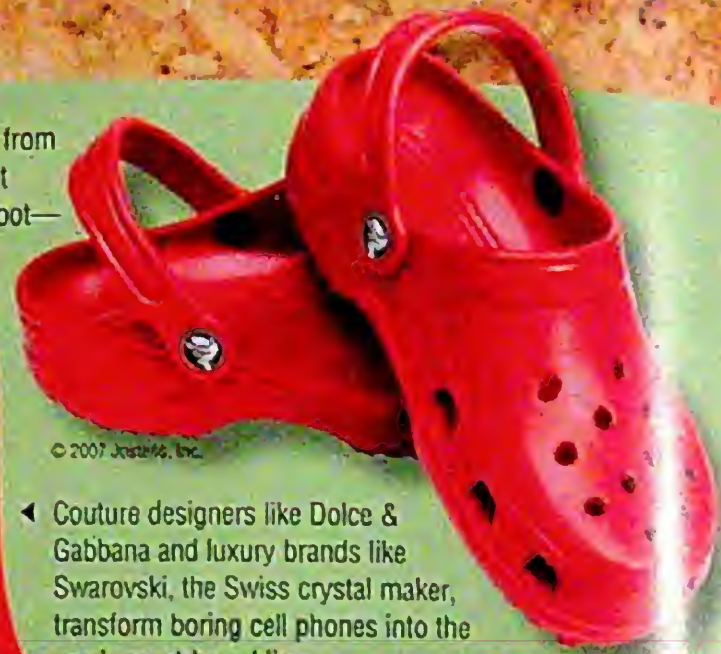
Nearly 31 percent of teens, or 7.6 million, are consuming energy drinks that contain up to four times the amount of caffeine than is in a can of Coke.

The year's to-die-for, must-have-at-any-price jeans are dark, slim, distressed denims from Diesel, the Italian label that inspires a cult-like devotion among its customers.



## Energy drinks

Colourful comfortable Crocs—made from a buoyant, lightweight, odor-resistant material that molds to the wearer's foot—are the shoe of the year.



© 2007 Jostens, Inc.

Couture designers like Dolce & Gabbana and luxury brands like Swarovski, the Swiss crystal maker, transform boring cell phones into the year's must-have bling.



## Bling bling

Rapper fashion comes to the suburbs as snap-on grills add a flash of diamonds and gold or platinum to your pearly whites.



REUTERS/Brian Snyder/Landov

Tiny plaid mini skirts look private-school cool. Meanwhile, Marc Jacobs is sending plaid tops down the runway and fashion icons sport Burberry plaids.

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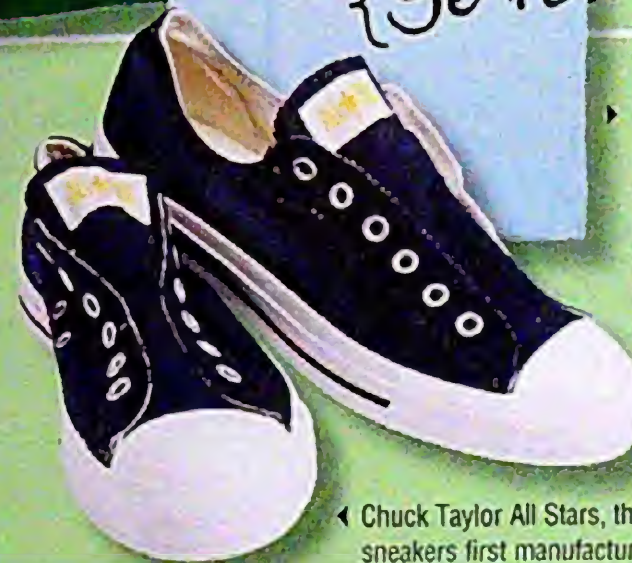


## {Go retro}

## SKINNY JEANS

Teens are raiding their parents' closets, as well as retailers like Urban Outfitters and American Eagle, for vintage rock and pop culture T's.

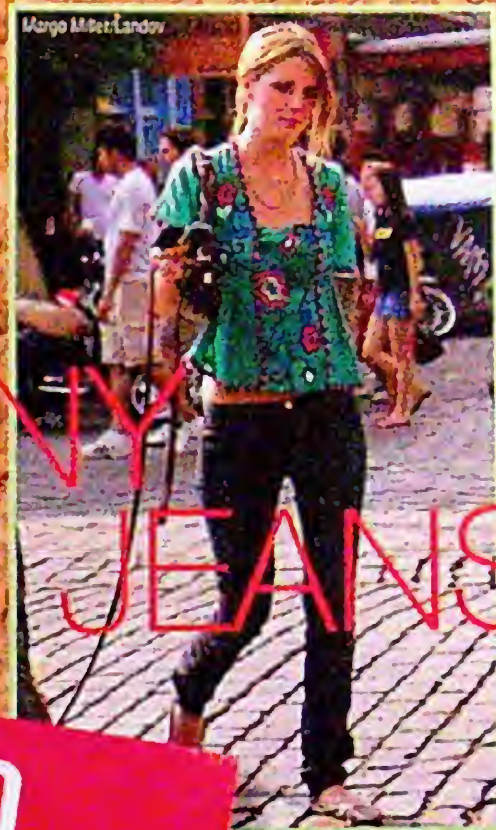
Red is the colour of the heart; 50 percent of Gap's PRODUCT (RED) profits go to the Global Fund to help fight AIDS in Africa.



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Chuck Taylor All Stars, the basketball sneakers first manufactured by Converse in 1917, are more popular than ever among male and female fashion mavens.

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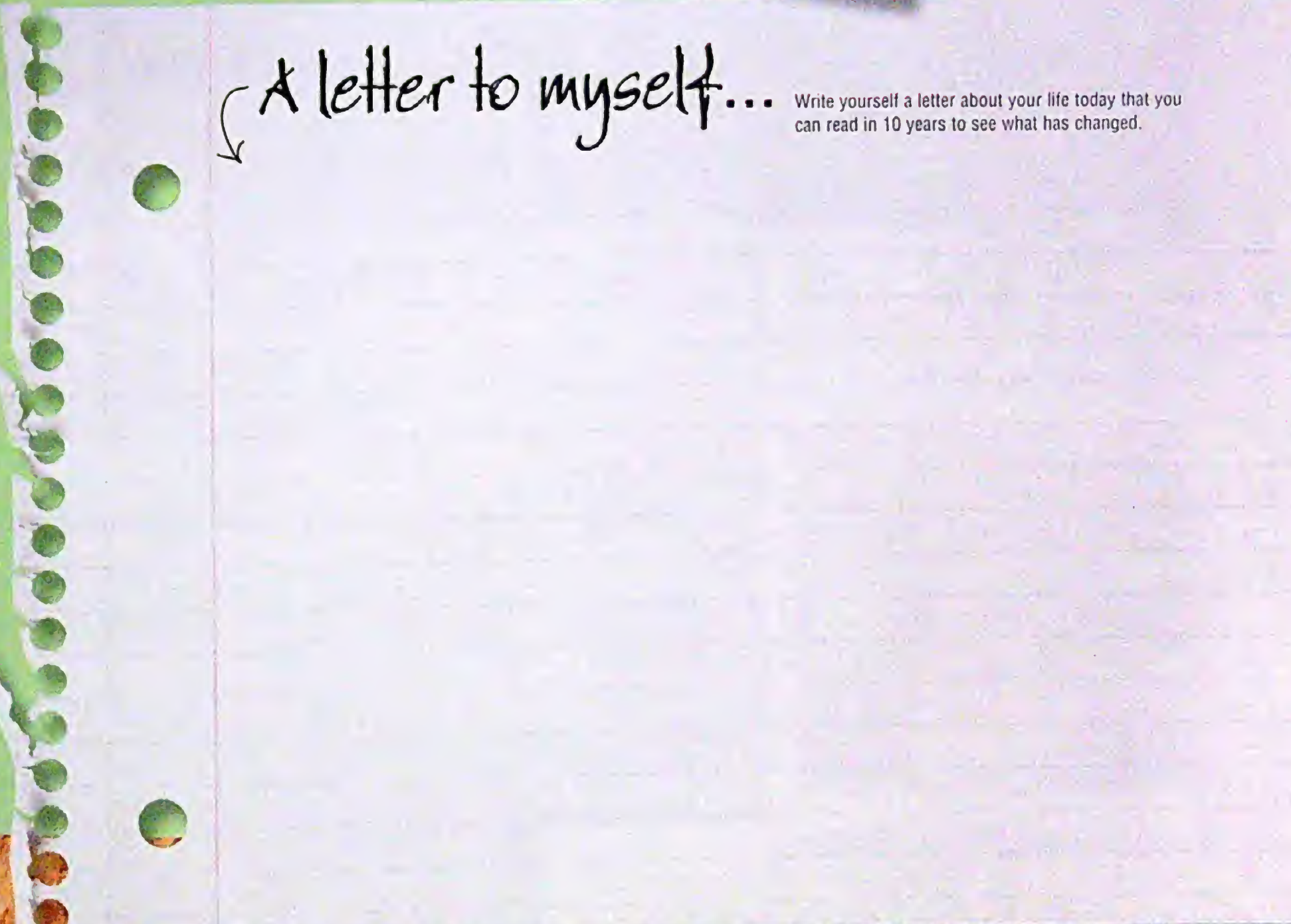


Margo Miller/Landov

After several seasons of low-slung boot-cuts and bell-bottoms, designers on both sides of the Atlantic declare that super-skinny jeans are back in style.

## A letter to myself...

Write yourself a letter about your life today that you can read in 10 years to see what has changed.



# {Movies}

Best Picture Oscar Nominations:

★	Babel
	Little Miss Sunshine
	The Queen
	Letters from Iwo Jima
	The Departed

saw it  
loved it  
liked it  
boring

▶ A family of squabbling misfits drives a wheezing VW van to a beauty pageant meltdown in the hit movie comedy, *Little Miss Sunshine*.



## Little Miss Sunshine

▶ Will Smith stars with his son Jaden in *The Pursuit of Happiness*, based on a true story about a struggling single dad.



## The Pursuit of Happiness

▶ There's a new Bond in town and the critics swoon along with the fans. Blonde, brooding Daniel Craig debuts as James Bond in *Casino Royale*.



▶ Many movie lovers opt for DVD convenience, instead of lines at the local theaters, for hits like *Mission Impossible III*, *Superman Returns*, and *The Devil Wears Prada*.

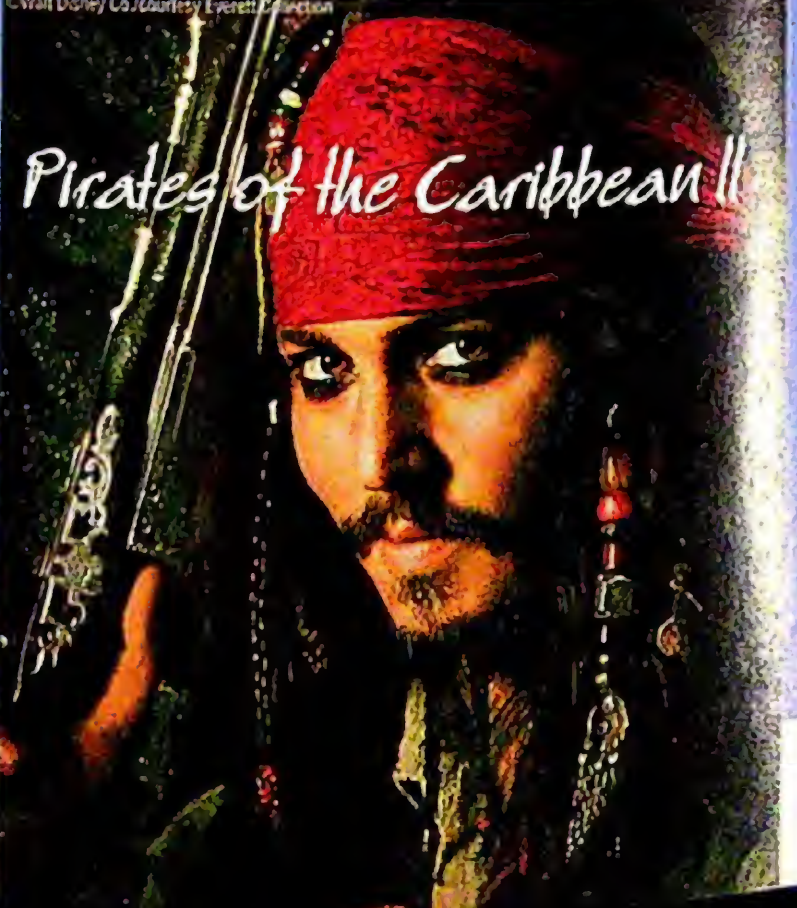


This year's {hit} Movies on DVD!



▶ SNL alumnus Will Ferrell stars as a goofy, "win-at-all-costs" NASCAR racing star in *Talladega Nights: the Ballad of Ricky Bobby*.

▶ Johnny Depp's Captain Jack Sparrow returns to the helm of the Flying Dutchman in the swashbuckling, supernatural sequel, *Pirates of the Caribbean: Dead Man's Chest*.



## Pirates of the Caribbean II

## {Dreamgirls}

▶ Newcomer and former *American Idol* contestant Jennifer Hudson wins the Golden Globe for Best Actress in a Comedy or Musical for her performance in *Dreamgirls*.



▶ An all-Canadian cast and home-grown contestants fronted by Toronto-born funnyman Howie Mandel make their debut Thursday nights on Global.

## Deal or No Deal Canada



▶ The American version of *Ugly Betty*, an ABC show based on the Colombian hit *Yo Soy Betty La Fea*, follows the daily struggles of a fashion-challenged employee of a fashion magazine.

▶ Fox's suspenseful television drama *24* is named Outstanding Drama Series at the 58th annual Emmy Awards after five nominations in the category.



## The Office

▶ NBC's *The Office*, starring Steve Carell, wins an Outstanding Comedy Series Emmy and becomes as successful as the original British sitcom.



## Grey's Anatomy

▶ Once *Grey's Anatomy* was just a reference book for medical students. Now it's the name of ABC's Emmy Award-winning drama featuring the dreamiest doctors on television.



▶ "Save the cheerleader, save the world."

▶ The NBC drama *Heroes* tells the story of ordinary people with extraordinary, superhuman capabilities. The hit show features an ensemble cast of 12 main characters.

## Heroes

# {Television}

My favourite shows:

1. 2. 3. 4. 5.

## Academy Award Winners

- Best Motion Picture: *The Departed*
- Best Actor: Forest Whitaker, *The Last King of Scotland*
- Best Actress: Helen Mirren, *The Queen*
- Best Director: Martin Scorsese, *The Departed*
- Best Documentary: *An Inconvenient Truth*

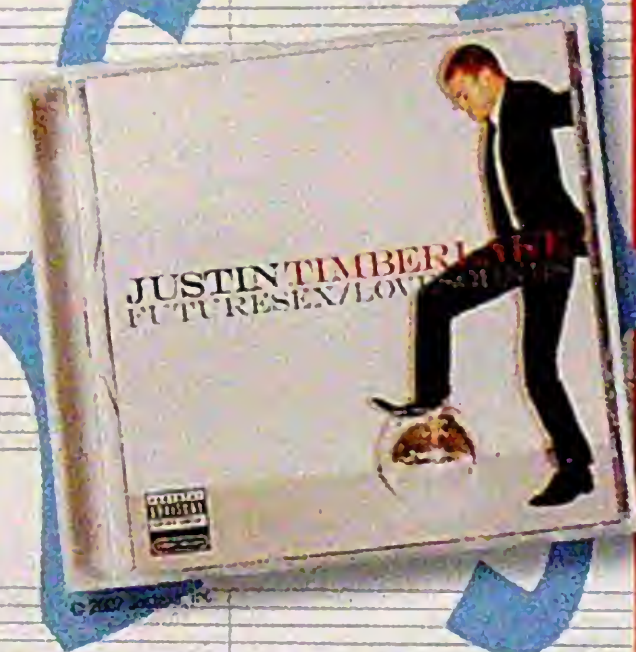


▶ Canadian Idol winner Eva Avila celebrates her win after the results were announced in Toronto on September 17, 2006.

## Canadian Idol



# {Music}



▲ Panic! at the Disco, an alternative rock band from Las Vegas, achieves mainstream success, despite a heated, public war of words with their ex-bass player.

# {Shakira}



▲ Shakira launches her biggest tour ever and is honored by the United Nations for her charity that protects children from violence in her native Colombia.

▲ Fergie of The Black Eyed Peas releases her first solo album *The Dutchess*. Her second single, *Fergalicious*, hits No. 1 on *Billboard's* Pop 100 chart.

# {Ferbacious}



# "Crazy"

▲ Lil' Jon and the Soulja Boy duo release their hit album *Crack a Smile*. The hit single "Liplock" hits No. 1 on *Billboard's* Pop 100 chart.

▲ Justin Timberlake continues to dominate with his second solo album, *FutureSex/LoveSounds*, which hits No. 1 on *Billboard's* Pop 100 chart.



# Evanescence

▲ Evanescence's album *The Open Door* hits No. 1 on *Billboard's* Pop 100 chart.

2006 Teen Choice Award winners

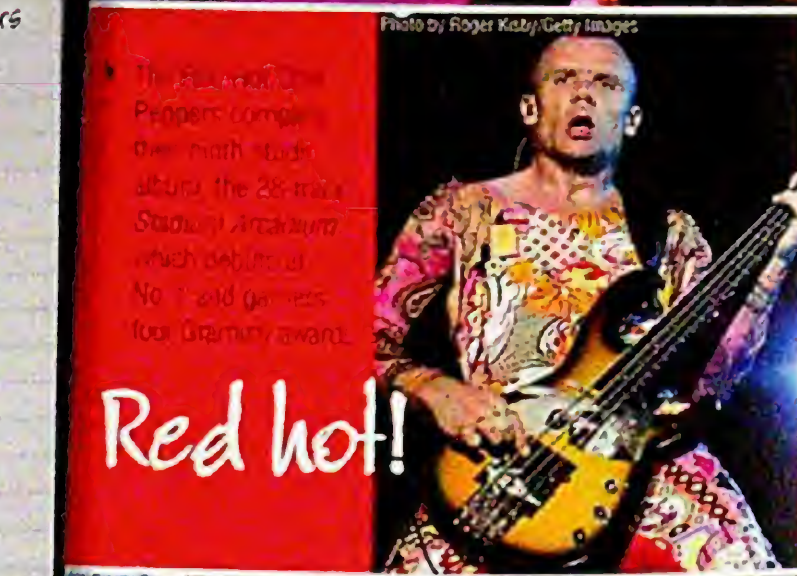
Single: Fall Out Boy, "Dance, Dance"

R&B Artist: Rihanna

R&B/hip-hop track: Nelly Furtado featuring Timbaland, "Promiscuous"

Hot Female: Jessica Alba

Hot Male: Orlando Bloom



# Red hot!

▲ The Red Hot Chili Peppers' new album, *Stadium Arcadium*, which debuted at No. 1, wins four Grammy awards.



# The Fray

▲ 2006 was a big year for The Fray. They released a new album, *How to Save a Life*, and won the Best Rock Album award at the 2006 Grammy Awards in Las Vegas.



▲ Nelly Furtado takes the top spot of the year award for "Promiscuous" at the 2006 Billboard Music Awards in Las Vegas. Furtado signed on 12 of the 2007 "Jive" awards and will also make an appearance in the television show *Just My Luck* in February.

▲ Canadian rockers Avril Lavigne and Sum 41 perform in the movie *Daredevil* in Los Angeles, California, on July 10th after dating approximately a year.



▲ Christina Aguilera releases *Back to Basics*, a critically acclaimed album of blues, soul and jazz music from the 1920s, '30s and '40s.



# Avril & Deryck marry

# Rascal Flatts



▲ When country superstar Rascal Flatts releases *Me and My Gang*, their fourth album, it becomes the top-selling album of any genre for the year.



▲ OK Go releases their oddball music videos on YouTube, performs a dance on treadmills live at the 2006 MTV Video Music Awards, and tours with Panic! at the Disco.



# {Sports}



▶ B.C. Lions players hold a broken Grey Cup after beating the Montreal Alouettes 25-14 on November 19th in Winnipeg.

▶ In the victory lane of Homestead-Miami Speedway, NASCAR driver Jimmie Johnson celebrates his 2006 Nextel Cup title and a \$6.2 million paycheck.



## NASCAR

▶ MVP Peyton Manning leads the Indianapolis Colts through a steady rain and past the Chicago Bears for a 29-17 victory in Super Bowl XLI.



## Super Bowl champs



▶ Roger Federer retains his No. 1 ranking for the third year in a row. Tennis star Maria Sharapova is the world's highest-paid female athlete. Both take home a U.S. Open Championship trophy in 2006.



## "Goodbye"

▶ When Andre Agassi retires from professional tennis at age 37, he receives a heartfelt, eight-minute standing ovation from the crowd at the 2006 U.S. Open.

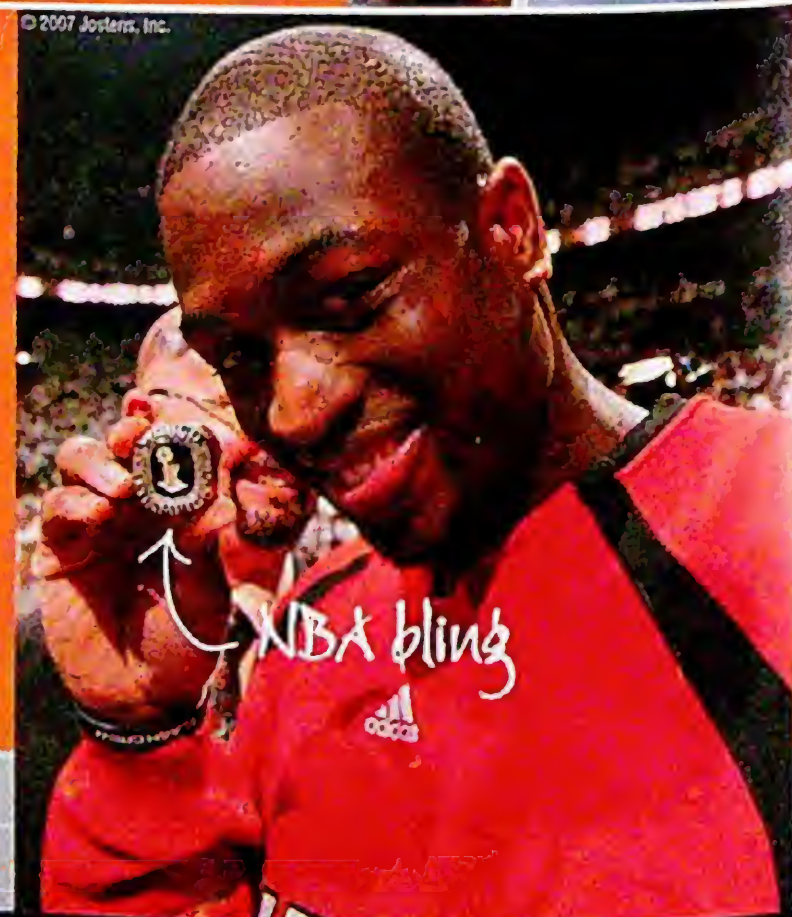


## {World Junior Hockey Gold}



▶ Team Canada players celebrate their third straight gold medal by beating Russia 4-2 at the World Junior Hockey Championships in Leksand, Sweden on January 5, 2007.

▶ The Miami Heat defeat the Dallas Mavericks in six games to win the NBA Finals. Dwyane Wade, the Miami Heat guard, is named MVP. Jostens proudly produced the featured 'bling'.



## NBA bling



▶ Shaun White makes his second unsuccessful attempt at the 1080 at the 2006 Summer X Games. He is the only skateboarder to attempt the move in competition.

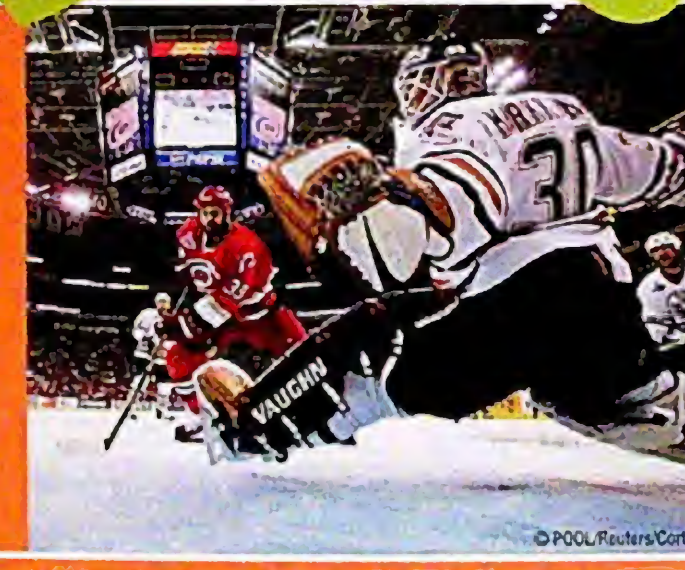
## X Games



## 2006 World Series

▶ The National League champion St. Louis Cardinals win the 2006 World Series by defeating the American League champion Detroit Tigers in five games.

▶ Laval Rouge et Or players hoist the Vanier Cup after defeating the University of Saskatchewan Huskies 13-8 on November 25, 2006.



## Stanley Cup

▶ In 2006, the Carolina Hurricanes defeat the Edmonton Oilers four games to three to win their first Stanley Cup in the first post-lockout championship.



▶ Team Canada captain and Olympic gold medalist Cassie Campbell announces her retirement at Hockey Canada headquarters in Calgary. On October 14, 2006, Campbell became the first woman to do colour commentary on Hockey Night in Canada.



▶ International soccer superstar David Beckham signs a \$250 million contract to leave Real Madrid to play Major League Soccer in the U.S. for the Los Angeles Galaxy.

## Soccer

▶ In the 2006 World Cup Finals, the most widely viewed sporting event in the world, Italy beats France for the title.

My Favourite Teams:

My Favourite Athletes:

# {Faces}

My favourite celebrities:

▶ Katie Couric is the anchor of the *CBS Evening News*, becoming the nation's first female solo anchor of a major television network's weekday evening newscast.

## First female anchor



▶ Shortly after the birth of their second son makes headlines around the world, Britney Spears and Kevin Federline announce the end of their marriage.



▶ Fans mourn Steve Irwin, the Crocodile Hunter, who is killed by a stingray while snorkeling at Australia's Great Barrier Reef.



## Crocodile hunter

▶ Due to the popularity of user-generated websites like MySpace and YouTube, *TIME* magazine's annual person of the year is "You."



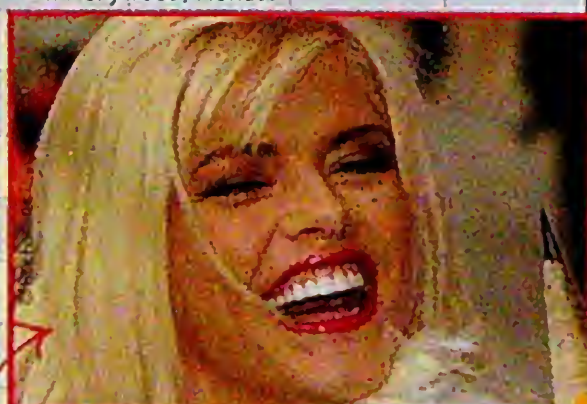
▶ Jessica Simpson's divorce from Nick Lachey is finalized. Romantic rumors link her to skateboarder Bam Margera, NFL quarterback Tony Romo, singer John Mayer and comedian Dane Cook.

▶ Brad Pitt and Angelina Jolie, also known as "Bradgelina," make headlines when Angelina gives birth to daughter Shiloh in the African nation of Namibia.

## {Bradgelina}



▶ Former model and reality television star Anna Nicole Smith dies on February 8, 2007 at age 39 in Hollywood, Florida.



## Anna Nicole Smith



▶ Dynamic music legend James Brown, aka the Godfather of Soul, dies at the age of 73. He is remembered as one of the major musical influences of the past 50 years.

## James Brown

